1st ESRA PoCUS Workshop

20–21 November 2026
Amsterdam, Netherlands



PROGRAMME

Friday, 20 November 2026

08:40-08:50 Welcome - *Rosie Hogg & Peter Van de Putte*
08:50-10:15 Lectures

8:50 – 9:05 **Gastric** *Peter Van de Putte*
9:05 – 9:15 **Deept vein hromosis (DVT)** *Rebecca Heinen*
9:15 – 9:25 **Focused assessement with sonography in trauma (FAST)** *Imré Van Herreweghe*
9:25 – 10:15 **The five basic FoCUS views and the fundamental PoCUS questions they answer. Common pittfalls and ultrasound patterens** *Valentina Rancati*

10:15-10:45 *Coffee Break*
10:45-13:15 – Workshops

	Group A - Cardiac Part 1	**Group B - Gastric/FAST**
10:45 - 11:15	Parasternal views *Amon Heijne*	Gastric (Patient 1-Empty) *Lars Knudsen*
11:15 - 11:45	Apical view *Elena Segura*	Gastric (Patient 2 – Clear Fluid) *Peter Van de Putte*
11:45 - 12:15	Subcostal *Stefaan Bouchez*	Gastric (Patient 3 - Solids) *Ryan Howle*
12:15 - 12:45	LV assessment *Valentina Rancati*	FAST *Imré Van Herreweghe*
12:45 - 13:15	RV Assessment *Rüdiger Eichholz*	DVT *Rebecca Heinen*

13:15-14:00 *Lunch Break*

14:00-14:15 Lecture

14:00 – 14:15 **Minute Zero** *Elena Segura*

14:20-17:10 Workshops

	Group A Gastric/FAST	**Group B - Cardiac Part 1**
14:00 - 14:50	Gastric (Patient 1-Empty) *Lars Knudsen*	Parasternal views *Amon Heijne*
14:50 - 15:20	Gastric (Patient 2 – Clear Fluid) *Peter Van de Putte*	Apical view *Elena Segura*

1st ESRA PoCUS Workshop

20–21 November 2026
Amsterdam, Netherlands



PROGRAMME

15:20-15:40 *Coffee Break*
15:40-17:10 Workshops

	Group A Gastric/FAST	**Group B - Cardiac Part 1**
15:40 - 16:10	Gastric (Patient 3 - Solids) *Ryan Howle*	Subcostal *Stefaan Bouchez*
16:10 - 16:40	FAST *Imré Van Herreweghe*	LV assessment *Valentina Rancati*
16:40 - 17:10	DVT *Rebecca Heinen*	RV Assessment *Rüdiger Eichholz*

17:10-17:30 Faculty Panel
17:10 – 17:30 **Clinical Cases** *All Faculty*

Saturday, 21 November 2026

09:00-09:45 Lectures
9:00 – 9:45 **FoCUS for emergency surgery, shock and CPR** *Stefaan Bouchez*
9:45 – 10:00 **Lung ultrasound** *Rosie Hogg*
10:00 – 10:20 **Airway ultrasound** *Loes Bruijstens*
10:20-10:45 - *Coffee Break*
10:45-13:15 - Workshops

	Group A - Cardiac Part 2	**Group B - Lung/Airway/Diaphragm**
10:45 - 11:15	Pathology review - clip libary on laptop *Valentina Rancati*	Lung *Kariem El-Boghdadly*
11:15 - 11:45	Pathology review - clip libary on laptop *Amon Heijne*	Lung *Elena Segura*
11:45 - 12:15	10 sec FEEL protocol *Rüdiger Eichholz*	Airway *Loes Bruijstens*
12:15 -12:45	FoCUS for preoperative assessment *Stefaan Bouchez*	Airway *Rosie Hogg*
12:45 - 13:15	Fluid balance assessment *Rebecca Heinen*	Diaphragm *Imré Van Herreweghe*

1st ESRA PoCUS Workshop

20–21 November 2026
Amsterdam, Netherlands



PROGRAMME

13:15-14:00 *Lunch Break*
14:00-17:00 Workshops

	Group A - Lung/Airway/Diaphragm	**Group B - Cardiac Part 2**
14:00 - 14:30	Lung *Kariem El-Boghdadly*	Pathology review - clip libary on laptop *Valentina Rancati*
14:30 - 15:00	Lung *Elena Segura*	Pathology review- clip libary on laptop *Amon Heijne*
15:00 - 15:30	Airway *Loes Bruijstens*	10 sec FEEL protocol *Rüdiger Eichholz*

15:30-16:00 *Coffee Break*
16:00-17:00 Workshops

	Group A - Lung/Airway/Diaphragm	**Group B - Cardiac Part 2**
16:00 - 16:30	Airway *Rosie Hogg*	FoCUS for preoperative assessment *Stefaan Bouchez*
16:30 - 17:00	Diaphragm *Imré Van Herreweghe*	Fluid balance assessment *Rebecca Heinen*

17:00-17:30 Faculty Panel
17:00 – 17:30 **Ask the expert panel** *All Faculty*

17:30-17:45 Closing Remarks *Rosie Hogg & Peter Van de Putte*