



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care



RAUK

Joining Hands for  
a Pain Free Future Worldwide

# 3<sup>rd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Equity, Access, Relief

Saturday, 31 January 2026



Registration: [www.bookcpd.com/course/3rdworldday-newcastle](http://www.bookcpd.com/course/3rdworldday-newcastle)

TRAINEES: GREAT OPPORTUNITY TO SIGN OFF  
SOME OF RA MODULES WITH SIMULATION &  
50% Reduction on 2026 ESRA Membership Fee



# WORLD DAY

ESRA Member: £25  
RA-UK Member:  
£50  
Delegate: £75

Education Centre, RVI, Newcastle upon Tyne NE1 4LP

Your Local Face-to-Face Meeting



**WDRAPM**  
WORLD DAY OF REGIONAL  
ANAESTHESIA AND PAIN MEDICINE



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland  
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Info :  
[esraeurope.org](http://esraeurope.org)

# WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

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## SCIENTIFIC PROGRAM

Saturday, 31 January 2026

09:15- 09:30

### WELCOME MESSAGES & ADDRESSINGS

City Representative/ City Liaison Person *Dr Kiran Koneti (Live)*  
Country Representative *Dr Nat Haslam (Live)*  
Nuala Lucas – Chair of Event (*via live streaming / recording stand by*)  
Eleni Moka – ESRA President (*via live streaming / recording stand by*)  
Sister Societies Presidents - recording ::: Ezzat Aziz, AFSRA President • Suwimon Tangwiwat, AOSRA President Elect • Steven Cohen, ASRA President • Ana Schwartzmann, LASRA President

09:30 - 11:00

### SESSION 1 – THE EVIDENCE CLUB

Chairperson *Dr Nat Haslam (Live)*

09:30 – 09:40

*My Top Regional Anaesthesia Papers of 2024-2025 Speaker: Steve Coppens (8 min) – ESRA Video*

09:40 - 09:55

*POCUS Papers you may have missed in 2025 Speaker: Rosie Hogg (15 min) – ESRA Video*

09:55 - 10:10

*Needles in a Haystack: Recent Papers Shaping our Understanding of Phantom Limb Pain Speaker: Pablo Rojas Zamora (13 min) – ESRA Video*

10:10 – 10:30

*Q&A – Discussion (LIVE)*

10:30 - 10:50

### COFFEE BREAK

10:50 - 13:00

### SESSION 2 – THE POWER OF THREE: INNOVATION - EQUITY – RESCUE

Chairperson *Dr Jonathan Womack (LIVE)*

11:00 – 11:30

**The Innovation Club:**

What's new in RA- New Technology in RA

*Prof Greame McLeod, Dundee University, Dundee (30 min) (LIVE)*

11:30 – 11:50

**The Use of AI in Regional Anesthesia: Exposure, Experience, Pros & Pons, Different Systems available**  
Speakers: Amit Pawa, Jeff Gadsden (20 min) – ESRA Video

11:50 – 12:15

**Scan Station: UL – Interscalene / Axillary Blocks – Nat Haslam / David Hay (LIVE)**

12:15 - 12:25

**The Equity Club: Access to RA & analgesia in LMICs, WHO essential medicines, and strategies for training without ultrasound - Dr K Koneti (10 min) (LIVE)**

12:25 - 12:35

**PREP/STOP/BLOCK - Dr Nat Haslam 10 min (LIVE)**

12:35 – 12:45

**The Rescue Club : When RA fails: Rescue Blocks and Strategies for failed Regional Techniques Speaker: Romualdo Del Buono (10 min) – ESRA Video**



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**ASRA**  
PAIN MEDICINE



**AFSRA**  
AFRICAN Society of  
Regional Anaesthesia



Info and Registrations  
[esraeurope.org](http://esraeurope.org)

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<b>12:45 – 13:30</b>	<b>LUNCH BREAK</b>
<b>13:30 – 15:00</b>	<b>SESSION 3 – BEYOND THE BLOCK: REGIONAL ANAESTHESIA ACROSS THE PATIENT JOURNEY</b>
	Chairperson <i>Dr Kiran Koneti</i> (LIVE)
13:30 – 13:50	Beyond the OR: RA in trauma, emergency, humanitarian settings – <i>Jono Womack</i> (LIVE)
13:50 – 14:10	Transitional pain services: preventing chronic post-surgical pain - <i>Fiona Makin</i> (LIVE)
14:10 – 14:30	What's new in obstetrics - Updates in Obstetrics Anaesthesia Speaker: Nuala Lucas (20min)
14:30 – 14:50	Keeping Kids Comfortable – RA in Paediatrics - <i>Sui Ying</i> (our recording / to stream)
14:50 – 15:00	Q&A – Discussion (LIVE)
<b>15:00 – 15:20</b>	<b>COFFEE BREAK</b>
<b>15:30 – 16:00</b>	<b>SESSION 4 – ? QUIZ &amp; COMPETITION / Live Scan – LL (Femoral/ Adductor Canal/ Sciatic – Kiran Koneti / Ash Gupta)</b>
	Coordinator Will be Disseminated Via SLIDO BEST 3 will win a free registration to LISBON 2026 Congress
<b>15:40 – 16:40</b>	<b>SESSION 5 -</b>
15:40 – 15:50	Gastric POCUS Speaker: Peter Van De Putte (7 min) – ESRA Video
15:50 – 16:15	Sex and Gender differences in Pain and Pain Management Speaker: Athmaja Thottungal (25min) ESRA Video
16:15 – 16:45	Live Scanning – ESP/Rectus Sheath – <i>Jono Womack/ Ben Goodman</i> (LIVE)
<b>16:45 – 17:00</b>	<b>END OF E-DAY: QUESTIONS – COMMENTS – DISCUSSION</b>



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