



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



RAUK

Joining Hands for
a Pain Free Future Worldwide

3rd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Equity, Access, Relief

Saturday, 31 January 2026



Registration: www.bookcpd.com/course/3rdworldday-newcastle

**TRAINEES: GREAT OPPORTUNITY TO SIGN OFF
SOME OF RA MODULES WITH SIMULATION &
50% Reduction on 2026 ESRA Membership Fee**



ESRA Member: £25
RA-UK Member:
£50
Delegate: £75

Education Centre, RVI, Newcastle upon Tyne NE1 4LP

Your Local Face-to-Face Meeting



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



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Info :
esraeurope.org

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd Edition

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SCIENTIFIC PROGRAM

Saturday, 31 January 2026

09:15- 09:30	WELCOME MESSAGES & ADDRESSINGS
	City Representative/ City Liaison Person <i>Dr Kiran Koneti (Live)</i> Country Representative <i>Dr Nat Haslam (Live)</i> Nuala Lucas – Chair of Event (<i>via live streaming / recording stand by</i>) Eleni Moka – ESRA President (<i>via live streaming / recording stand by</i>) Sister Societies Presidents - <i>recording :: Ezzat Aziz, AFSRA President • Suwimon Tangwiwat, AOSRA President Elect • Steven Cohen, ASRA President • Ana Schwartzmann, LASRA President</i>
09:30 - 11:00	SESSION 1 – THE EVIDENCE CLUB
	Chairperson <i>Dr Nat Haslam (Live)</i>
09:30 – 09:40	<i>My Top Regional Anaesthesia Papers of 2024-2025 Speaker: Steve Coppens (8 min) – ESRA Video</i>
09:40 - 09:55	<i>POCUS Papers you may have missed in 2025 Speaker: Rosie Hogg (15 min) – ESRA Video</i>
09:55 - 10:10	<i>Needles in a Haystack: Recent Papers Shaping our Understanding of Phantom Limb Pain Speaker: Pablo Rojas Zamora (13 min) – ESRA Video</i>
10:10 – 10:30	Q&A – Discussion (LIVE)
10:30 – 10:50	COFFEE BREAK
10:50 – 13:00	SESSION 2 – THE POWER OF THREE: INNOVATION - EQUITY – RESCUE
	Chairperson <i>Dr Jonathan Womack (LIVE)</i>
11:00 – 11:30	The Innovation Club: What's new in RA- New Technology in RA <i>Prof Greame McLeod, Dundee University, Dundee (30 min) (LIVE)</i>
11:30 – 11:50	The Use of AI in Regional Anesthesia: Exposure, Experience, Pros & Pons, Different Systems available Speakers: Amit Pawa, Jeff Gadsden (20 min) – ESRA Video
11:50 – 12:15	Scan Station: UL – Interscalene/ Axillary Blocks – Nat Haslam/ David Hay (LIVE)
12:15 - 12:25	The Equity Club: Access to RA & analgesia in LMICs, WHO essential medicines, and strategies for training without ultrasound - <i>Dr K Koneti (10 min) (LIVE)</i>
12:25 - 12:35	<i>PREP/STOP/BLOCK – Dr Nat Haslam 10 min (LIVE)</i>
12:35 – 12:45	The Rescue Club : When RA fails: Rescue Blocks and Strategies for failed Regional Techniques Speaker: Romualdo Del Buono (10 min) – ESRA Video



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Info and Registrations
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WORLD DAY

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12:45 – 13:30	LUNCH BREAK
13:30 – 15:00	SESSION 3 – BEYOND THE BLOCK: REGIONAL ANAESTHESIA ACROSS THE PATIENT JOURNEY
	Chairperson <i>Dr Kiran Koneti (LIVE)</i>
13:30 – 13:50	Beyond the OR: RA in trauma, emergency, humanitarian settings – <i>Jono Womack (LIVE)</i>
13:50 – 14:10	Transitional pain services: preventing chronic post-surgical pain – <i>Fiona Makin (LIVE)</i>
14:10 – 14:30	What's new in obstetrics - Updates in Obstetrics Anaesthesia Speaker: Nuala Lucas (20min)
14:30 – 14:50	Keeping Kids Comfortable – RA in Paediatrics – <i>Sui Ying (our recording / to stream)</i>
14:50 – 15:00	Q&A – Discussion (LIVE)
15:00 – 15:20	COFFEE BREAK
15:30 – 16:00	SESSION 4 – ? QUIZ & COMPETITION / Live Scan – LL (Femoral/ Adductor Canal/ Sciatic – Kiran Koneti / Ash Gupta)
	Coordinator Will be Disseminated Via SLIDO BEST 3 will win a free registration to LISBON 2026 Congress
15:40 – 16:40	SESSION 5 -
15:40 – 15:50	Gastric POCUS Speaker: Peter Van De Putte (7 min) – ESRA Video
15:50 – 16:15	Sex and Gender differences in Pain and Pain Management Speaker: Athmaja Thottungal (25min) ESRA Video
16:15 – 16:45	Live Scanning – ESP/Rectus Sheath – <i>Jono Womack/ Ben Goodman (LIVE)</i>
16:45 – 17:00	END OF E-DAY: QUESTIONS – COMMENTS – DISCUSSION