



# 2nd World Day of Regional Anaesthesia 24th January 2025

Cairo University , Egypt



State of the Art Safety Standards in RA  
THE EUROPEAN SOCIETY OF REGIONAL  
ANAESTHESIA & PAIN THERAPY



AFRICAN  
Society of  
Regional  
Anaesthesia



15:00-15:30

## Welcome messages

**Prof Ezzat Aziz** : AFSRA President .

**Dr Eleni Moka** : ESRA President

**Presidents of sister societies Welcome messages .**

15:30-16:00

## Session 1 : Everything You Need to Know to Avoid Pain

**1530-1600: Ensuring safety in chronic pain interventions : A holistic approach**

**1600-1615: Q&A**

**Speaker** : Prof Amany Ayad

16:15-16:45

## Session 2 : The Mother club / ESRA podcast

**1615-1645 : Obstetric RA – New Perspectives**

**Speaker** : Dr Nuala Lucas (UK)

16:45- 17:15

## Session 3 : The child club

**1645 - 1715 : Pediatric regional anaesthesia : Balancing effectiveness and safety**

**1715-1730 : Q&A**

**Speaker** : Prof Khaled Sarhan

17:30-18:00

## Session 4 : The green club / ESRA podcast

**1730-1800: Green Regional anaesthesia**

**Speaker** : Dr Vivian IP (Canada )

1800-18:45 **Session 5 : The «Ultrasound» Club**

**1800-1830 : Ultrasound guided cervical interventions : efficacy and safety**

**1830-1845: Q&A**

**Speaker :** Prof Ahmed Zaghlol

18:45-19:15 **Session 6 : The «POCUS» Club / ESRA podcast**

**1845-1915 :The most important articles I've read for POCUS in the last 12 months**

**Speaker :** Dr rosie Hugg (UK)

19:15-19:45 **Session 7 : Journal club : We Have Read the Literature for You**

**1915-1945 : Regain trial and hip fracture care**

**Speaker :** Dr Mohamed Mohamed

19:45-20:15 **Session 8 : The «Acute & Chronic Pain Medicine» Club / ESRA Podcast**

**1945-2015 : Perioperative Pain Management in Adults**

**Speaker :** Prof Kariem El-boghdadly (UK)

20:15-20:45 **Session 9 : The «Joint» Club/ ESRA podcast**

**2015-2045 : Enhanced Recovery RA Programs**

**Speaker :** Dr Steve Coppens (Belgium)

20:45-21:00 **Session 10: The «AI» Club / ESRA podcast**

**2045-2100 : How to take advantage of AI in your presentation**

**Speaker :** Dr Vicente Roques (Spain)

21:00-21:50

**Session 11: The «Acute & Chronic Pain Medicine» Club / ESRA podcast**

**2100-2130 : Chronic Post Surgical Pain & Transitional Pain Services – the European and American Perspectives**

**Speakers : Patricia Lavand'homme (Belgium)**

**Edward Mariano (USA)**

21:50-22:00

**Session 12: PROSPECT Working Group (ESRA WG)/ ESRA podcast**

**2130-2200: Focus on Procedure Specific Postoperative Pain Management**

**Speakers : ESRA GP**

**WORLD DAY**

