

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd Edition

Equity, Access, Relief

Tripoli - Libya
طرابلس - ليبيا

Saturday, 31 January 2026

08:30-09:00	VENUE – ARRIVALS – REGISTRATIONS
09:00-09:30	WELCOME MESSAGES & ADDRESSINGS
	Mohamed Tantoush – Country Representative (<i>in person</i>) Nuala Lucas – Chair of Event (<i>via live streaming / recording stand by</i>) Eleni Moka – ESRA President (<i>via live streaming / recording stand by</i>) Sister Societies Presidents (<i>either recordings or via live streaming</i>) Other Addressings
09:30 - 10:15	SESSION 1 – THE EVIDENCE CLUB
	Chairperson: <i>Dr. Jamal Elabani</i>
09:30 – 09:45	Top Papers in Regional Anaesthesia from 2024–25 <i>Dr. Aseel Almezowghy</i>
09:45 – 10:00	Top Papers in Pain Medicine from 2024–25 <i>Dr. Abdalkrim Sowan</i>
10:00 – 10:15	Q&A – Discussion
10:15 – 11:15	SESSION 2 – BEYOND THE BLOCK: REGIONAL ANAESTHESIA ACROSS THE PATIENT JOURNEY
	Chairperson: <i>Dr. Abdulrahman Elalem</i>
10:15 – 10:30	Equity in Regional Anaesthesia Training: Barriers and Solutions <i>Dr. Rajab Zarrug</i>
10:30 – 10:45	Gaps and Gains in Regional Anaesthesia Practice <i>Dr. Jamal Elabani</i>
10:45 – 11:00	Fascia as an Organ and the Role of Fascial Plane Blocks <i>Dr. Hatem Bensasi</i>
11:00 – 11:15	Q&A – Discussion
11:15 – 11:40	COFFEE BREAK
11:40 – 12:00	INDUSTRY EXHIBITION



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12:00 – 13:15	SESSION 3 – SPECTRUM OF REGIONAL ANESTHESIA AND PAIN MEDICINE PEARLS
	Chairperson: <i>Dr. Hatem Bensasi</i>
12:00 – 12:15	Proactive Strategies to Mitigate Complications in Regional Anaesthesia <i>Dr. Abdulrahman Elalem</i>
12:15 – 12:30	Mastering Neuraxial Blocks Beyond Palpation <i>Dr. Mohamed Tantoush</i>
12:30 – 12:45	Roadmap to Your First Block <i>Dr. Rajab Zarrug</i>
12:45 – 13:00	Costoclavicular Block: Revival of the Infraclavicular Approach <i>Dr. Nadeer Doufan</i>
13:00 – 13:15	Q&A – Discussion
13:15 – 13:30	END OF WDRAPM: QUESTIONS – COMMENTS – DISCUSSION