

# WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3<sup>rd</sup> Edition

Equity, Access, Relief

Tripoli - Libya

طرابلس - ليبيا

WORLD DAY

Saturday, 31 January 2026

08:30-09:00

VENUE – ARRIVALS – REGISTRATIONS

09:00-09:30

WELCOME MESSAGES & ADDRESSINGS

Mohamed Tantoush – Country Representative (*in person*)  
Nuala Lucas – Chair of Event (*via live streaming / recording stand by*)  
Eleni Moka – ESRA President (*via live streaming / recording stand by*)  
Sister Societies Presidents (*either recordings or via live streaming*)  
Other Addressings

09:30 - 10:15

SESSION 1 – THE EVIDENCE CLUB

Chairperson: *Dr. Jamal Elabani*

09:30 – 09:45

Top Papers in Regional Anaesthesia from 2024–25  
*Dr. Aseel Almezowghy*

09:45 – 10:00

Top Papers in Pain Medicine from 2024–25  
*Dr. Abdalkrim Sowan*

10:00 – 10:15

Q&A – Discussion

10:15 – 11:15

SESSION 2 – BEYOND THE BLOCK:  
REGIONAL ANAESTHESIA ACROSS THE PATIENT JOURNEY

Chairperson: *Dr. Abdulrahman Elalem*

10:15 – 10:30

Equity in Regional Anaesthesia Training: Barriers and Solutions  
*Dr. Rajab Zarrug*

10:30 – 10:45

Gaps and Gains in Regional Anaesthesia Practice  
*Dr. Jamal Elabani*

10:45 – 11:00

Fascia as an Organ and the Role of Fascial Plane Blocks  
*Dr. Hatem Bensasi*

11:00 – 11:15

Q&A – Discussion

11:15 – 11:40

COFFEE BREAK

11:40 – 12:00

INDUSTRY EXHIBITION



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care

ASRA  
PAIN MEDICINE



AFSRA  
AFRICAN  
Society of  
Regional  
Anaesthesia



Info and Registrations  
[esraeurope.org](http://esraeurope.org)

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12:00 – 13:15	SESSION 3 – SPECTRUM OF REGIONAL ANESTHESIA AND PAIN MEDICINE PEARLS
	Chairperson: <i>Dr. Hatem Bensasi</i>
12:00 – 12:15	Proactive Strategies to Mitigate Complications in Regional Anaesthesia <i>Dr. Abdulrahman Elalem</i>
12:15 – 12:30	Mastering Neuraxial Blocks Beyond Palpation <i>Dr. Mohamed Tantoush</i>
12:30 – 12:45	Roadmap to Your First Block <i>Dr. Rajab Zarrug</i>
12:45 – 13:00	Costoclavicular Block: Revival of the Infraclavicular Approach <i>Dr. Nadeer Doufan</i>
13:00 – 13:15	Q&A – Discussion
13:15 – 13:30	<b>END OF WDRAPM: QUESTIONS – COMMENTS – DISCUSSION</b>



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**ASRA**  
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