



# 3<sup>rd</sup> WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

Saturday, 31 January 2026, 12:00-18:10

Seoul National University College of Medicine,

Integrative Biomedical Education Research Building, Group Discussion Room 1,2

12:00-12:40	Registration	
12:40-12:50	Opening Remarks	Jin-Tae Kim, President of KSRA
12:50-13:00	Oversee Messages	Presidents of World Regional Anesthesia Societies
13:00-13:50	Session 1- Lecture	Won Uk Koh (University of Ulsan College of Medicine)
13:00-13:10	Lecture 1: Blocks for upper extremity surgeries	Yumin Jo (Chungnam National University College of Medicine)
13:10-13:20	Lecture 2: Blocks for lower extremity surgeries: hip & knee	Bora Lee (Yonsei University College of Medicine)
13:20-13:30	Lecture 3: Blocks for lower extremity surgeries: foot and ankle	Seok Kyeong Oh (Korea University College of Medicine)
13:30-13:40	Lecture 4: Truncal blocks for abdominal surgeries	Jung-Woo Shim (Catholic University College of Medicine)
13:40-13:50	Lecture 5: Ultrasound-guided neuraxial blocks	Sun-Kyung Park (Yonsei University College of Medicine)
13:50-14:00	Coffee Break	
14:00-18:00	Session 2- Workshop	Seunguk Bang (Catholic University College of Medicine) Won Uk Koh (University of Ulsan College of Medicine)
Total 5 sessions: 40min hands-on workshop and 10 min coffee break each session	Workshop 1: Upper extremity; Interscalene, Supraclavicular, Costoclavicular, Axillary block Yumin Jo (Chungnam National University College of Medicine)	
	Workshop 2: Lower extremity, hip & knee; Femoral block, Adductor canal block, FICB, PENG block Bora Lee (Yonsei University College of Medicine)	
	Workshop 3: Lower extremity, foot & ankle; Sciatic block (popliteal), Ankle block (5 block) Seok Kyeong Oh (Korea University College of Medicine)	
	Workshop 4: Truncal block; Rectus sheath block, TAP block, Quadratus lumborum block Jung-Woo Shim (Catholic University College of Medicine)	
	Workshop 5: Neuraxial block; Ultrasound assisted spinal & epidural block, Real-time ultrasound-guided neuraxial block Sun-Kyung Park (Yonsei University College of Medicine)	
18:00-18:10	Closing Remarks and Photo	Jin-Tae Kim, President of KSRA