

3rd World Day of Regional Anaesthesia and Pain Medicine-Ultrasound Regional Anesthesia Workshop

اليوم العالمي الثالث للتخدير الموضعي وطب الألم - ورشة عمل التخدير الموضعي بالموجات فوق الصوتية

Saturday, 31 January 2026 | 12 Shaban 1447

POSTGRADUATE CENTRE AUDITORIUM HALL

قاعة الدراسات العليا، الدور الثالث، مركز الدراسات العليا

KING FAISAL SPECIALIST HOSPITAL & RESEARCH CENTRE – RIYADH

مستشفى الملك فيصل التخصصي ومركز الأبحاث - الرياض

07:30 - 07:40	Registration/Attendance	
07:40 – 07:45	Introductory Remarks: Chairman, Anesthesiology Department	Dr. Abdullah AlRaffa
07:45 – 07:50	Introductory Remarks: Chairman Organizing Committee	Dr. Ayman Mustafa
07:50 – 07:55	Welcome message chairman of the event	Dr. Nula Lucas
07:55 – 08:00	Welcome message: ESRA president	Dr. Eleni Moka
TIME	SESSIONS	LECTURER
08:00 – 09:00	Session 1: The Evidence club	Chair: Dr. Ayman Mustafa
08:00 – 08:30	Top papers in RA 24-25	Dr. Sakina Abdulrahman
08:30 – 09:00	Chronic Pain; is it all in the head?	Dr. Mamdouh Haddara
09:00 – 09:05	Q&A	
09:05 – 10:15	Session 2: Beyond the Block: Regional Anaesthesia across the patient journey	Chair: Dr. Rashed Khalifa
09:00 – 09:25	Transitional pain services: preventing chronic post-surgical pain	Dr. Amjaad Almohawis
09:25 – 09:50	Keeping Kids Comfortable – RA in Paediatric	Dr. Mohammed Hachemi
09:50 – 10:15	What's new in obstetrics	Dr. Nisar Somroo
10:15 – 10:20	Q&A	
10:20 – 10:30	Coffee break	
10:30 – 11:00	Session 3: The Rescue Club	Chair: Dr. Muzackir Abubaker
10:30 – 11:00	When RA fails: troubleshooting blocks, managing LAST, escalation to systemic analgesia/opioids	Dr. Pavan Raju
11:00 – 11:05	Q&A	

TIME	HANDS-ON WORKSOP	INSTRUCTOR
11:05 – 11:50	Session 4: Hands on sessions; US scanning on volunteers	Various
11:50 – 12:50	Prayer and Lunch break	
12:50 – 13:35	Session 5: Hands on sessions; US scanning on volunteers	Various
13:35 – 14:20	Session 6: Hands on sessions; US scanning on volunteers	Various
14:20 – 14:30	Coffee break	
14:30 – 15:15	Session 7: Hands on sessions; US scanning on volunteers	Various
15:15 – 15:25	Prayer break	
15:25 – 16:10	Session 8: Hands on sessions; US scanning on volunteers	Various
16:10 – 16:55	Session 9: Hands on sessions; US scanning on volunteers	Various
16:55 – 17:40	Session 10: Hands on sessions; US scanning on volunteers	Various
Note: Each station will have max. 5-8 candidates with a duration of 45 minutes per station then will rotate accordingly. Total of seven (7) stations.		
17:40-17:45	Closing Remarks – Chairman Organizing Committee	Dr. Ayman Mustafa