



maia Manila Academy of Regional Anesthesia
in association with
ESRA European Society of Regional Anaesthesia
UNIVERSITY VIRGINIA

The Manila Academy of Regional Anesthesia
in association with
The Department of Anesthesiology of the
University of Virginia
is proud to celebrate the

3RD WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE
"EQUITY, ACCESS, RECOVERY"
JANUARY 30 - 31, 2026

MODERATOR/SPEAKER
NABIL ELKASSABANY, MD, MSCE, MBA
Professor
Vice Chair of Operations
Department of Anesthesiology
University of Virginia, Charlottesville, USA
Co-Chair, Regional Anesthesia Track Committee
World Congress of Anesthesia, 2026

MODERATOR/SPEAKER
PEÑAFIRIANCIA CAÑO, MD, FPIA, ESRA
Associate Professor
Chief, Division of Regional Anesthesia
Department of Anesthesiology
University of the Philippines - Philippine General Hospital
Philippine Representative, ESRA International Committee
Member, Regional Anesthesia Track Committee
World Congress of Anesthesia, 2026

SPEAKERS
Matt Holland, MD
Nazar Dubchak, DO
Dominic Jose, MD
William Manson, MD
Ashley Shilling, MD
Brittany Deiling, DO
Matthew Thames, MD
Iyabo Muse, MD
Priyanka Singla, MD

WEBINAR HOST
D PHARMA Medical Education

REGISTRATION LINK: <https://www.eventbrite.com/maia/maia-esra-university-virginia-3rd-world-day-of-regional-anesthesia-and-pain-medicine-equity-access-recovery-2026-318223367545>
WEBINAR ID: 318223367545
WEBINAR PASSCODE: 3182233

REGISTRATION FOR THE WEBINAR IS FREE!



3RD WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

SCIENTIFIC PROGRAM

DAY 1 – Friday, January 30, 2026 (Ph Time)

1800 - 1805 Welcome Remarks **Penafrancia Cano, MD**

1805 - 1810 Opening Remarks **Nabil Elkassabany, MD**

1810 - 1835 Role of Cryotherapy in Acute Pain **Matt Holland, MD**

1835 - 1855 Intravenous Lidocaine for Postoperative Pain and Recovery
Nazar Dubchak, MD

1855 - 1915 Intrathecal Morphine for Analgesia is not Obsolete at All
Penafrancia Cano, MD

1915 - 1935 External Oblique Intercostal for Upper Abdominal Surgery:
What is the Evidence **Dominique Jose, MD**

1935 - 1955 POCUS; Deep Vein Thrombosis Evaluation for Anesthesiologists
William Manson, MD

1955 - 2005 Q and A

MODERATOR: Nabil Elkassabany, MD

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REGISTRATION WILL START SOON!

WEBINAR HOST





3RD WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE

SCIENTIFIC PROGRAM

DAY 2 – Saturday, January 31, 2026 (Ph Time)

1750 - 1800 Opening of 3rd World Day of Regional Anesthesia and Pain

1750 - 1755 Message from the AOSRA President

1755 - 1800 Message from the ESRA President

1800 - 1900 Not Every Block is Perfect: Navigating Complications in Regional Anesthesia

1. Peripheral Nerve Injury **Ashley Shilling, MD**
2. Local Anesthetic Systemic Toxicity **Brittany Deiling, MD**
3. Infectious Complications in Regional Anesthesia
Matthew Thames, MD
4. Delaying or Masking the Diagnosis of Compartment Syndrome **Nabil Elkassabany, MD**

1900 - 1920 What are the Treatment Options for Phantom Limb Pain
Iyabo Muse, MD

1920 - 1940 Rebound Pain: Undesired yet Unexplored **Priyanka Singla, MD**

1940 - 1955 Q and A

1955 - 2000 Closing

MODERATOR: Penafrancia Cano, MD
END OF SESSION

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