



DEPARTMENT OF ANAESTHESIOLOGY
Yenepoya Medical College, Mangaluru

Joining Hands for a Pain-Free Future Worldwide
One Day, One Program.

In 200+ Cities In All Continents Simultaneously.

Crossing Boundaries In Perioperative Pain Care

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd
edition



January 27th 2026



02:00 PM TO 05:00 PM



Join us at EMD Auditorium, YMCH or Live On Google Meet



Registration Link:  <https://forms.gle/tUNpquVZb65KUmvY8>



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



WWRAPM
WORLD WEEK OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



CERTIFICATES BY ESRA



PROGRAMME SCHEDULE

TIME	SESSIONS
2:00 pm - 2:20 pm	WELCOME MESSAGES AND ADDRESSINGS ESRA Representative Mangaluru: Dr. Shilpa Bhat ESRA Representative India : Dr. Ritesh Roy ESRA President : Dr. Eleni Moka Chief Guest : Dr. K S Gangadhara Somayaji, Vice Chancellor, YDU
2:20 pm - 2:35 pm	Perioperative Pain Care Beyond The OT Dr. Prerana Bellary Fellow AORA, FMMC
HOW I DO IT? - VIDEO DEMONSTRATION	
2:35 pm - 2:50 pm	Brachial Plexus Block - My Approach Dr. Ananth Somayaji Assistant Professor, FMMC
2:50 pm - 3:05 pm	Serratus Anterior Plane Block Dr. Shilpa Bhat Assistant Professor, YMCH
3:05 pm - 3:20 pm	Quadratus Lumborum Fascial Plane Block Dr. Athmika Senior Resident, KSHEMA
3:20 pm - 3:35 pm	Adductor Canal Block Dr. Mitalee Pareek Assistant Professor, YMCH
3:35 pm - 3:50 pm	Perineural Catheters - What's New? Dr. Rammurthy Kulkarni Colehester General Hospital, UK
CASE DISCUSSION	
3:50 pm - 4:10 pm	Block Smart, Walk Fast: Choosing the Right Regional Anaesthesia Plan For TKR Presenter: Dr. Ashita Shetty (Fellow FIRA, YMCH) Dr. Neena John (Fellow FIRA, YMCH) Moderator: Dr. Shankaranarayana P (Professor, YMCH) Dr. Manjula S Rao (Assistant Professor, YMCH)
PANEL DISCUSSION	
4:10 pm - 4:40 pm	Crossing Boundaries In Perioperative Pain Care: Where Do We Go Next ? Panelist: Dr. Madhusudhan Upadhyay (Professor, KMC) Dr. Sripada G Mehandale (Professor, KSHEMA) Dr. Thippeswamy H.G (Professor, YMCH) Dr. Sandeep Shankar (Associate Professor, YMCH) Dr. Ananth Somayaji (Assistant Professor, FMMC) Moderator: Dr. Shilpa Bhat (Assistant Professor, YMCH)
4:40 pm - 4:45 pm	Vote of Thanks By - Dr. Mitalee Pareek