



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



WFSA
WORLD FEDERATION OF SOCIETIES OF
ANAESTHESIOLOGISTS



DEPARTMENT OF ANAESTHESIOLOGY
Yenepoya Medical College, Mangaluru

Joining Hands for a Pain-Free Future Worldwide

One Day, One Program.

In 200+ Cities In All Continents Simultaneously.

Crossing Boundaries In Perioperative Pain Care

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE



January 27th 2026

02:00 PM TO 05:00 PM

Join us at EMD Auditorium, YMCH or Live On Google Meet



Registration Link: <https://forms.gle/tUNpquVZb65KUmvY8>



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



WWRAPM
WORLD WEEK OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



CERTIFICATES BY ESRA



PROGRAMME SCHEDULE

TIME	SESSIONS
2:00 pm - 2:20 pm	WELCOME MESSAGES AND ADDRESSINGS <p>ESRA Representative Mangaluru: Dr. Shilpa Bhat ESRA Representative India : Dr. Ritesh Roy ESRA President : Dr. Eleni Moka Chief Guest : Dr. K S Gangadhara Somayaji, Vice Chancellor, YDU</p>
2:20 pm - 2:35 pm	Perioperative Pain Care Beyond The OT Dr. Prerana Bellary Fellow AORA, FMMC
HOW I DO IT? - VIDEO DEMONSTRATION	
2:35 pm - 2:50 pm	Brachial Plexus Block - My Approach Dr. Ananth Somayaji Assistant Professor, FMMC
2:50 pm - 3:05 pm	Serratus Anterior Plane Block Dr. Shilpa Bhat Assistant Professor, YMCH
3:05 pm - 3:20 pm	Quadratus Lumborum Fascial Plane Block Dr. Athmika Senior Resident, KSHEMA
3:20 pm - 3:35 pm	Adductor Canal Block Dr. Mitalee Pareek Assistant Professor, YMCH
3:35 pm - 3:50 pm	Perineural Catheters - What's New? Dr. Rammurthy Kulkarni Colechester General Hospital, UK <div style="float: right; border: 1px solid #0056b3; padding: 2px 10px; border-radius: 10px; background-color: #0056b3; color: white; text-align: center; font-weight: bold;">LIVE FROM UK</div>
CASE DISCUSSION	
3:50 pm - 4:10 pm	Block Smart, Walk Fast: Choosing the Right Regional Anaesthesia Plan For TKR Presenter: Dr. Ashita Shetty (Fellow FIRA, YMCH) Dr. Neena John (Fellow FIRA, YMCH) Moderator: Dr. Shankaranarayana P (Professor, YMCH) Dr. Manjula S Rao (Assistant Professor, YMCH)
PANEL DISCUSSION	
4:10 pm - 4:40 pm	Crossing Boundaries In Perioperative Pain Care: Where Do We Go Next ? Panelist: Dr. Madhusudhan Upadhyay (Professor, KMC) Dr. Sripada G Mehandale (Professor, KSHEMA) Dr. Thippeswamy H.G (Professor, YMCH) Dr. Sandeep Shankar (Associate Professor, YMCH) Dr. Ananth Somayaji (Assistant Professor, FMMC) Moderator: Dr. Shilpa Bhat (Assistant Professor, YMCH)
4:40 pm - 4:45 pm	Vote of Thanks By - Dr. Mitalee Pareek