



Hands on course, Letterkenny University Hospital

Wednesday 21st January 2026, Postgraduate centre

Programme

8.00 – 8.45 Participants registration **coffee, tea**

8.45 – 9.00 Opening of the event, welcome message

Session 1 Upper extremity blocks

moderator: LM

09.00 – 9.15 How I Do it: upper extremity RA in adults

JV (15m)

09.15 – 09.30 How I Do it: upper extremity RA in children

BM (15m)

09.30 – 09.45 Q&A – Discussion

15 min

** coffee break**

15 min

10.00 – 11.50 Live scanning (4 stations)

110 min

11.50 – 12.30 **Lunch break**

Session 2 Abdominal block I

moderator: JV

12.30 – 12.40 Live scanning – intro

JH (10m)

12.40 – 14.20 Live scanning (4 stations)

120min

** coffee break**

10 min

14.20 – 14.40 How do I do it: RA abdominal surgery in adults

DJ (20m)

14.40 – 15.00 How do I do it: RA abdominal surgery in children

BM (20m)

15.00 – 15.20 PoCUS in ED settings

LO (20m)

15.20 – 15.35 Q&A – Discussion

15 min

15.35 – 15.45 ** coffee break**

10 minutes

Session 3 Abdominal block II

moderator: JH

16.00 – 16.45 Epidural is the best for abdominal surgery.

(30m)

Q&A discussion

(15m)

Pro: DJ

Con: LM

16.45 – 17.30 Q&A – Round table discussion, slido

(45m)

17.30 END OF HANDS ON 3rd WORLD DAY OF REGIONAL ANAESTHESIA COURSE IN
LETTERKENNY UNIVERSITY HOSPITAL AND FEEDBACK



FACULTY

Dr. Branislav Mislovic	Anaest	CHI Crumlin, Dublin
Dr. David Johnston, ESRA-DRA examiner	Anaest	Royal Victoria and Musgrave Park Hospital, Belfast
Dr. Lucian Obeada	ED	LUH, Letterkenny
Dr. Jakub Hlasny, PhD., ESRA-DRA examiner	Anaest	LUH, Letterkenny
Dr. Louise Moran, ESRA-DRA examiner	Anaest	LUH, Letterkenny
Dr. Jakub Vachalik, ESRA-DRA	Anaest	LUH, Letterkenny

EDRA examiners and EDRA diplomates as faculty members

Live models and anatomical needling models.

Live scanning on models and needling on phantoms.

4 hours

Lectures and discussion-based Q&A sessions.

3.5 hour

Tickets through ISRA, limited to 20 places to allow maximum of 5 attendees per station

DISCLAIMER

I as organiser certify that none of the presentations nor lectures involves direct trade promotional activity. All lectures are unbiased and professional.

Dr. Jakub Hlasny, PhD., EDRA

Course organiser

hlasny.jakub@gmail.com

Tickets through ISRA, limited to 20 places to allow maximum of 5 attendees per station

Stations rotations

Block I

10.00 – 11.50 Live scanning (4 stations) 110 min

Station I	David	Main room
	- Supraclavicular	
Station II	Louise	'Kitchen' room
	- Infraclavicular (costoclav, RAPTIR, classic)	
Station III	Jakub V. + Luc	'Tutorial' room
	- Interscalene/ upper trunk block	
Station IV	Brano	Simulation room
	- Any paediatric version most suitable for non paedics provider	

Rotation every 25 minutes, I > II > III > IV > I

Back up/breaks Jakub H.

Block II

12.30 – 12.40 Live scanning – intro JH (10m)

12.40 – 14.20 Live scanning (4 stations) 120min

Station I	David	Main room
	- QLB (post., lat., ant.)	
Station II	Jakub H.	'Kitchen' room
	- RSB, OSTAP, EOI	
Station III	Jakub V. + Luc	'Tutorial' room
	- PoCUS	
Station IV	Brano	Simulation room
	- Any paediatric version most suitable for non paedics provider	

Rotation every 25 minutes, I > II > III > IV > I

Back up/breaks Louise M.