

# WORLD DAY OF REGIONAL ANAESTHESIA AND PAIN MEDICINE

Saturday, 31 January 2026

3rd  
edition



WORLD DAY

Hands on course, Letterkenny University Hospital

Wednesday 21<sup>st</sup> January 2026, Postgraduate centre

## Programme

8.00 – 8.45 Participants registration \*\*coffee, tea\*\*  
8.45 – 9.00 Opening of the event, welcome message

<b>Session 1</b>	<b>Upper extremity blocks</b>	<b>moderator: LM</b>
09.00 – 9.15	How I Do it: upper extremity RA in adults	JV (15m)
09.15 – 09.30	How I Do it: upper extremity RA in children	BM (15m)
09.30 – 09.45	Q&A – Discussion	15 min
** coffee break**		15 min
10.00 – 11.50	Live scanning (4 stations)	110 min
11.50 – 12.30	**Lunch break**	

<b>Session 2</b>	<b>Abdominal block I</b>	<b>moderator: JV</b>
12.30 – 12.40	Live scanning – intro	JH (10m)
12.40 – 14.20	Live scanning (4 stations)	120min
** coffee break**		10 min
14.20 – 14.40	How do I do it: RA abdominal surgery in adults	DJ (20m)
14.40 – 15.00	How do I do it: RA abdominal surgery in children	BM (20m)
15.00 – 15.20	PoCUS in ED settings	LO (20m)
15.20 – 15.35	Q&A – Discussion	15 min
15.35 – 15.45	** coffee break**	10 minutes

<b>Session 3</b>	<b>Abdominal block II</b>	<b>moderator: JH</b>
16.00 – 16.45	Epidural is the best for abdominal surgery. Q&A discussion	(30m) (15m)
	Pro: DJ	
	Con: LM	
16.45 – 17.30	Q&A – Round table discussion, slido	(45m)
17.30	END OF HANDS ON 3 <sup>rd</sup> WORLD DAY OF REGIONAL ANAESTHESIA COURSE IN LETTERKENNY UNIVERSITY HOSPITAL AND FEEDBACK	



## FACULTY

Dr. Branislav Mislovic	Anaest	CHI Crumlin, Dublin
Dr. David Johnston, ESRA-DRA examiner	Anaest	Royal Victoria and Musgrave Park Hospital, Belfast
Dr. Lucian Obeada	ED	LUH, Letterkenny
Dr. Jakub Hlasny, PhD., ESRA-DRA examiner	Anaest	LUH, Letterkenny
Dr. Louise Moran, ESRA-DRA examiner	Anaest	LUH, Letterkenny
Dr. Jakub Vachalik, ESRA-DRA	Anaest	LUH, Letterkenny

### EDRA examiners and EDRA diplomates as faculty members

**Live models and anatomical needling models.**

**Live scanning on models and needling on phantoms.**

**4 hours**

**Lectures and discussion-based Q&A sessions.**

**3.5 hour**

Tickets through ISRA, limited to 20 places to allow maximum of 5 attendees per station

## DISCLAIMER

I as organiser certify that none of the presentations nor lectures involves direct trade promotional activity. All lectures are unbiased and professional.

Dr. Jakub Hlasny, PhD., EDRA  
[hlasny.jakub@gmail.com](mailto:hlasny.jakub@gmail.com)

Course organiser

Tickets through ISRA, limited to 20 places to allow maximum of 5 attendees per station

## Stations rotations

### Block I

**10.00 – 11.50** Live scanning (4 stations) 110 min

Station I	David	Main room
	- Supraclavicular	
Station II	Louise	'Kitchen' room
	- Infraclavicular (costoclav, RAPТИR, classic)	
Station III	Jakub V. + Luc	'Tutorial' room
	- Interscalene/ upper trunk block	
Station IV	Brano	Simulation room
	- Any paediatric version most suitable for non paed provider	

Rotation every 25 minutes, I > II > III > IV > I

Back up/breaks Jakub H.

### Block II

12.30 – 12.40 Live scanning – intro JH (10m)

12.40 – 14.20 Live scanning (4 stations) 120min

Station I	David	Main room
	- QLB (post., lat., ant.)	
Station II	Jakub H.	'Kitchen' room
	- RSB, OSTAP, EOI	
Station III	Jakub V. + Luc	'Tutorial' room
	- PoCUS	
Station IV	Brano	Simulation room
	- Any paediatric version most suitable for non paed provider	

Rotation every 25 minutes, I > II > III > IV > I

Back up/breaks Louise M.