



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care

**ASRA**  
PAIN MEDICINE



Joining Hands for  
a Pain Free Future Worldwide

# WORLD WEEK OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd Edition

**Equity, Access, Relief**

24-31 January 2026



**B|BRAUN**  
SHARING EXPERTISE

**PAJUNK®**  
Real People. Real Care.

 GE HealthCare

**Your Local Face-to-Face Meeting**  
There must be one city around you!



**WWRAPM**  
WORLD WEEK OF REGIONAL  
ANAESTHESIA AND PAIN MEDICINE



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland  
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Info and Registrations  
[esraeurope.org](http://esraeurope.org)

# 3RD WORLD DAY

## REGIONAL ANAESTHESIA & PAIN MEDICINE

### REGIONAL ANAESTHESIA IN GERIATRIC POPULATION

VENUE

**HOSPITAL AMPANG**

DATE

26TH JAN 2026

#### OBJECTIVE

1. Update knowledge on safe and optimal peri-operative management (including pain control) specifically for the elderly.
2. Promote best practices in regional anaesthesia to improve outcomes and reduce complications in geriatric patients.
3. Strengthen ultrasound-guided regional anaesthesia skills through demonstrations and foster professional networking.

#### REGISTRATION

<https://forms.gle/yVBmAeS7kr5vUwcj6>

**PAYMENT: RM150 REF:RAPM**

**mysora and hasaic members RM100**

MAYBANK 564427516299

PERSATUAN ANESTESIA & RAWATAN RAPI HA



# REGIONAL ANAESTHESIA IN GERIATRIC POPULATION

## SCHEDULE

26TH  
JAN 2026

**0800-0830**

**REGISTRATION & BREAKFAST**

**0830-0840**

**WELCOMING SPEECH  
BY VIP**

**0840-0940**

**PERI-OPERATIVE OPTIMIZATION  
IN GERIATRIC**

**DR FADZWANI BINTI BASRI  
HOSPITAL KUALA LUMPUR**

**0940-1030**

**PAIN CONTROL  
STRATEGY IN GERIATRIC  
POPULATION**

**DR TAN KOK WANG  
HOSPITAL CANSELOR TUANKU MUHRIZ**

**1030-1130**

**REGIONAL ANAESTHESIA  
FOR THE ELDERLY**

**DR KHAIRUL IDZAM BIN MUSLIM  
HOSPITAL AMPANG**

**1130-1200**

**PRESENTATION OF TOKEN OF  
APPRECIATION, PHOTO TAKING &  
BOOTH EXHIBITION  
VISITS**



**1200-1300**

## **BLOCK DEMO**

**UPPER LIMB  
(BRACHIAL  
PLEXUS BLOCK)**

**INTERSCALENE  
SUPRACLAVICULAR  
INFRACLAVICULAR  
SELECTIVE TRUNK BLOCK  
AXILLARY**

**LOWER LIMB**

**FEMORAL NERVE BLOCK  
FICB  
PENG  
SCIATIC NERVE BLOCK  
(TRANSGLUTEAL & POPLITEAL)  
ACB**

**TRUNCAL**

**PECS  
ESPB  
SPB  
QLB**

**1300-1400**

**LUNCH**

**1400-1445**

**GA VS RA IN THE ELDERLY  
CURRENT EVIDENCE**

**DR ISKANDAR BIN KHALID  
HOSPITAL CANSELOR TUANKU MUHRIZ**

**1445-1530**

**GERIATRICS NEURAXIAL  
ANESTHESIA** **DR JIMMY TAN JIA HEAU**  
**HOSPITAL AMPANG**

**1530-1600**

**DEMO – USG-GUIDED CENTRAL  
NEURAXIAL BLOCK**

**1600-1630**

**Q&A SESSION  
ADJOURNMENT**

