



ISA

Indian Society of
Anaesthesiologists

ISA COCHIN CITY BRANCH MEETING

on Friday, 23rd January 2026 at 7pm.
@ IMA House, Kaloor, Kochi.

WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE- 3rd Edition

Introductory remarks



Speaker:

Dr Sachin George

Senior Consultant

Lisie Cancer Centre, Lisie Hospital

Fascial Plane Blocks: Revolution or Overhyped?



Speaker:

Dr Jithendra T

Senior Consultant

Aster Medcity

Adjuvants in Regional Anesthesia: Off-Label but Routine



Speaker:

Dr. Mathew George

Associate professor

Amrita Institute of Medical Sciences

Blocks for knee surgeries: Motor sparing dilemmas



Speaker:

Dr. Sherene Sam

Senior Resident

Medical Trust Hospital

Segmental spinal anesthesia: Are we still scared? A walk through the technique



Speaker:

Dr. Anie Joseph

Consultant

Lisie Hospital

Dr. Francis Manavalan

President

ISA Cochin City Branch

Dr. Rajeev K

Hon. Secretary

ISA Cochin City Branch

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