



# ISA

Indian Society of  
Anaesthesiologists

# ISA COCHIN CITY BRANCH MEETING

on Friday, 23<sup>rd</sup> January 2026 at 7pm.  
@ IMA House, Kaloor, Kochi.

## WORLD DAY OF REGIONAL ANESTHESIA AND PAIN MEDICINE- 3<sup>rd</sup> Edition



### Introductory remarks

Speaker:  
**Dr Sachin George**  
Senior Consultant  
Lisie Cancer Centre, Lisie Hospital



### Fascial Plane Blocks: Revolution or Overhyped?

Speaker:  
**Dr Jithendra T**  
Senior Consultant  
Aster Medcity



### Adjuvants in Regional Anesthesia: Off-Label but Routine

Speaker:  
**Dr. Mathew George**  
Associate professor  
Amrita institute of medical sciences



### Blocks for knee surgeries: Motor sparing dilemmas

Speaker:  
**Dr. Sherene Sam**  
Senior Resident  
Medical Trust Hospital



### Segmental spinal anesthesia: Are we still scared? A walk through the technique

Speaker:  
**Dr. Anie Joseph**  
Consultant  
Lisie Hospital

**Dr. Francis Manavalan**  
President  
ISA Cochin City Branch

**Dr. Rajeev K**  
Hon. Secretary  
ISA Cochin City Branch

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