



KABALE UNIVERSITY SCHOOL OF MEDICINE

ANAESTHESIA DEPARTMENT

3rd WORLD REGIONAL ANAESTHESIA WEEK CELEBRATION 2026

Date: 29th – 31st January 2026



The poster features the following text and graphics:

- ESRA** (European Society of Regional Anaesthesia & Pain Therapy) logo: Crossing Boundaries, Transforming Care
- ASRA** (American Society of Regional Anesthesia and Pain Medicine) logo
- AFSRA** (African Society of Regional Anaesthesia) logo
- Joining Hands for a Pain Free Future Worldwide**
- WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE**
3rd Edition
- Equity, Access, Relief**
- Saturday, 31 January 2026**
- WORLD DAY** (in large green letters)
- Your Local Face-to-Face Meeting**
There must be one city around you!
- WD RAPM** (World Day of Regional Anaesthesia and Pain Medicine)
- Social media icons: Facebook, LinkedIn, Twitter, Instagram
- ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org
- Info and Registrations
esraeurope.org

Venue: KRRH Hall Intern Mess

Global Theme: *Equity, Access, Relief*

TIME	ACTIVITY 31 st Jan 2026	VENUE/ RESPONSIBLE PERSON
8:00 AM	STUDENTS Arrival and Registration MC – Akol Timothy, Kutesa Angella, Tikish	KUAMSA – Nabasa Praise, Talemwa Justine
09:30 – 09:40 AM	Welcome Remarks	Dr. Isabella Epiu, AFSRA Research lead
09:40 – 09:50 AM	Official Opening	Prof James K. Tumwine, Dean KABSOM
09:50 – 10:00 AM	Welcome Remarks	Hospital Director KRRH
10:00 10:10 AM	Guest Speaker	Dr. Alenka Strdin Kosir, Intensivist Maribor Hospital Slovenia
10:10 – 10:50 AM	Chief Guest	Vice Chancellor Kabale University
10:50 – 11:20 AM	Panel Discussion – From Promises to Progress <i>Decentralization of Anaesthesia and Emergency preparedness education for access, equity and relief in South Western Uganda</i>	Panellists – Prof Jame Tumwine, Dr. Alenka, Vice Chancellor, Director KRRH
11:20 – 12:00 Noon	BREAK	Organizing Committee
12:00 – 12:30 PM	Increasing access to multi-modal Analgesia	Dr. Ocaya / Dr. Kojo Charles
12:30 – 01:00 PM	Updates in Emergency Resuscitation Guidelines	Dr. Alenka / Isaac - KUAMSA
01:00 – 01:15	Case Presentation: Regional Anaesthesia in Emergencies	Mr. Osbert (Former President KUAMSA)
01:15– 01:30 PM	Speech: Head of Department – ultrasound basics	Dr. Isabella Epiu
01:30 – 02:30 PM	Common plan blocks for Regional Anaesthesia TAP Block, and Plan A blocks – Anatomy and US Scanning	Dr. Sadic / Dr. Kojo Charles
02:30-03:00	Common Local Anesthesia Drugs & LAST	Dr. Ocaya / Mr Otim
03:00 – 03:30	LUNCH	Organizing Committee
03:30 – 5:00 PM	PRACTICAL SESSIONS (BLS, ALS, Difficult airway management, SIMVANA VR Simulation demo, Ultrasound Guided Regional Anaesthesia demo	Dr. Alenka, Isabella, Sadic, Lazia, Ocaya, Otim, Kojjo, Osbert, Zach



KABALE UNIVERSITY SCHOOL OF MEDICINE

PRELIMINARY DAYS, WORKSHOPS 28th to 30th JANUARY 2026

TIME	ACTIVITY	VENUE/ RESPONSIBLE PERSON
Wed 28 th Jan 2026 1pm	Basics of Ultrasound Advanced Lung Ultrasound Skills	Stephen Z Frabitore, MD; HVO Anaesthesiologist GA, USA, Dr. Isabella & Sr. Benny, JB
Thr 29 th Jan 2026 2:00 pm-5pm	Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM YR 4 & COMP YR 1	KRRH Hall / Isabella & Sr. Benny, JB
Fri 30 th Jan 2026 9am-12 noon 2pm-5pm	Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM Direct YR 1,2,3 & COMP YR 2 Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM Direct YR 1,2,3,4	KRRH Hall / Dr Zach, Isabella & Sr. Benny, JB KRRH Hall / Dr Zach, Isabella & Sr. Benny, JB
Fri 30 th Jan 2026 9am -1pm 2-5pm	BACM YR 4 Student Research Department presentations BACM YR Completion 2	Dr Isabella, Lazia, Sadic, Ocaya, Henry
31 st Jan 2026 9am-5 pm	GRAND FINALLE DAY Workshops all students	KRRH Hall, All KABSOM Staff