



**KABALE UNIVERSITY SCHOOL OF MEDICINE**

**ANAESTHESIA DEPARTMENT**

**3<sup>rd</sup> WORLD REGIONAL ANAESTHESIA WEEK CELEBRATION 2026**

**Date: 29<sup>th</sup> – 31<sup>st</sup> January 2026**

The poster features a central graphic of a human head in profile, composed of a network of dots and lines, with a globe integrated into the brain area. The globe shows the continents of Africa, Europe, and Asia. The text is arranged around this central graphic. At the top, there are logos for ESRA, ASRA, and AFRSA. The main text is in a bold, sans-serif font. The date is prominently displayed. At the bottom, there are social media icons and contact information.

**ESRA** The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care

**ASRA** PAIN MEDICINE

**AFRICA** AFRICAN  
Society of  
Regional  
Anaesthesia

Joining Hands for  
a Pain Free Future Worldwide

**WORLD DAY  
OF REGIONAL  
ANAESTHESIA &  
PAIN MEDICINE**  
3<sup>rd</sup> Edition  
**Equity, Access, Relief**

**Saturday, 31 January 2026**

**WORLD DAY**

**Your Local Face-to-Face Meeting**  
There must be one city around you!

**ESRA** OFFICE  
Rue de Chantepoulet 10, 1201 Geneva, Switzerland  
Email: [office@esraeurope.org](mailto:office@esraeurope.org)

**Info and Registrations**  
[esraeurope.org](http://esraeurope.org)

**Venue:** KRRH Hall Intern Mess

***Global Theme: Equity, Access, Relief***

TIME	ACTIVITY 31 <sup>st</sup> Jan 2026	VENUE/ RESPONSIBLE PERSON
8:00 AM	<b>STUDENTS Arrival and Registration</b> MC – Akol Timothy, Kutesa Angella, Tikish	KUAMSA – Nabasa Praise, Talemwa Justine
09:30 – 09:40 AM	Welcome Remarks	Dr. Isabella Epiu, AFSRA Research lead
<b>09:40 – 09:50 AM</b>	<b>Official Opening</b>	<b>Prof James K. Tumwine,</b> Dean KABSOM
09:50 – 10:00 AM	Welcome Remarks	Hospital Director KRRH
10:00 10:10 AM	Guest Speaker	Dr. Alenka Strdin Kosir, Intensivist Maribor Hospital Slovenia
<b>10:10 – 10:50 AM</b>	<b>Chief Guest</b>	<b>Vice Chancellor Kabale University</b>
10:50 – 11:20 AM	Panel Discussion – From Promises to Progress <b><i>Decentralization of Anaesthesia and Emergency preparedness education for access, equity and relief in South Western Uganda</i></b>	<b>Panellists</b> – Prof Jame Tumwine, Dr. Alenka, Vice Chancellor, Director KRRH
11:20 – 12:00 Noon	<b>BREAK</b>	Organizing Committee
12:00 – 12:30 PM	Increasing access to multi-modal Analgesia	Dr. Ocaya / Dr. Kojo Charles
12:30 – 01:00 PM	<b>Updates in Emergency Resuscitation Guidelines</b>	Dr. Alenka / Isaac - KUAMSA
01:00 – 01:15	<b>Case Presentation:</b> Regional Anaesthesia in Emergencies	Mr. Osbert (Former President KUAMSA)
01:15– 01:30 PM	<b>Speech:</b> Head of Department – ultrasound basics	Dr. Isabella Epiu
01:30 – 02:30 PM	Common plan blocks for Regional Anaesthesia TAP Block, and Plan A blocks – Anatomy and US Scanning	Dr. Sadic / Dr. Kojo Charles
02:30-03:00	Common Local Anesthesia Drugs & LAST	Dr. Ocaya / Mr Otim
03:00 – 03:30	<b>LUNCH</b>	Organizing Committee
03:30 – 5:00 PM	PRACTICAL SESSIONS (BLS, ALS, Difficult airway management, <b>SIMVANA VR</b> Simulation demo, <b>Ultrasound Guided</b> Regional Anaesthesia demo	Dr. Alenka, Isabella, Sadic, Lazia, Ocaya, Otim, Kojjo, Osbert, Zach



**KABALE UNIVERSITY SCHOOL OF MEDICINE**

**PRELIMINARY DAYS, WORKSHOPS 28<sup>th</sup> to 30<sup>th</sup> JANUARY 2026**

TIME	ACTIVITY	VENUE/ RESPONSIBLE PERSON
Wed 28 <sup>th</sup> Jan 2026  1pm	<b>Basics of Ultrasound</b>  Advanced Lung Ultrasound Skills	<b>Stephen Z Frabitore, MD; HVO</b> Anaesthesiologist GA, USA,  Dr. Isabella & Sr. Benny, JB
Thr 29 <sup>th</sup> Jan 2026  2:00 pm-5pm	Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM YR 4 & <b>COMP YR 1</b>	KRRH Hall / Isabella & Sr. Benny, JB
Fri 30 <sup>th</sup> Jan 2026  9am-12 noon   2pm-5pm	Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM Direct YR 1,2,3 & <b>COMP YR 2</b>  Practical Ultrasound Point of Care Workshop & PLAN A blocks - BACM Direct YR 1,2,3,4	KRRH Hall / Dr Zach, Isabella & Sr. Benny, JB  KRRH Hall / Dr Zach, Isabella & Sr. Benny, JB
Fri 30 <sup>th</sup> Jan 2026  9am -1pm   2-5pm	BACM YR 4 Student Research Department presentations  BACM YR Completion 2	  Dr Isabella, Lazia, Sadic, Ocaya, Henry
31 <sup>st</sup> Jan 2026  9am-5 pm	GRAND FINALLE DAY  Workshops all students	KRRH Hall, All KABSOM Staff