



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd Edition

Equity, Access, Relief



30-31 Januari 2026

Ritz Carlton Hotel, Mega Kuningan - Jakarta Selatan



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE

Info and Registration:

@wdrapm.id
082280805700

<https://bit.ly/Reg-3rdWDRAPM2026>
wdrapm.id@gmail.com



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3rd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE INDONESIA COMMITTEE

Ketua Panitia : dr. R. Besthadi Sukmono, Sp.An-TI, KAR
Ketua InaSORA : Dr. dr. Pryambodho, Sp.An-TI., KAR
Ketua ISAPM : Dr. dr. Andi Muh. Takdir, Sp.An-TI., KMN, FIPM

Koordinator Wilayah:

1. Jakarta: dr. Rizky Ramadhana SpAn-TI., FIP., MARS., MM
2. Semarang: dr. Mochamat, Sp.An-TI
3. Yogyakarta: dr. Farhan Ali Rahman, Sp.An-TI., FIPM
4. Makassar: dr. Nur Surya Wirawan, Sp.An-TI., KMN, MKes
5. Palembang: dr. Aidyl Fitrisyah, Sp.An-TI., KMN
6. Surakarta: dr. Bara Adithya, Sp.An-TI
7. Surabaya: dr. Dedi Susila, Sp.An-TI., KMN
8. Bandung: dr. M. Andy Prihartono, Sp.An-TI., KMN., KAR., FIPM., M.Kes
9. Banda Aceh: dr. Rahmi, Sp.An-TI., KAR
10. Medan: Dr. dr. Tasrif Hamdi, M.Ked(An), Sp.An-TI, KMN
11. Manado: dr. Barry Imanuel Kambey, Sp.An-TI
12. Purwokerto: dr. Aunun Rofik, Sp.An-TI
13. Malang: Dr. dr. Ristiawan Muji Laksono, Sp.An-TI., KMN., FIPP
14. Bandar Lampung: dr. Hario Tri Hendroko, Sp.An-TI
15. Pekanbaru: dr. T. Arfi Sulaiman, Sp.An-TI
16. Bali: Dr. dr. IGN Mahaalit Aribawa, Sp.An-TI., KAR
17. Jambi: dr Andi Hasyim, SpAn-TI, CIPS

Anggota :

1. dr. YR. Yosi Asmara, Sp.An., TI., KAR., FIPP
2. dr. Alfian Mahdi Nugroho, Sp.An., TI., KAR., KAO
3. dr. Rahendra, Sp.An-TI., KAR
4. dr. Anggara Gilang Dwiputra, Sp.An-TI
5. dr. Annemarie Chrysantia Melati, Sp.An-TI
6. dr. Weirna Winantiningtyas, Sp.An-TI
7. dr. IGN Akwila Dwi Yundha, Sp.An-TI, FIPM
8. dr. Irfan Meison Hardi, Sp.An-TI, CIPS



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3rd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE PARTICIPANT CITIES

- » 1. City: Jakarta
Venue: Cipto Mangunkusumo Hospital
Coordinator: dr Anggara Gilang Dwiputra, SpAn-TI
- » 2. City: Semarang
Venue: Kariadi Hospital
Coordinator: dr. Mochamat, SpAn-TI
- » 3. City: Yogyakarta
Venue: Sardjito Hospital
Coordinator: dr. Farhan Ali Rahman, SpAn-TI., FIPM
- » 4. City: Makassar
Venue: Universitas Hasanudin Hospital
Coordinator: dr. Nur Surya Wirawan, SpAn-TI., KMN, MKes
- » 5. City: Palembang
Venue: Moh. Hoesin Hospital
Coordinator: dr. Aidyl Fitriyah, SpAn-TI., KMN
- » 6. City: Surakarta
Venue: Moewardi Hospital
Coordinator: dr. Bara Adithya, SpAn-TI
- » 7. City: Surabaya
Venue: Soetomo Hospital
Coordinator: dr. Dedi Susila, SpAn-TI., KMN
- » 8. City: Bandung
Venue: Hasan Sadikin Hospital
Coordinator: dr. M. Andy Prihartono, Sp.An-TI., KMN., KAR., FIPM., M.Kes

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- » 9. City: Banda Aceh
Venue: Zainoel Abidin Hospital
Cordinator: dr. Rahmi, SpAn-TI., KAR
- » 10. City: Medan
Venue: Adam Malik Hospital
Cordinator: Dr. dr. Tasrif Hamdi, M.Ked(An), SpAn-TI, KMN
- » 11. City: Manado
Venue: Kandou Hospital
Cordinator: dr. Barry Imanuel Kambey, SpAn-TI
- » 12. City: Purwokerto
Venue: Margono Soekarjo Hospital
Coordinator: dr. Aunun Rofik, SpAn-TI
- » 13. City: Malang
Venue: Saiful Anwar Hospital
Coordinator: Dr. dr. Ristiawan Muji Laksono, SpAn-TI., KMN., FIPP
- » 14. City: Bandar Lampung
Venue: Bhayangkara Hospital
Coordinator: dr. Hario Tri Hendroko, Sp.An-TI
- » 15. City: Pekanbaru
Venue: Petala Bumi Hospital
Coordinator: dr. T. Arfi Sulaiman, SpAn-TI
- » 16. City: Bali
Venue: Unud Hospital
Coordinator: Dr. dr. IGN Mahaalit Aribawa, SpAn-TI., KAR
- » 17. City : Jambi
Venue : RSUD Raden Mattaher
Coordinator: dr Andi Hasyim, SpAn-Ti, CIPS



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3rd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE JAKARTA - SCIENTIFIC PROGRAM

WEBINAR SERIES

1. From ER to OR : Role of Regional Anesthesia **Minggu, 18 Januari 2026**
2. Updates in Regenerative Therapy in Pain Management
Minggu, 25 Januari 2026

WORKSHOP

Jum'at, 30 Januari 2026

1. Workshop Nerve Tracking in Regional Anesthesia : Guide For Easy and Effective Block
2. Workshop How To Deal with Difficult Spinal

SIMPOSIUM

Sabtu, 31 Januari 2026

- Regenerative Pain Session
- Safe to block? Decoding the New Anticoagulant Guidelines Session
- Lunch Symposium Session
- Next Chapter : Diplomas & International Credentials in Regional Anesthesia and Interventional Pain Session



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WEBINAR SERIES

Minggu, 18 & 25 Januari 2026
Online Zoom Webinar

1. From ER to OR : Role of Regional Anesthesia **Minggu, 18 Januari 2026**

Moderator: dr. Annemarie Chrysantia Melati, SpAn-TI, BMedSci

- 19.00-19.10 ● Re-Registration & Opening
- 19.10-19.30 ● Rescue Block in the Emergency Room
(**dr. Wolf Armbruster - Germany**)
- 19.30-19.50 ● Continuous Peripheral Nerve Block : An Update of the Published
Evidence (**dr. Pryambodho, SpAn-TI., Subsp.An.R (K)**)
- 19.50-20.10 ● Q & A Session
- 20.10-20.15 ● Closing

2. Updates in Regenerative Therapy in Pain Management

Minggu, 25 Januari 2026

Moderator: dr. Oryza Eureka, Sp. An-TI, FIP, CIPS

- 09.00-09.10 ● Re-Registration & Opening
- 09.10-09.30 ● Beginner's Guide to Regenerative Pain Medicine
(**dr. Y.R. Yosi Asmara SpAn-TI, Subsp.An.R (K), FIP, FIPP, CIPS**)
- 09.30-09.50 ● Regeneration Updates 2026: Breakthroughs & Game
Changers (**dr. Said Sofwan, Sp.An-TI, FIPP, FIPM,**)
- 09.50-10.10 ● Q & A Session
- 10.10-10.15 ● Closing



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WORKSHOP 1

Jum'at, 30 Januari 2026

Ritz Carlton Hotel, Mega Kuningan - Jakarta Selatan

1. Workshop Nerve Tracking in Regional Anesthesia : Guide For Easy and Effective Block

Course Director. dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K)

Moderator. dr. Anggara Gilang Dwiputra, Sp.An-TI

Waktu	Kegiatan	Narasumber
08.00-08.15	Registrasi	
08.15-08.30	Pembukaan	dr. Rizky Ramadhana, Sp.An-TI, FIP, MARS, MM
08.30-09.00	Knobology, Scanning, Needling	dr. Alfian Mahdi Nugroho, Sp.An-TI., Subsp.An.R(K), Subsp.An.O(K)
09.00-09.30	Upper Extremity	dr. Dedi Fitri Yadi, Sp.An-TI., Subsp.An.R(K), M.Kes
09.30-10.00	Lower Extremity	dr. Rahendra, Sp.An-TI., Subsp.An.R(K)
10.00-10.15	Q&A	
10.15-10.30	Coffee Break	
10.30-11.15	Skill Station 1 – live scanning: Knobology, Scanning, Needling	dr. Alfian Mahdi Nugroho, Sp.An-TI., Subsp.An.R(K), Subsp.An.O(K)
11.15-13.00	ISHOMA	
13.00-13.45	Skill Station 2 – live scanning: Upper Extremity	dr. Dedi Fitri Yadi, Sp.An-TI., Subsp.An.R(K), M.Kes
13.45-14.30	Skill Station 3 – live scanning: Lower Extremity	dr. Rahendra, Sp.An-TI., Subsp.An.R(K)
14.30-15.00	Wrapping Up	



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WORKSHOP 2

Jum'at, 30 Januari 2026

Ritz Carlton Hotel, Mega Kuningan - Jakarta Selatan

2. Workshop How To Deal with Difficult Spinal

Course Director: dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K)

Moderator: dr. Irfan Meison Hardi, Sp.An-TI, CIPS

Waktu	Kegiatan	Narasumber
08.00-08.15	Registrasi	
08.15-08.30	Pembukaan	dr. Rizky Ramadhana, Sp.An-TI, FIP, MARS, MM
08.30-09.00	Difficult Spinal	dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K)
09.00-09.30	Sonoanatomy in Spinal	Dr. dr. Pryambodho, Sp.An-TI., Subsp.An.R(K)
09.30-10.00	Troubleshooting	dr. Oryza Eureka, Sp.An-TI, FIP, CIPS
10.00-10.15	Q&A	
10.15-10.30	Coffee Break	
10.30-11.15	Skill Station 1 – live scanning: Normal Spine	dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K)
11.15-13.00	ISHOMA	
13.00-13.45	Skill Station 2 – live scanning: Scoliosis	Dr. dr. Pryambodho, Sp.An-TI., Subsp.An.R(K)
13.45-14.30	Skill Station 3 – live scanning: Obesity	dr. Oryza Eureka, Sp.An-TI, FIP, CIPS
14.30-15.00	Wrapping Up	



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SIMPOSIUM

Sabtu, 31 Januari 2026

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Waktu	Acara	Narasumber
07.45-08.15	Registrasi	Panitia
08.15-08.30	Pembukaan	dr. Rizky Ramadhana, Sp.An-TI, FIP, MARS, MM
	Sambutan Ketua Perdatin Jaya	Dr. Hendri Pangestu, Sp.An-TI., Subsp.T.I(K), MH
	Sambutan Ketua PP	Irjen.Pol. Dr. dr. Asep Hendradiana, Sp.An-TI, Subsp.TI(K), M.Kes (Recorded)
	Sambutan Ketua INASORA	Dr. dr. Pryambodho, Sp.An-TI, Subsp.An.R(K)
	Sambutan Ketua ISAPM	Dr. dr. Andi Muh. Takdir, Sp.An-TI, Subsp.M.N(K), FIPM (Recorded)
	Sambutan ESRA	Eleni Moka, MD, PhD, MSc, EDRA (Recorder)
08.30-09.30	Sesi 1: Regenerative Pain Moderator: dr. Ismail Hari Wahyu, Sp.An-TI, Subsp.M.N(K)	
08.30-08.50	Beyond Steroids : Biologics and the Rise of Regenerative Pain Therapy	dr. Y. Rohedi Yosi Asmara, Sp.An-TI, Subsp.An.R(K), FIP, FIPP, CIPS
08.50-09.10	A Glimpse of Precision Regeneration : The Future is Now	dr. Said Shofwan, Sp.An-TI, FIPP, FIPM
09.10-09.30	Q&A	
09.30-09.45	Coffee break	
09.45-10.45	Sesi 2: Regional Anesthesia Safety Moderator: dr. Irma Lusiana Tantri, Sp.An-TI., Subsp.An.R(K)	
09.45-10.05	Safe to block? Decoding the New Anticoagulant Guidelines	Dr. dr. Aida R Tantri, Sp.An-TI., Subsp.An.R(K)
10.05-10.25	Sterile Scan, Perfect Plan: Practical Asepsis in Regional Anesthesia	dr. Rahendra, Sp.An-TI, Subsp.An.R(K)
10.25-10.45	Q&A	
10.45-11.45	Lunch Symposium: Motor-Sparing Blocks for Early Mobilization Moderator: dr. Yuddi Gumara, Sp.An-TI, Subsp.M.N(K)	
10.45-11.05	A Perfect Block, An Unhappy Patient : What did We Miss?	dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K)
11.05-11.25	Post Partum Back Pain : Is The Neuraxial Really Guilty?	Dr. dr. Pryambodho, Sp.An-TI, Subsp.An.R(K)
11.25-11.45	Q&A	
11.45-13.00	ISHOMA	
13.00-14.00	Sesi 3: Next Chapter : Diplomas & International Credentials in Regional Anesthesia and Interventional Pain Moderator: dr. Luther Holan Parasian Napitupulu, Sp.An-TI	
13.00-13.20	Regional Anesthesia : Diplomas, International Credentials and Further Education	dr. R. Besthadi Sukmono, Sp.An-TI., Subsp.An.R(K) dr. A.A Gde Putra Semarajaya, Sp.An-TI, Subsp.An.R(K), ESRA-DRA, M.Biomed, M.H
13.20-13.40	Pain : International Credentials, Diplomas and Further Education	dr. Y. Rohedi Yosi Asmara, Sp.An-TI., Subsp.An.R(K), FIP, FIPP, CIPS dr. Oryza Eureka, Sp.An-TI, FIP, CIPS
13.40-14.00	Q&A	
14.00	Penutup	



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JAKARTA 3rd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE PROGRAM PENGABDIAN MASYARAKAT

EVERYBODY CAN DO CPR

Waktu: Minggu, 1 Februari 2026

Kegiatan Pengabdian Masyarakat – Sertifikat bagi Peserta Simposium

Lokasi: Area Car Free Day

Peserta: Masyarakat umum/awam (terutama yang sedang berolahraga)
di area car free day

Durasi: ± 2–3 jam

Tujuan: Meningkatkan kesadaran dan kemampuan dasar masyarakat
dalam melakukan Bantuan Hidup Dasar (CPR) pada kasus henti jantung.

SUNDAY CFD REGIONAL & PAIN RUNNING

Waktu: Minggu, 1 Februari 2026

Lokasi: Area Car Free Day

Peserta: Masyarakat umum di CFD dan Peserta Simposium

Durasi: ± 2–3 jam

Program terdiri dari 2 komponen utama:

1. Running Activity (Pain Running) – Fun, Non-Competitive
2. Edukasi Kesehatan & Manajemen Nyeri (Pain Talk Corner)



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FORMULIR REGISTRASI

<https://bit.ly/Reg-3rdWDRAPM2026>

Biaya Registrasi

Detail	Dokter Spesialis & Fellow		Dokter Umum & PPDS	
	Sebelum 31 Des 2025	Setelah 31 Des 2025	Sebelum 31 Des 2025	Setelah 31 Des 2025
Webinar Series	100.000 (Gratis Bagi Peserta Simposium)			
Workshop	1.500.000	1.750.000	1.250.000*	1.500.000*
Simposium	1.250.000	1.500.000	750.000	1.000.000
Bundling Ws+Simpo	2.500.000	3.000.000	1.750.000	2.250.000
EveryBody Can Do CPR Sunday CFD Regional & Pain Running	Pengabdian Masyarakat - Bakti Sosial (Gratis Bagi Peserta Simposium)			

*workshop hanya untuk peserta seluruh Dokter Spesialis, Fellow dan PPDS Anestesi

Akomodasi Hotel - terbatas

Nama Hotel	Tipe Kamar	Harga (Special Price)
RITZ CARLTON HOTEL Mega Kuningan - Jakarta Selatan	Grand Room	Rp. 1.750.000 / malam

Pembayaran Registrasi di transfer melalui rekening di bawah ini:

**BANK MANDIRI
ATAS NAMA: PERDATIN
NO. REKENING: 1220011701862**



<https://bit.ly/Reg-3rdWDRAPM2026>



Catatan:

1. Biaya yang telah dibayarkan tidak dapat dikembalikan dengan alasan apapun
2. Mohon Konfirmasi setelah Pembayaran ke Yulia: 0822-8080-5700



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SEKRETARIAT

Apartemen Menteng Square Tower A Lantai 3 - TAO-03-21

Jl. Matraman Raya No.30E, RT.5/RW.6, Kenari, Senen

Jakarta Pusat 10430

 **wdrapm.id@gmail.com**

 **Mila: 0813-8201-3534**

 **Erga: 0812-9526-0421**

 **@wdrapm.id**

Info Pendaftaran

Pendaftaran Peserta Melalui:

<https://bit.ly/Reg-3rdWDRAPM2026>

 **wdrapm.id@gmail.com**

 **0822-8080-5700 (Yulia)**



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