

# WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE IN VIET NAM

## 1. GENERAL INFORMATION

- Event Name: World Day of Regional Anaesthesia & Pain Medicine
- Primary Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Co-organizing Locations: Hue University of Medicine and Pharmacy Hospital, FV Hospital (Ho Chi Minh City), Thai Nguyen Central Hospital, Buon Ma Thuot Medical University Hospital (Dak Lak Province)
- Format: Hybrid (Commencing with an Online Plenary Session, followed by Scientific Presentations and independent hands-on Workshops at each location).

## 2. DETAILED AGENDA

08:30-09:00	<b>WELCOME MESSAGES &amp; ADDRESSINGS</b>
	Opening Remarks by the President of the Vietnam Society of Anaesthesiologists (VSA). <b>Nuala Lucas - Chair of Event</b> ( <i>recording stand by</i> )
09:00 - 11:00	<b>SESSION 1 - THE EVIDENCE CLUB</b>
	<b>Chairperson:</b> <b>Dr Nguyen Van Minh, Dr. Tran Xuan Thinh</b>
09:00 - 09:30	<b>Presentation 1: What is new in the top papers in RA from 2024 - 2025?</b> <i>Tran Xuan Thinh, MD, PhD</i>
09:30 - 10:00	<b>Presentation 2: Regional anesthesia for analgesia after total knee arthroplasty: Balancing pain control and quadriceps weakness</b> <i>Nguyen Thi Ngoc Dao, MD, PhD</i>
10:00 - 10:30	<b>Presentation 3: Perioperative pain management for shoulder arthroscopy: A clinical case series</b> <i>Vu Xuan Quang, MD, MSc</i>
10:30 – 11:00	<b>Presentation 4: The role of multidisciplinary approach in chronic pain management</b> <i>Than Van Quyen, MD</i>
11:00 - 11:30	<b>Q&amp;A - Discussion</b>

## AFTERNOON SESSION

### 1. WORKSHOP AT HUE UNIVERSITY OF MEDICINE AND PHARMACY HOSPITAL

#### Station 1: Live demonstrations - Upper extremities

Dr. Nguyen Van Minh, Dr. Tran Thi thu Lanh, Dr. Pham Thi Minh Thu

#### Station 2: Live demonstrations - Lower extremities

Dr. Tran Xuan Thinh, Dr. Bui Thi Thuong, Dr. Le Van Long

### 2. SCIENTIFIC PROGRAMME AT THAI NGUYEN CENTRAL HOSPITAL

#### The role of nerve blocks in the chronic pain management

14:00 - 14:10	<b>Opening Remarks by the Director of Thai Nguyen Central Hospital</b> Assoc. Prof. Nguyen Cong Hoang, MD, PhD	Via Zoom Platform & Thai Nguyen Central Hospital (Thai Nguyen City)
14:10 - 14:40	<b>Overview of Essential Pain Management (EPM)</b> <b>Speaker:</b> Pham Thi Lan, MD, PhD. Head of the Department of Anaesthesiology and Critical Care, Thai Nguyen University of Medicine and Pharmacy	
14:40 - 15:10	<b>The Role of Nerve Blocks in Chronic Pain Management</b> <b>Speaker:</b> Nguyen Van Toan, MD, MSc. Department of Anaesthesiology and Critical Care, Thai Nguyen University of Medicine and Pharmacy	
15:10 - 15:40	<b>Postoperative Chronic Pain Management: A Clinical Case Study</b> <b>Speaker:</b> Dang Quang Dung, MD, MSc. Acting Head of the Department of Anaesthesiology and Critical Care, Thai Nguyen Central Hospital	
15:40 - 16:00	<b>Discussion</b> <b>Closing Remarks &amp; Conclusion</b> Assoc. Prof. Nguyen Cong Hoang, MD, PhD Director of Thai Nguyen Central Hospital	

### 3. PROGRAMME AT BUON MA THUOT MEDICAL UNIVERSITY HOSPITAL

#### 3.1. GENERAL INFORMATION

- Event Title: Regional Anesthesia for Analgesia in Cesarean Section Surgery
- Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Venue: Buon Ma Thuot Medical University Hospital (BUH), Dak Lak Province
- Format: Scientific Seminar and Hands-on Workshop

### 3.2. DETAILED AGENDA

Time	Content	Format
13:30 - 13:40	Opening Remarks by the Board of Directors of Buon Ma Thuot Medical University Hospital	Venue: Main Briefing Hall, Buon Ma Thuot Medical University Hospital (BUH) & Online via Zoom Platform
13:40 - 14:00	Presentation: <b>Ultrasound-Guided Quadratus Lumborum Block (QL Block)</b> <b>Speaker:</b> Dang The Thanh, MD, Spec. I Head of the Department of Anaesthesiology and Critical Care, Buon Ma Thuot Medical University Hospital (BUH)	
14:00 - 14:20	Presentation: <b>Transversus Abdominis Plane Block - TAP block</b> <b>Speaker:</b> Duong Xuan Thang, MD, Spec. I Department of Anaesthesiology and Critical Care, Buon Ma Thuot Medical University Hospital (BUH)	
14:20 - 14:30	Tea Break	
14:30 - 15:30	<b>Hands-on Workshop:</b> Ultrasound-Guided Quadratus Lumborum Block (QL Block)	2 Stations (6-8 participants/station)
15:30 - 16:30	<b>Hands-on Workshop:</b> Ultrasound-Guided Transversus Abdominis Plane Block (TAP Block)	2 Stations (6-8 participants/station)
16:30 - 17:00	<b>Discussion</b>	
17:00	<b>Closing Remarks &amp; Conclusion</b>	

## 4. PROGRAMME AT FV HOSPITAL

### 4.1. GENERAL INFORMATION

- Event Title: World Day of Regional Anaesthesia & Pain Medicine
- Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Venue: FV Hospital, Ho Chi Minh City
- Format: Scientific Seminar

### 4.2. DETAILED AGENDA

12:20 - 12:30	Opening Remarks by the Director of FV Hospital	Venue: FV Hospital and via Zoom Platform
12:30 - 12:45	Management of Post-Herpetic Neuralgia	
12:45 - 13:00	Adductor Canal Block for Postoperative Analgesia in Total Knee Arthroplasty	
13:00 - 13:15	Obturator nerve block for transurethral bladder surgery	
13:15 - 13:30	Interventional Pain Management for Spinal Pain	