

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE IN VIET NAM

1. GENERAL INFORMATION

- Event Name: World Day of Regional Anaesthesia & Pain Medicine
- Primary Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Co-organizing Locations: Hue University of Medicine and Pharmacy Hospital, FV Hospital (Ho Chi Minh City), Thai Nguyen Central Hospital, Buon Ma Thuot Medical University Hospital (Dak Lak Province)
- Format: Hybrid (Commencing with an Online Plenary Session, followed by Scientific Presentations and independent hands-on Workshops at each location).

2. DETAILED AGENDA

08:30-09:00	WELCOME MESSAGES & ADDRESSINGS
	Opening Remarks by the President of the Vietnam Society of Anaesthesiologists (VSA). Nuala Lucas - Chair of Event (recording stand by)
09:00 - 11:00	SESSION 1 - THE EVIDENCE CLUB
	Chairperson: Dr Nguyen Van Minh, Dr. Tran Xuan Thinh
09:00 - 09:30	Presentation 1: What is new in the top papers in RA from 2024 - 2025? <i>Tran Xuan Thinh, MD, PhD</i>
09:30 - 10:00	Presentation 2: Regional anesthesia for analgesia after total knee arthroplasty: Balancing pain control and quadriceps weakness <i>Nguyen Thi Ngoc Dao, MD, PhD</i>
10:00 - 10:30	Presentation 3: Perioperative pain management for shoulder arthroscopy: A clinical case series <i>Vu Xuan Quang, MD, MSc</i>
10:30 – 11:00	Presentation 4: The role of multidisciplinary approach in chronic pain management <i>Than Van Quyen, MD</i>
11:00 - 11:30	Q&A - Discussion

AFTERNOON SESSION

1. WORKSHOP AT HUE UNIVERSITY OF MEDICINE AND PHARMACY HOSPITAL

Station 1: Live demonstrations - Upper extremities

Dr. Nguyen Van Minh, Dr. Tran Thi thu Lanh, Dr. Pham Thi Minh Thu

Station 2: Live demonstrations - Lower extremities

Dr. Tran Xuan Thinh, Dr. Bui Thi Thuong, Dr. Le Van Long

2. SCIENTIFIC PROGRAMME AT THAI NGUYEN CENTRAL HOSPITAL

The role of nerve blocks in the chronic pain management

14:00 - 14:10	Opening Remarks by the Director of Thai Nguyen Central Hospital <u>Assoc. Prof. Nguyen Cong Hoang, MD, PhD</u>	Via Zoom Platform & Thai Nguyen Central Hospital (Thai Nguyen City)
14:10 - 14:40	Overview of Essential Pain Management (EPM) Speaker: Pham Thi Lan, MD, PhD. Head of the Department of Anaesthesiology and Critical Care, Thai Nguyen University of Medicine and Pharmacy	
14:40 - 15:10	The Role of Nerve Blocks in Chronic Pain Management Speaker: Nguyen Van Toan, MD, MSc. Department of Anaesthesiology and Critical Care, Thai Nguyen University of Medicine and Pharmacy	
15:10 - 15:40	Postoperative Chronic Pain Management: A Clinical Case Study Speaker: Dang Quang Dung, MD, MSc. Acting Head of the Department of Anaesthesiology and Critical Care, Thai Nguyen Central Hospital	
15:40 - 16:00	Discussion Closing Remarks & Conclusion <u>Assoc. Prof. Nguyen Cong Hoang, MD, PhD Director of Thai Nguyen Central Hospital</u>	

3. PROGRAMME AT BUON MA THUOT MEDICAL UNIVERSITY HOSPITAL

3.1. GENERAL INFORMATION

- Event Title: Regional Anesthesia for Analgesia in Cesarean Section Surgery
- Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Venue: Buon Ma Thuot Medical University Hospital (BUH), Dak Lak Province
- Format: Scientific Seminar and Hands-on Workshop

3.2. DETAILED AGENDA

Time	Content	Format
13:30 - 13:40	Opening Remarks by the Board of Directors of Buon Ma Thuot Medical University Hospital	
13:40 - 14:00	Presentation: Ultrasound-Guided Quadratus Lumborum Block (QL Block) Speaker: Dang The Thanh, MD, Spec. I Head of the Department of Anaesthesiology and Critical Care, Buon Ma Thuot Medical University Hospital (BUH)	
14:00 - 14:20	Presentation: Transversus Abdominis Plane Block - TAP block Speaker: Duong Xuan Thang, MD, Spec. I Department of Anaesthesiology and Critical Care, Buon Ma Thuot Medical University Hospital (BUH)	Venue: Main Briefing Hall, Buon Ma Thuot Medical University Hospital (BUH) & Online via Zoom Platform
14:20 - 14:30	Tea Break	
14:30 - 15:30	Hands-on Workshop: Ultrasound-Guided Quadratus Lumborum Block (QL Block)	2 Stations (6-8 participants/station)
15:30 - 16:30	Hands-on Workshop: Ultrasound-Guided Transversus Abdominis Plane Block (TAP Block)	2 Stations (6-8 participants/station)
16:30 - 17:00	Discussion	
17:00	Closing Remarks & Conclusion	

4. PROGRAMME AT FV HOSPITAL

4.1. GENERAL INFORMATION

- Event Title: World Day of Regional Anaesthesia & Pain Medicine
- Organizer: Vietnam Society of Anaesthesiologists (VSA)
- Venue: FV Hospital, Ho Chi Minh City
- Format: Scientific Seminar

4.2. DETAILED AGENDA

12:20 - 12:30	Opening Remarks by the Director of FV Hospital	Venue: FV Hospital and via Zoom Platform
12:30 - 12:45	Management of Post-Herpetic Neuralgia	
12:45 - 13:00	Adductor Canal Block for Postoperative Analgesia in Total Knee Arthroplasty	
13:00 - 13:15	Obturator nerve block for transurethral bladder surgery	
13:15 - 13:30	Interventional Pain Management for Spinal Pain	