



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

WORLD DAY OF REGIONAL ANAESTHESIA AND PAIN MEDICINE

Saturday, 31 January 2026



BERN



Inselspital
Auditorium Maurice E. Müller
Freiburgstrasse 16
3010 Bern



[Registration](#)

Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member, Residents	200.00 CHF



Credits: 8 SSAPM, 6 SGUM. CHAIR: Dr. med. Friedrich Lersch, MSc

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Time	min	Lecture	Speaker
07.30- 8.00	30	morning coffee, registration, inscription to workshops	
08.00-08.15	15	Introduction, house-keeping	Dr Friedrich Lersch
08.15-08.30	15	How to think fascial sheath block fluid dynamics	Dr Friedrich Lersch
08.30-08.45	15	US-guided RA in cardiac and thoracic surgery	Dr Catherine Reid
08.45-09.00	15	Is the TAP-block all we could ever ask for?	PD Dr Dominique Engel
09.00-09.15	15	RA in Intensive Care-improved analgesia?	Dr Margarita Borislavova
09.15-09.30	15	A closer look at nerve-damage via ultrasound	Dr David Lorenzana
09.30-09.45	15	Inducing proximal & distal analgesia from the pelvic level	Dr Heinz Bruppacher
COFFE BREAK			
10.15-10.30	15	Everyday pediatric regional anesthesia	Dr Alessandro Genini
10.30-10.45	15	Hypnotic communication plus RA: another dimension?	Dr Bettina Kleeb
10.45-11.00	15	RA-techniques in preclinical settings	Dr Alexandre Moser
11.00-11.15	15	RA-enabled awake breast surgery	Dr Roman Zürcher
11.15-11.30	15	The most important pain interventions every anesthetist should know	Dr Michael Harnik
11.30-11.45	15	An overview of ophthalmic locoregional blocks (<i>online</i>)	Dr Nicolas Millet
11.45-12.00	15	Optimizing obstetric analgesia with RA (<i>online</i>)	Dr Moira Robertson
		<i>titles in bold focus specially on anatomy as practiced in the afternoon US-workshops</i>	
12:00 – 13:00 LUNCH			
13:00 – 17.00 Ultrasound workshops with life models			
Workshop	min	Workshop	Demonstrator
WORKSHOP A	45	Blocks above the clavicle	OPO D - 128
WORKSHOP B	45	Blocks below the clavicle & upper extremity	OPO D - 128
WORKSHOP C	45	Lower limb blocks, anterior aspect	OPO D - 127
WORKSHOP D	45	Lower limb blocks, posterior aspect	OPO D - 127
WORKSHOP E	45	Chest and abdominal wall blocks	OPO D -126
WORKSHOP F	45	Neuraxis	OPO D - 238
WORKSHOP G	45	Eyes blocks / Fluid dynamic WS	AKL D - 424
WORKSHOP H	45	Hypnotic communication	
Web-link to the presentations of the International faculty from ESRA, ASRA and the other Societies will be made available to all participants			

FACULTY

Dr. med. Margarita Borislavova – Paris	Dr. med. Nicolas Millet - Lausanne
Dr. med. Heinz Bruppacher - Basel	Dr. med. Alexandre Moser - Lausanne
PD Dr. med. Dominique Engel – Inselspital, Bern	Dr. med. Catherine Reid - Hirslanden Klinik, Aarau
Dr. med. Alessandro Genini - Ospedale Regionale di Bellinzona	Dr. med. Moira Robertson - Hôpital de Nyon
Michael Harnik – Inselspital, Bern	Dr. med. Matthias Sluga + Dr. med. Amine Ben Saad – Freiburger Spital
Dr. med. Bettina Kleeb - Burgdorf	Dr. med. univ. Angelika Schaffler – See-Spital, Horgen
Dr. med. Friedrich Lersch – Inselspital, Bern	Dr. med. Simone Valentin – Stadspital Zürich Triemli
Dr. med. David Lorenzana – Balgrist, Zürich	Dr. med. Roman Zürcher – Bethesda Spital, Basel