



# 1<sup>st</sup> ESRA Barcelona RA Cadaver Workshop

May 22-23, 2026  
Barcelona, Spain

## PROGRAMME

Barcelona

### Friday, 22 May 2026

**08:00-08:15** Welcome - *Paul Kessler & Peter Merjavy*

**08:15-09:15** Lectures

**Applied Anatomy for upper limb blocks (20min)** *Sandro Pregolato*

**Blocks above clavicle demo (20min)** *Geert-Jan van Geffen/Maria Paz Sebastian*

**Blocks below clavicle demo (20min)** *Alexandros Makris/Rebecca Heinen*

**09:15-10:45** Workshops – Upper limb above clavicle

**10:45-11:15** Coffee

**11:45-12:45** Workshops – Upper limb below clavicle

**12:45-13:30** Lunch

**13:30-14:30** Lectures

**Applied anatomy for lower limb blocks(20min)** *Carles Espinós*

**Blocks of the lumbar plexus demo (20min)** *Peter Merjavy/Zsolt Ungvari*

**Blocks of the sacral plexus demo(20min)** *Bram Keunen/Axel Sauter*

**14:30-16:00** Workshops – Lumbar plexus blocks

**16:00-16:30** Coffee

**16:30-18:00** Workshops – Sacral plexus blocks

### Saturday, 23 May 2026

**08:15-09:15** Lectures

**Applied anatomy for trunk blocks(20min)** *Xavier Sala-Blanch*

**Thoracic wall blocks demo (20min)** *Ana Lopez/David Nystad*

**Abdominal wall blocks demo (20min)** *Paul Kessler/Imré Van Herreweghe*

**09.15-10.45** Workshops - Thoracic wall blocks

**10:45-11:15** Coffee

**11:45-12:45** Workshops – Abdominal wall blocks

**12:45-13:30** Lunch

**13:30-14:15** Lectures

**Applied anatomy for neuraxial anaesthesia (20min)** *Xavier Sala-Blanch*

**Ultrasound assisted neuraxial anaesthesia demo (20min)** *Xavier Sala-Blanch/Paul Kessler*

**14:15-15:45** Workshops – Neuraxial + Paraspinal (PVB / TEA)

**15:45-16:15** Coffee

**16:15-17:45** Workshops – Free scanning / needling

**17:45-18:00** Final Remarks - *Paul Kessler & Peter Merjavy*