



1st ESRA Barcelona RA Cadaver Workshop

May 22-23, 2026
Barcelona, Spain

PROGRAMME

Barcelona

Friday, 22 May 2026

07:45-08:00 Welcome - *Paul Kessler, Peter Merjavy, Xavier Sala-Blanch and Alberto Prats-Galino*

08:00-09:00 Lectures

Applied Anatomy for upper limb blocks (20min) *Sandro Pregolato*

Blocks above clavicle demo (20min) *Ana Lopez/Maria Paz Sebastian*

Blocks below clavicle demo (20min) *Alexandros Makris/Rebecca Heinen*

09:15-10:45 Workshops – Upper limb above clavicle

10:45-11:15 Coffee

11:45-12:45 Workshops – Upper limb below clavicle

12:45-13:30 Lunch

13:30-14:30 Lectures

Applied anatomy for lower limb blocks(20min) *Carles Espinós*

Blocks of the lumbar plexus demo (20min) *Peter Merjavy/Zsolt Ungvari*

Blocks of the sacral plexus demo(20min) *Bram Keunen/Axel Sauter*

14:30-16:00 Workshops – Lumbar plexus blocks

16:00-16:30 Coffee

16:30-18:00 Workshops – Sacral plexus blocks

Saturday, 23 May 2026

08:15-09:15 Lectures

Applied anatomy for trunk blocks(20min) *Xavier Sala-Blanch*

Thoracic wall blocks demo (20min) *Ana Lopez/David Nystad*

Abdominal wall blocks demo (20min) *Paul Kessler/Imré Van Herreweghe*

09.15-10.45 Workshops - Thoracic wall blocks

10:45-11:15 Coffee

11:45-12:45 Workshops – Abdominal wall blocks

12:45-13:30 Lunch

13:30-14:15 Lectures

Applied anatomy for neuraxial anaesthesia (20min) *Xavier Sala-Blanch*

Ultrasound assisted neuraxial anaesthesia demo (20min) *Xavier Sala-Blanch/Paul Kessler*

14:15-15:45 Workshops – Neuraxial + Paraspinal (PVB / TEA)

15:45-16:15 Coffee

16:15-17:45 Workshops – Free scanning / needling

17:45-18:00 Final Remarks - *Paul Kessler & Peter Merjavy*