



3rd World day of Regional Anaesthesia and Pain medicine

We kindly invite our junior colleagues (1st year Anaesthesia and Intensive care trainees) to attend the World Day of Regional Anaesthesia and Pain Medicine (WDRAPM) course, which will take place on the 31st January, 2026 in Kaunas, Lithuania.

The course, organised together with the Lithuanian Society of Anaesthesiology and Intensive Care, is part of the global WDRAPM week events. This will be the third time the course is being organised at Lithuanian University of Health Sciences (LUHS). We are waiting for the participants from University of Latvia, Vilnius University and LUHS.

During the course, the attendees will get a crash course on regional anaesthesia. The course is organised in coordination with the Institute of Anatomy of LUHS, bringing the participants the unique ability to learn using the remains of the human body. All of the participants of the course will also be granted a 50% reduction on the 2026 European Society of regional Anesthesia membership fee.

**SATURDAY, 31ST JANUARY
INSTITUTE OF ANATOMY AT LUHS**

8:00-8:30 Registration

8:30 - 9:00 Introduction

9:00 - 11:00 theory

9:00 Journal club: Local discussion of top paper talks in regional anesthesia and pain medicine from 2024 - 25

11:00 - 12:00 Lunch

12:00 – 16:00 Hands – on sessions

Cadaver based workshops on supraclavicular, infraclavicular, proximal lower limb and distal limb blocks

14:00- 14:15 Coffee break.

14:15 – 16:00 workshops continue

16:00-17:00 Questions. Discussion.



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



WWRAPM
WORLD WEEK OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE

LOCATION OF THE VENUE

Address: A. Mickeviciaus 9, 44307, Kaunas, Lithuania

Link: <https://maps.app.goo.gl/Ux9PpJoxcEdywBgs6>

QR code for location:



Where to park a car: AKROPOLIS, a shopping mall, Karaliaus Mindaugo pr. 49, 44333, Kaunas