



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

3rd Edition

Equity, Access, Relief

Saturday, 31 January 2026



ABU DHABI LOCAL PROGRAM

World Day of Regional Anaesthesia & Pain Medicine 2026

Centre of Innovation and Medical Simulation – SSMC Abu Dhabi



EMIRATES
SCHOLARS OF
ANESTHESIOLOGY

Your Local Face-to-Face Meeting
There must be one city around you!



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



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Info and Registrations
esraeurope.org

ABU DHABI LOCAL PROGRAM – 31st JAN 2026

SESSION 1 – INNOVATION · RESCUE

09:00–10:00

- Innovation in drug delivery, catheters, pumps and adjuvants.
- Decision-support tools for safer RA practice.
- Rescue strategies for incomplete or failed blocks.

MORNING COFFEE BREAK

10:00–10:15

SESSION 2 – BEYOND THE BLOCK

10:15–11:35

- RA in trauma, emergency and humanitarian settings.
- Transitional Pain Services – preventing chronic post-surgical pain.
- What's new in obstetric RA.
- Paediatric RA for comfort and safety.

MID-MORNING COFFEE BREAK

11:35–11:50

SESSION 3 – SIMULATION & CRISIS SCENARIOS

11:50–13:10

- Suspected pneumothorax in RA.
- Peripheral nerve block failure on ward.
- PDPH and labour analgesia troubleshooting.
- Human factors & team communication.

LUNCH BREAK

13:10–13:40

PRACTICAL HANDS-ON WORKSHOPS

13:40–15:40

- Ultrasound-guided upper limb stations.
- Lower limb blocks.
- Truncal & abdominal wall blocks.
- Neuraxial and catheter techniques.

SESSION 4 – QUIZ & COMPETITION (SLIDO)

15:40–16:40

- Interactive regional anaesthesia quiz.
- Top 3 participants win free registration to ESRA Lisbon 2026.