



**The European Society of
Regional Anaesthesia & Pain Therapy**
Crossing Boundaries, Transforming Care



CORE BLOCKS

- Superficial Cervical Plexus Block
- Interscalene Block
- Axillary Brachial Plexus Block
- Distal Upper Limb Blocks
- ESP Block
- SAP Block
- Rectus Sheath Block
- TAP Block (Midaxillary & Subcostal)
- Lumbar Neuraxial Scan
- Femoral Triangle Block
- Femoral Nerve Block
- Suprainguinal Fascia Iliaca Block
- Popliteal Block

INTERMEDIATE / ADVANCED BLOCKS

- Suprascapular N. Block (Anterior & Posterior Approach)
- Axillary N. Block (Posterior – Humeral Approach)
- Intercostobrachial + Medial Cutaneous Brachial N. Blocks
- Cutaneous Nerves at Elbow (Post / Lat / Med)
- Supraclavicular Brachial Plexus Block
- Infraclavicular & Costoclavicular Block
- IPPB [PECS1] / PSPB [PECS 2]
- Thoracic PVB (Parasagittal & Transverse Approach)
- Anterior QLB
- II/IH Block
- Lateral Femoral Cutaneous N. Block
- Peng Block
- iPACK + Geniculars
- Ankle Block
- Parasternal Plane Block (Superficial & Deep)
- Lateral QLB
- Posterior QLB
- Obturator Nerve Block (Ant & Post Branches)
- Proximal Sciatic N Block (Anterior Approach)
- Sciatic N Block (Lateral Midfemoral Approach)



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