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ESRA-DRA Part 1 Reading list

Books

Regional Anaesthesia

Hadzic. Textbook of Regional Anesthesia and Acute Pain Management. 2nd edition, 2017

Karmakar. Atlas Of Sonoanatomy for Regional Anesthesia and Pain Medicine. 2018

Townsley, Bedford, Nicholls, Wilkinson. RA-UK handbook. A pocket guide to Ultrasound Guided RA. 2nd edition, 2019

Albrecht, Bloc, Cadas, Grape, Kirkham. The Book of Ultrasound Guided RA. 2nd edition, 2018

Obstetric Anaesthesia

Clark, Van de Velde, Fernando. Oxford Textbook of Obstetric Anaesthesia 1st Edition, 2016

Acute Pain

Ballantyne, Fishman and Rathmell. Bonica's Management of Pain. 5th edition, 2019

Statistics

Peacock and Peacock. Oxford Handbook of Medical Statistics. 2nd edition, 2020

Recommended websites

Regional anaesthesia:

Access recommended material for the preparation of the ESRA-DRA examinations on the ESRA Academy! [Click here](#) for direct access

ESRA guidelines: <https://esraeurope.org/guidelines/>

ASRA Advisories and guidelines: <https://www.asra.com/guidelines-articles/guidelines>

Procedure specific postoperative pain management (PROSPECT):
<http://www.postoppain.org/>

RA-UK guidelines: <https://www.ra-uk.org/>



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Australian and New Zealand College of Anaesthesia and Faculty of Pain Medicine. Acute Pain Management: Scientific Evidence 5th edition 2020

<https://www.anzca.edu.au/resources/college-publications/acute-pain-management/apmse5.pdf>

Centre for evidence-based medicine tools <https://www.cebm.ox.ac.uk/resources/ebm-tools>

Recommended articles/reviews (Part 1):

- Feigl GC, Litz RJ, Marhofer P. Anatomy of the brachial plexus and its implications for daily clinical practice: regional anesthesia is applied anatomy. *Reg Anesth Pain Med* 2020; **45**: 620-627.
- Chin KJ, McDonnell JG, Carvalho B, Sharkey A, Pawa A, Gadsden J. Essentials of Our Current Understanding: Abdominal Wall Blocks. *Reg Anesth Pain Med* 2017; **42**: 133-183.
- Tran DQ, Salinas FV, Benzon HT, Neal JM. Lower extremity regional anesthesia: essentials of our current understanding. *Reg Anesth Pain Med* 2019; **44**: 143-180.
- Chin KJ, Versyck B, Pawa A. Ultrasound-guided fascial plane blocks of the chest wall: a state-of-the-art review. *Anaesthesia* 2021; **76** (Suppl 1): 110-126.
- Desai N, Kirkham KR, Albrecht E. Local anaesthetic adjuncts for peripheral regional anaesthesia: a narrative review. *Anaesthesia* 2021; **76** (Suppl 1): 100-109.
- Macfarlane AJR, Gitman M, Bornstein KJ, El-Boghdadly K, Weinberg G. Updates in our understanding of local anaesthetic systemic toxicity: a narrative review. *Anaesthesia* 2021; **76** (Suppl 1): 27-39.
- Neal JM, Neal EJ, Weinberg GL. American Society of Regional Anesthesia and Pain Medicine Local Anesthetic Systemic Toxicity checklist: 2020 version. *Reg Anesth Pain Med* 2021; **46**: 81-82.
- Neal JM, Barrington MJ, Brull R, Hadzic A, Hebl JR, Horlocker TT, Huntoon MA, Kopp SL, Rathmell JP, Watson JC. The Second ASRA Practice Advisory on Neurologic Complications Associated With Regional Anesthesia and Pain Medicine: Executive Summary 2015. *Reg Anesth Pain Med* 2015; **40**: 401-30.
- Narouze S, Benzon HT, Provenzano D, Buvanendran A, De Andres J, Deer T, Rauck R, Huntoon MA. Interventional Spine and Pain Procedures in Patients on Antiplatelet and Anticoagulant Medications (Second Edition): Guidelines From the American Society of Regional Anesthesia and Pain Medicine, the European Society of Regional Anaesthesia and Pain Therapy, the American Academy of Pain Medicine, the



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International Neuromodulation Society, the North American Neuromodulation Society, and the World Institute of Pain. *Reg Anesth Pain Med* 2018; **43**: 225-262.

- Nathanson MH, Harrop-Griffiths W, Aldington DJ, Forward D, Mannion S, Kinnear-Mellor RGM, Miller KL, Ratnayake B, Wiles MD, Wolmarans MR.

Regional analgesia for lower leg trauma and the risk of acute compartment syndrome: Guideline from the Association of Anaesthetists. *Anaesthesia* 2021; **76**: 1518-1525.

Regional Anaesthesia collections

BJA Education Regional Anaesthesia collection

<https://www.bjaed.org/regional-anaesthesia-collection>

Anaesthesia Special Issue: Fundamentals and Innovations in Regional Anaesthesia 2021

<https://associationofanaesthetists-publications.onlinelibrary.wiley.com/toc/13652044/2021/76/S1>

Disclaimer – ESRA does not guarantee that the content of the material recommended above, including the ESRA Academy, will be the only source of examination questions. However, examiners are asked to focus on this material, particularly for Anatomy/Pharmacology and Sedation/Physics and Equipment/Physiology/Statistics & Study Methodology questions.

Each question and the answer can be tracked back to ensure its source and validity (the ESRA-DRA Board will have access to this reference list).

Additional resources for ESRA-DRA Part 2B

Questions will not be set from these directly. However candidates may find these useful sources of information in addition to the above.

www.usra.ca

www.nysora.com

Youtube channels:

[Ki Jinn Chin](#)

[Duke University Regional Anesthesia and Acute Pain](#)