

15th ESRA Pain Cadaver Workshop

18-19 February 2026
Innsbruck, Austria



PROGRAMME

Wednesday, 18 February 2026

15:30-16:00: Registration

15:30-16:00: Welcome - *Andrzej Krol, David Lorenzana*

16:10-16:30: Ultrasound in Pain Medicine - An Introduction - *Andrzej Krol*

16:30-16:45: Relevant Sono-Anatomy - *Hanne-Rose Honis*

16:45-17:15: Interactive Lecture Live Model Demo - *David Lorenzana/Gustavo Fabregat*

Lower Back: Lumbar Facets / Sacroiliac Joint, Caudal Posterior Pelvis: Gluteal Pain Syndrome

17:15-17:30: - *Coffee break*

17:30-17:45: Relevant Sono-Anatomy - *Andrzej Krol/Luis Valdes/Paul Kessler*

Anterior Abdominal Wall / Hip & Trochanter/ Knee and Genicular Nerves

17:45-18:15: Interactive Lecture Live Model Demo - *Andrzej Krol/Luis Valdes/Paul Kessler*

Anterior Abdominal Wall / Hip & Trochanter/ Knee and Genicular Nerves

18:15-18:30: Relevant Sono-Anatomy - *Hanne-Rose Honis*

18:30-18:45: Interactive Lecture Live Model Demo- *Thomas Haag/Kiran Koneti*

Suprascapular Nerve / Shoulder / Upper Limb Common Nerves Entrapments

Thursday, 19 February 2026

08:30-08:45: Relevant Sono-Anatomy - *Hanne-Rose Honis*

08:45-09:15: Interactive Lecture Live Model Demo - *Katrin*

Meyer and Esperanza Ortigosa

Cervical Spine / Nerve Roots / Medial Branches / Cervical Plexus / Stellate Ganglion

09:30-12:30: Hands-On Workshops– *All Faculty*

12:30-13:30: *Lunch*

13:30-16:30: Hands-On Workshops – *All Faculty*

(*Coffee breaks: 10:50-11:10 and 14:50-15:10*)

16:30-17:00: Case Discussions / Closure - *All Faculty*

Models – Hands-On Ultrasound Scanning

- Anterior Neck (Cervical Roots, Suprascapular nerve, Stellate Ganglion)
- Lateral & Posterior Neck (GON, CMB, Suprascapular Nerve (Posterior) , Shoulder Joint)
- Anterior Abdominal Wall / Hip / Knee
- Lumbar Spine / Posterior Pelvis

Cadavers – Scanning and Needling

- Cervical Roots, Suprascapular nerve, Stellate Ganglion
- Lateral & Posterior Neck/Thorax (GON, CMB, Suprascapular Nerve (Posterior) , Shoulder Joint Including Radiofrequency Ablation)
- Anterior Abdominal Wall / Hip / Knee
- Lumbar Spine / Posterior Pelvis (Gluteal Region)