



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

One day. One programme.
In all Continents
Simultaneously.

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25th January 2025

MANİSA – Celal Bayar University



WORLD DAY



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org

**2nd WORLD DAY
OF REGIONAL ANAESTHESIA
& PAIN MEDICINE**

25 JANUARY 2025

08:30 - 09:00

Opening

İsmet Topçu

Up-to-date Literature

09:00 - 09:10

Regional Anaesthesia – Sinem Sarı

09:10 - 09:20

Perioperative Care – Özlem Sağır

09:20 - 09:30

POCUS – Onur Kumcu

09:30 - 09:35

Discussion

Joint Club (Hip Surgeries) - Session Chair: Bakiye Uğurlu

09:35 - 09:50

Anatomy– Birzat Emre Gölboyu

09:50 - 10:05

Evidence Based Practice: Regional Anaesthesia - Nezh Sertöz

10:05 - 10:20

Block combination in hip surgeries - Hakan Aygün

10:20 - 10:25

Discussion

Ultrasound Club – Session Chair: Semih Küçükgüçlü

10:25 - 10:40

How to teach ultrasound for peripheral nerve blocks – Ali İhsan Uysal

10:40 - 10:55

Neuraxial Ultrasound - Hande Gürbüz

10:55 - 11:00

Discussion

11:00 - 11:10

COFFEE BREAK

AI and Sustainability Club – Session Chair: Gönül Tezcan Keleş

11:10 - 11:25

AI in Regional Anaesthesia – Zeki Tekgül

11:25 - 11:40

Environmental Benefit of RA – Başak Alkparmak

11:40 - 11:45

Discussion



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From Present to Future POCUS – Session Chair: Bahar Kuvaki Balkan

11:45 - 12:00	Airway – Vascular-gastric - İsmet Topçu
12:00 - 12:15	Echocardiography - Tülün Öztürk
12:15 - 12:20	Discussion

12:20 – 13:15 Lunch

Acute and Chronic Pain Club – Session Chair: Pakize Kırdemir

13:15 - 13:30	Risk factors for chronic postoperative pain – Yüksel Erkin
13:30 - 13:45	Biomarkers for Chronic Pain – Can Eyigör
13:45 - 14:00	Can we implement a personalized program for postoperative pain? – Meltem Uyar
14:00 - 14:15	Integrative medicine in chronic pain – Hale Aksu
14:15 - 14:20	Discussion

Mother & Child Club – Session Chair: Semra Karaman

14:20 - 14:35	Key points for spinal anesthesia in caesarean section - Asuman Sargin
14:35 - 14:50	Safety in pediatric regional anesthesia – Gaye Aydın
14:50 - 14:55	Discussion

14:55 - 15:05 COFFEE BREAK

HANDS-ON Clinical Workshop (on models)

Upper Extremity	Lower Extremity	Thoracic Wall Blocks	Abdominal Wall Blocks	Airway -gastric	Echo-vascular
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Instructors:

İsmet Topçu, Semih Küçükgülü, Tülün Öztürk, Nezih Sertöz, Zeki Tekgül, Başak Alkparmak, Ali İhsan Uysal, Hande Gürbüz, Hakan Ayygün, Asuman Sargin.

