



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care



## Program - 2nd World day ESRA Saturday 25th of January 2025 UZ Leuven, auditorium Orchidee

- **08h00 - 08h35: We Have Read the Literature for You: Sister Societies Journal Club - Matthias Lapere, AZ Groeninge**
  - Regional Anaesthesia
  - Perioperative Care
  - POCUS
  - Chronic Pain

*Q&A – Discussion + PODCAST*
- **08h35 - 09h10: The «Joint» Club: Everything You Need to Know for Foot and Ankle Procedures Aliaksandra Parashchanka, UZ Gent**
  - Back to Basics: Ankle and Foot Anatomy
  - Evidence Based Practice: RA Application in Foot and Ankle Surgery
  - How I do it: Pro and Con of different practices

*Q&A – Discussion + PODCAST*
- **09h10 - 09h30: Coffee break**
- **09h30 - 10h35: The "Ultrasound" Club: Tips and tricks for mastering Marco Dimaano, UZ Leuven**
  - How to teach ultrasound-guided peripheral nerve blocks
  - All about neuraxial ultrasound

*Q&A – Discussion + PODCAST*
- **10h35 - 11h10: The "AI" Club: What the future holds Bram Keunen, Jessa Ziekenhuis Hasselt**
  - Advances and Utility of Artificial Intelligence in Regional Anaesthesia
  - Advances and Utility of Artificial Intelligence in Pain Medicine

*Q&A – Discussion + PODCAST*
- **11h10 - 11h45: The "Acute & Chronic Pain Medicine" Club: Everything you need to know to avoid pain - Steve Coppens, UZ Leuven**
  - Risk factors for chronic postsurgical pain
  - Biomarkers for chronic pain: current evidence
  - Personalized programme for postsurgical pain: Ready for it?
  - The benefits of integrative medicine for chronic pain?

*Q&A – Discussion + PODCAST*
- **11h45 - 12h45 : Lunch**
- **11h45h - 13h45: Hands – On Clinical Workshops**
  - LIVE Demonstrations
  - Roundtable discussion: subject left to participants' choice