



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care



AFRICAN  
Society of  
Regional  
Anaesthesia



Endorsed by



Joining Hands for  
a Pain Free Future Worldwide

One day. One programme.  
In all continents simultaneously.  
In over 150 cities worldwide.

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25<sup>th</sup> January 2025



**PAJUNK**<sup>®</sup>  
Real People. Real Care.



GE HealthCare

Your Local Face-to-Face Meeting

*There must be one city around you!*



**WDRAPM**  
WORLD DAY OF REGIONAL  
ANAESTHESIA AND PAIN MEDICINE



Info and Registrations  
[esraeurope.org](http://esraeurope.org)

Joining Hands for a Pain Free Future Worldwide

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 25 January 2025

## ORGANIZING & SCIENTIFIC COMMITTEE

### ESRA

#### Chair

Sebastien Bloc (France)

#### Members

- Barbara Breebaart (Belgium)
- Dan Dirzu (Romania)
- Nuala Lucas (UK)
- Alan MacFarlane (UK)
- Peter Merjavy (UK)
- Axel Sauter (Norway)
- Kassiani Theodoraki (Greece)

#### Trainees Representative

- Fay Alevrogianni (Greece)



**WDRAPM**  
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## Sister Societies & Continents Leaders – Representatives

#### ASRA Pain Medicine: USA

Stuart Grant (North Carolina, Chapel Hill, NC)  
Edward R. Mariano (Palo Alto, California, CA)

#### CAS RA SIG: Canada

Vivian Ip (Calgary, Alberta)  
Vishal Uppal (Halifax, Nova Scotia)

#### LASRA: Latin America

Ana Eugenia Herrera (Costa Rica)  
Ana Schwartzman (Uruguay)  
Sidonia Suazo (Honduras)

#### AFSRA: Africa

Ezzat Samy Aziz (Egypt)  
Mohamad Mostafa Mohamad (Egypt)

#### AOSRA Pain Medicine

##### • Asia

Justin Sangwook Ko (Republic of Korea)  
Besthadi Suknomo (Indonesia)  
Suwimon Tangwiwat (Thailand)

##### • Oceania (Australia & New Zealand)

Alwin Chuan (Sydney, Australia)  
Katrina Webster (Hobart, Australia)

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Joining Hands for a Pain Free Future Worldwide

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

WORLD DAY

Saturday, 25 January 2025

## WELCOME MESSAGE

*Dear Colleagues, Dear Friends,*

It is with immense pride and enthusiasm that we welcome you to the **2nd World Week and 2nd World Day of Regional Anaesthesia (RA) & Pain Medicine (PM)**, an initiative of ESRA, in close collaboration with our Sister Societies—AFSRA, ASRA Pain Medicine, AOSRA Pain Medicine, and LASRA, as well as National Societies of RA and PM across all continents. From Saturday, 18th January to Saturday, 25th January 2025, the global anaesthesia and pain physicians community will once again unite to shine a spotlight on the transformative fields of RA and PM under the theme that continues to inspire us all:

### **“Joining Hands for a Pain Free Future Worldwide”**

Next January, building on the incredible success of the inaugural event in 2024—which brought together more than 14,000 participants across 140 cities from 60 countries worldwide—we are excited to expand this initiative even further. The **2nd World Day and 2nd World Week of Regional Anaesthesia and Pain Medicine** will involve more cities across all continents, more participants, and even greater collaboration, reinforcing our shared mission to improve the quality of life for our patients worldwide. Together, we will convene for local, in-person meetings, online virtual activities, interactive sessions, hands-on workshops, and invaluable exchanges between trainees and experts, creating opportunities for learning, reflection, and progress.

**Pain knows no boundaries—neither age nor gender—and its impact on quality of life is profound.** As specialists in RA and Pain Medicine, we have the tools and knowledge to transform lives, providing relief, comfort, and hope to those who need it most. This initiative exemplifies our commitment to advancing access to care of high quality, reducing suffering, and promoting humanity in medical practice.

The **2nd World Week and 2nd World Day of Regional Anaesthesia and Pain Medicine** are more than just events—they are **A Global Call to Action and A Celebration of the Power of Partnerships**. By joining forces, we continue to advance research, share best practices, and inspire meaningful change in healthcare. Together, we are building a future where effective pain management is not just an aspiration but a universal reality.

As we embark on this journey, let us also take a moment to reflect on the progress we have made and the challenges that remain. With dedication, expertise, and collaboration, there is no limit to what we can achieve. Together, we are not just shaping the future of Regional Anaesthesia and Pain Medicine—we are shaping a world where unnecessary pain is a thing of the past.

On behalf of ESRA and the organizing committee of the 2nd World Day and 2nd Week of Regional Anaesthesia and Pain Medicine, we extend our heartfelt thanks to all of you for your enthusiasm, your dedication, and your belief in this global movement. Let us once again join hands, share knowledge, and work together towards a pain-free future for everyone, everywhere.

Thank you for your spirit of enthusiasm, for contributing to our mission fulfillment, and for being a part of this global movement.

**Happy 2nd World Week and 2nd World Day of Regional Anaesthesia and Pain Medicine!**

*With Cordial Greetings*

**Eleni Moka (Greece)**  
ESRA President

**Sebastien Bloc (France)**  
Chair of the Event  
Organizing & Scientific Committee

**Your Local Face-to-Face Meeting**  
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Joining Hands for a Pain Free Future Worldwide

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

# WORLD DAY

Saturday, 25 January 2025

## COMMON SCIENTIFIC PROGRAMME ONE DAY, ACROSS ALL CONTINENTS!!!

### Suggested Topics – Morning Sessions ...

#### «Sister Societies» Journal Club

##### We Have Read the Literature for You

- Regional Anaesthesia
- Perioperative Care
- POCUS
- Chronic Pain
- Q&A – Discussion

#### The «Joint» Club

##### Everything You Need to Know for Foot & Ankle Procedures

- Back to Basics: Ankle and Foot Anatomy
- Evidence Based Practice: RA Application in Foot and Ankle Surgery
- How I Do it: PROs & CONs of Different Practices
- Q&A – Discussion

#### The «Ultrasound» Club

##### Tips & Tricks for Mastering USGRA

- How to Teach Ultrasound – Guided Peripheral Nerve Blocks
- All about Neuraxial Ultrasound
- Q&A – Discussion

#### The «AI» Club

##### What the Future Holds

- Advances and Utility of Artificial Intelligence (AI) in Regional Anaesthesia
- Advances and Utility of Artificial Intelligence (AI) in Pain Medicine
- Q&A – Discussion

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## COMMON SCIENTIFIC PROGRAMME ONE DAY, ACROSS ALL CONTINENTS!!!

### Suggested Topics – Afternoon Sessions ...

#### «The Green» Club

##### Everything You need to Know about Environmental Sustainability

- Environmental Benefits of RA: What Do We Know?
- Strategies for Environmental Sustainability: How Can We Start and/or Do More?
- Q&A – Discussion

#### The «Acute & Chronic Pain Medicine» Club

##### Everything You Need to Know to Avoid Pain

- Risk factors for Chronic Postsurgical Pain
- Biomarkers for Chronic Pain: Current Evidence
- Personalized Program for Postsurgical Pain: Ready for it?
- The Benefits of Integrative Medicine for Chronic Pain
- Q&A – Discussion

#### The «Mother & Child» Club

##### Everything you need to know about Obstetric & Paediatric RA

- Managing the Failing Epidural
- POCUS in Obstetric Anaesthesia
- Paediatric RA Plan A Blocks
- Q&A – Discussion

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## COMMON SCIENTIFIC PROGRAMME ONE DAY, ACROSS ALL CONTINENTS!!!

### Suggested Topics – Afternoon & Evening Sessions ...

- LIVE Demonstrations
- Hands – On Clinical Workshops
- Open Round Table Discussion: Subject Left to Participants Choice

### Video Podcasts ...

- **Rosie Hogg (UK)**  
The most important articles I've read for POCUS in the last 12 months
- **Kariem El-Boghdadly (UK)**  
Perioperative Pain Management in Adults
- **Steve Coppens (Belgium)**  
Enhanced Recovery RA Programs
- **Vicente Roques (Spain)**  
How to take advantage of AI in your presentations
- **Vivian Ip (Canada)**  
Green Regional Anaesthesia
- **Patricia Lavand'homme (Belgium)**  
Chronic Post Surgical Pain & Transitional Pain Services – the European Perspective
- **Edward Mariano (USA)**  
Chronic Post Surgical Pain & Transitional Pain Services – the North America Perspective
- **Nuala Lucas (UK)**  
Obstetric RA – New Perspectives
- **PROSPECT Working Group (ESRA WG)**  
Focus on Procedure Specific Postoperative Pain Management

**Your Local Face-to-Face Meeting**  
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## COMMON SCIENTIFIC PROGRAMME ONE DAY, ACROSS ALL CONTINENTS!!!

Plus, A Lot More...

- Country-Wide Webinars
- Live Streaming & YouTube Channel Connections
- Dedicated App Available
  - ✓ Live Chats in Between Cities
  - ✓ Surveys Across Cities / Countries / Continents
- Fun Session - «Escape» Game [Awards & Competitions]



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Saturday, 25 January 2025

## COMMON SCIENTIFIC PROGRAMME ONE DAY, ACROSS ALL CONTINENTS!!!

- EUROPE ...
- AFRICA ...
- ASIA ...
- MIDDLE EAST – GULF ...
- NORTH AMERICA – USA & CANADA ...
- LATIN AMERICA ...
- OCEANIA – AUSTRALIA & NEW ZEALAND ...

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## PARTICIPATING COUNTRIES & CITIES

### EUROPE

#### AUSTRIA

Steyr

#### BALTIC STATES

Kaunas (Lithuania)

#### BELGIUM

Leuven-Brussels

#### FRANCE

Paris, La Reunion

#### GERMANY

Marburg, Schwäbisch Hall

#### GREECE

Athens, Thessaloniki, Larissa  
Ioannina, Rethymnon-Crete

#### IRELAND

Dublin, Galway, Letterkenny  
& an Ireland-Wide Webinar

#### ITALY

Castellanza, Rome, San Giovanni Rotondo

#### NETHERLANDS

Eindhoven / Veldhoven

#### POLAND

Katowice, Poznan, Szczecin, Warsaw

#### PORTUGAL

Funchal, Ponta Delgada, Porto

#### ROMANIA

Bucharest, Cluj-Napoca, Craiova, Iasi  
Targu-Mures, Timisoara

#### SCANDINAVIA - NORDIC COUNTRIES

for a Nordic Countries-Wide Webinar  
Denmark, Finland, Iceland, Norway, Sweden

#### SLOVAKIA

Banska Bystrica

#### SLOVENIA

Ljubljana

#### SPAIN

Alicante, Barcelona, La Coruna, Madrid, Marbella  
San Sebastian, Sevilla, Valladolid

#### SWITZERLAND

Bern

#### TURKEY

Ankara, Istanbul, Manisa

#### UNITED KINGDOM

England: Canterbury, Frimley, Hull, Newcastle  
Upon Tyne, Nottingham

Wales: Bangor

#### UKRAINE

Ivano-Frankivsk, Kiev, Rivne, Vinnitsa

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### AFRICA

#### ALGERIA

Algiers

#### ANGOLA

Luanda

#### BURKINA FASO

Bobo Dioulasso  
Ouagadougou

#### CAMEROON

Garoua, Yaounde

#### DEMOCRATIC REPUBLIC OF CONGO (DRC)

Kinshasa

#### EGYPT

Benha, Cairo

#### GHANA

Cape Coast

#### IVORY COAST

Abidjan

#### KENYA

Nairobi

#### LIBERIA

Monrovia

#### LIBYA

Tripoli

#### MALI

Bamako

#### MOROCCO

Casablanca

#### MOZAMBIQUE

Maputo

#### NAMIBIA

Windhoek

#### RWANDA

Kigali

#### SENEGAL

Dakar

#### SOMALIA

Mogadishu

#### SOMALILAND

Hargeisa

#### SOUTH AFRICA

Cape Town  
George  
Johannesburg  
Mthatha

#### UGANDA

Kabale

#### ZAMBIA

Lusaca

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### ASIA & MIDDLE EAST-GULF

#### BANGLADESH

Bangabandhu Sheikh Mujib (BSM)  
Chattogram  
Dhaka North  
Dhaka South  
Rajshahi

#### CHINA

Beijing  
Chengdu  
Hang Zhou  
Hong Kong

#### FIJI

Labasa  
Lautoka  
Suva

#### INDIA

Bangalore  
Bhuvaneshwar  
Coimbatore  
Delhi  
Gorakhpur  
Jaipur  
Kochi  
Mumbai  
Nagpur  
Pondicherry  
Rajkot

#### IRAN

Tehran

#### INDONESIA

Banda Aceh  
Bandar Lampung  
Bandung  
Denpasar  
Jakarta  
Makassar  
Malang  
Manado  
Medan  
Padang  
Palembang  
Pekanbaru  
Purwokerto  
Semarang  
Surabaya  
Surakarta  
Yogyakarta

#### JAPAN

Izumo  
Nagasaki  
Nagoya  
Osaka  
Yokohama

#### KINGDOM OF SAUDI ARABIA

Riyadh

#### MALAYSIA

Iskandar Puteri (Former Nusajaya)  
Johor

#### MAURITIUS

TBA

#### MONGOLIA

TBA

#### NEPAL

TBA

#### OMAN

Muscat

#### PHILIPPINES

Clark-Pampanga  
Davao City (Mindanao)  
Manila

#### REPUBLIC OF KOREA

Seoul

#### SINGAPORE

Singapore

#### SRI LANKA

Colombo, Paradeniya (Kandy)

#### THAILAND

Bangkok, Chiang Mai,  
Khon Kaen, Songkhla

#### UNITED ARAB EMIRATES (UAE)

Abu Dhabi

#### VIETNAM

Hanoi, Thai Nguyen

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## PARTICIPATING COUNTRIES & CITIES

### NORTH AMERICA

#### UNITED STATES OF AMERICA (USA)

Chapel Hill, North Carolina, NC  
Charlottesville, Virginia, VA  
Cleveland, Ohio, OH  
Jacksonville, Florida, FL  
Madison, Wisconsin, WI  
Nashville, Tennessee, TN  
New York City, New York, NY  
Palo Alto, California, CA  
Rochester, Minnesota, MN  
San Antonio, Texas, TX

and ... US-Wide Webinars!!!

#### CANADA

For a Canada-Wide Webinar!!!

With Participating Experts from 5 cities:

Calgary, Halifax, Ottawa, Toronto, Vancouver

Across 4 provinces:

Alberta, British Columbia, Nova Scotia, and Ontario

For the In-Person Workshop

Banff, Alberta

### LATIN AMERICA

#### BOLIVIA

La Paz

#### COLOMBIA

Bogota

#### COSTA RICA

San Jose

#### HONDURAS

Lima

#### MEXICO

Mexico city

#### PANAMA

Panama City

#### URUGUAY

Montevideo

### OCEANIA

#### AUSTRALIA

Adelaide

Brisbane

Hobart

Melbourne

Perth

Sydney

#### NEW ZEALAND

Auckland

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## COUNTRIES & CITIES LEADERS – REPRESENTATIVES

### EUROPE

Leader: Sebastien Bloc (France)

**AUSTRIA:** Marcus Neumüller

- **Steyr:** Marcus Neumüller

**BALTIC STATES:** Arunas Gelmanas

- **Kaunas (Lithuania):** Arunas Gelmanas, Aiste Urbonaite

**BELGIUM:** Steve Coppens

- **Brussels - Leuven:** Steve Coppens

**FRANCE:** Sebastien Bloc

- **Paris:** Sebastien Bloc, Julien Raft
- **La Reunion:** Alexis Carpentier

**GERMANY:** Thomas Wiesmann

- **Marburg:** Benjamin Vojnar
- **Schwäbisch Hall:** Thomas Wiesmann

**GREECE:** Evmorfia Stavropoulou

- **Athens:** Kassiani Theodoraki
- **Larissa:** Elena Arnaoutoglou, Metaxia Bareka
- **Ioannina:** Georgia Micha, Petros Tzimas
- **Rethymno:** John Chronakis, Alexandros Makris
- **Thessaloniki:** Eleni Argyriadou, Eleni Koraki

**POLAND:** Andrzej Daszkiewicz, Wojciech Gola

- **Katowice:** Szymon Bialka
- **Poznan:** Tomasz Reysner, Małgorzata Reysner
- **Szczecin:** Agata Andrzejewska
- **Warsow:** Marek Janiak

**IRELAND:** Conor Skerritt

- **Dublin:** David Moore
- **Galway:** Brian Kinirons, John MacDonnell
- **Letterkenny:** Jakub Hlasny, Louise Moran

**ITALY:** Romualdo Del Buono

- **Castellanza:** Romualdo Del Buono
- **Rome:** Antonio Clemente
- **San Giovanni Rotondo:** Raffaele Russo

**NETHERLANDS:** Kavita Houthoff Khemlani

- **Eindhoven/ Veldhoven:** Kavita Houthoff Khemlani

**PORTUGAL:** Lara Gonçalves Ribeiro

- **Funchal:** Mauro Mendonça & Filipa Rodrigues
- **Ponta Delgada:** João Borges
- **Porto:** Lara Gonçalves Ribeiro

**ROMANIA:** Dan Sebastian Dirzu

- **Bucharest:** Liliana Mirea
- **Cluj – Napoca:** Dan Sebastian Dirzu
- **Craiova:** Marius Novac
- **Iasi:** Irina Ristescu
- **Targu – Mures:** Janos Szederjesi
- **Timisoara:** Marius Papurica

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### EUROPE

Leader: Sebastien Bloc (France)

#### SCANDINAVIA - NORDIC COUNTRIES: Axel Sauter

- Denmark: Jens Børglum, Mathias Maargaard
- Finland: TBA
- Iceland: TBA
- Norway: Axel Sauter
- Sweden: Christian Bergek

#### SLOVAKIA: Michal Venglarcik

- Banska Bystrica: Peter Kenderessy

#### SLOVENIA: Ivan Kostadinov

- Ljubljana: Ivan Kostadinov

#### SPAIN: Vicente Roques

- Alicante: Jorge Hernando
- Barcelona: Carlos Morros
- La Coruna: Pablo Casas
- Madrid: Alejandro Ortega
- Marbella: Luis Valdes
- San Sebastian: Carlos Yarnoz
- Sevilla: Jose Manuel Lopez – Millan
- Valladolid: Maite Fernandez

#### SWITZERLAND: Andrea Saporito, Friedrich Lersch

- Bern: Friedrich Lersch

#### TURKEY: Ismet Topcu

- Ankara: Derya Ozkan
- Istanbul: Can Aksu
- Manisa: Ismet Topcu

#### UNITED KINGDOM: Nat Haslam

- England, Canterbury: Athmaja Thottungal
- England, Frimley: Madan Narayanan
- England, Hull: Balaji Packianathaswamy
- England, Newcastle Upon Tyne: Nat Haslam, Kiran Koneti
- England, Nottingham: Amr Hassan
- Wales, Bangor: Becki Marsh

#### UKRAINE: Dmytro Dmytriiev

- Ivano – Frankivsk: Yaroslav Semkovich
- Kiev: Kateryna Belka, Lurii Kuchyn
- Rivne: Maskym Barsa
- Vinnitsa: Dmytro Dmytriiev

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### AFRICA

Leaders: Ezzat Samy Aziz (Egypt), Mohamed Mostafa Mohamed (Egypt)

**ALGERIA:** Bouarroudj Norredine

- **Algiers:** Bouarroudj Norredine

**ANGOLA:** Silvina Pereira

- **Luanda:** Silvina Pereira

**BURKINA FASO:** Aida Zongo

- **Bobo Dioulasso:** David Saouadogo
- **Ouagadougou:** Aida Zongo

**CAMEROON:** Lionelle Tchokam

- **Garoua:** tbc
- **Yaounde:** Lionelle Tchokam

**DEMOCRATIC REPUBLIC OF CONGO (DRC):**

William Baracka

- **Kinshasa:** William Baracka

**EGYPT:** Ezzat Samy Aziz, Mohamed Mostafa

Mohamed, Amany Ayad

- **Benha:** Ziad Mohsen
- **Cairo:** Amany Ayad

**GHANA:** Ekor Oluwayemisi

- **Cape Coast:** Ekor Oluwayemisi

**IVORY COAST:** Kone Kadidja

- **Abidjan:** Kone Kadidja

**KENYA:** Sonia Lalla

- **Nairobi:** Sonia Lalla

**LIBERIA:** Suleiman Musa

- **Monrovia:** Suleiman Musa

**LIBYA:** Mohamed Tantoush

- **Tripoli:** Mohamed Tantoush

**MALI:** TBA

- **Bamako:** TBA

**MOROCCO:** Afak Nsiri

- **Casablanca:** Afak Nsiri

**MOZAMBIQUE:** Hamilton Arnaldo

- **Maputo:** Hamilton Arnaldo

**NAMIBIA:** Bronwyn Roopnarain,  
Nondwe Mgoqo

- **Windhoek:** Kavezembua Kavari

**RWANDA:** Nyandwi Damascene

- **Kigali:** Nyandwi Damascene

**SENEGAL:** Mour Mammdou Traore

- **Dakar:** Mour Mammdou Traore

**SOMALIA:** Abdullahi Said Hashi

- **Mogadishu:** Abdullahi Said Hashi

**SOMALILAND:** Mubarak Mohamed Jama

- **Hargeisa:** Mubarak Mohamed Jama

**SOUTH AFRICA:** Francois Retief, Bronwyn  
Roopnarain, Nondwe Mgoqo

- **Cape Town:** Kamini Singh
- **George:** Andre Theron
- **Johannesburg:** Maria Fourtounas
- **Mthatha:** Freddy Kabambi

**UGANDA:** Isabella Epiu

- **Kabale:** Isabella Epiu

**ZAMBIA:** Arthur Polela

- **Lusaca:** Arthur Polela

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### ASIA & MIDDLE EAST-GULF

Leaders: Besthadi Suknomo (Indonesia), Suwimon Tangwiwat (Thailand)  
& Justin Sangwook Ko (Republic of Korea)

#### BANGLADESH: Lutful Aziz

- **Chattogram:** Sanjida Hasan
- **Dhaka North:** Lutful Aziz
- **Dhaka South:** AKM Akhtaruzzaman
- **Rajshahi:** Jamil Raihan

#### CHINA: Manoj Karmakar

- **Beijing:** Yun Wang
- **Chengdu:** West China Hospital
- **Hang Zhou:** New Youth Anesthesia Forum
- **Hong Kong:** Manoj Karmakar

#### FIJI: Kartik Mudliar

- **Labasa:** Eunice Efesaitu
- **Lautoka:** Kartik Mudliar
- **Suva:** Yogen Deo Yogendeo,  
Emily Fuakilau Eurvaru

#### INDIA: Vrushali Ponde

- **Bangalore:** S.K. Manjula
- **Bhuvaneshwar:** Ritesh Roy
- **Coimbatore:** Vipin Kumar Goel
- **Delhi:** Sandeep Diwan, Anju Gupta
- **Hyderabad:** Sunil Pandya
- **Jaipur:** Vandana Mangal
- **Kochi:** Sachin George
- **Mumbai:** Vrushali Ponde
- **Nagpur:** Bhuvaneshwari Balasubramanian
- **Pondicherry:** T. Sivashanmugam
- **Pune:** Sandeep Diwan, Anju Gupta
- **Rajkot:** Hetal Kumar Vadera

#### INDONESIA: Besthadi Suknomo

- **Banda Aceh:** Hum S. Rahmi
- **Bandar Lampung:** Hario Tri Handoko
- **Bandung:** Andy Prihartono
- **Denpasar:** Gusti Ngurah Mahaalit Aribawa
- **Jakarta:** Anggara Gilang Dwiputra
- **Makassar:** Nur Surya Wirawan
- **Malang:** Ristiawan Muji Laksono
- **Manado:** Barry Immanuel Kambey
- **Medan:** Tasrif Hamdi
- **Padang:** Rinal Effendi
- **Palembang:** Aidyl Fitriyah
- **Pekanbaru:** Tengku Arfi Sulaiman
- **Purwokerto:** Aunun Rofiq
- **Semarang:** Mochamat Mochamat
- **Surabaya:** Dedi Susila
- **Surakarta:** Bara Adhitya
- **Yogyakarta:** Farhan Ali Rahman

#### IRAN: Poupak Rahimzadeh

- **Tehran:** Poupak Rahimzadeh

#### JAPAN: Shinichi Sakura

- **Izumo:** Yuki Aoyama
- **Nagasaki:** Hiroaki Murata
- **Nagoya:** Yasuyuki Shibata
- **Osaka:** Kentaro Kida
- **Yokohama:** Itaru Watanabe

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# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 25 January 2025

## COUNTRIES & CITIES LEADERS – REPRESENTATIVES

### ASIA & MIDDLE EAST-GULF

Leaders: Besthadi Suknomo (Indonesia), Suwimon Tangwiwat (Thailand)  
& Justin Sangwook Ko (Republic of Korea)

**KINGDOM OF SAUDI ARABIA:** Ayman Mustafa  
• Riyadh: Ayman Mustafa

**MALAYSIA:** Iskandar Bhalid  
• Iskandar Puteri, Johor: Shahridan Mohd Fathil

**MAURITIUS:** Veekash Gobind  
• TBA: Veekash Gobind

**MONGOLIA:** Enkhtuvshin Shagdar  
• TBA: Enkhtuvshin Shagdar

**NEPAL:** Navindra Bista  
• TBA: Navindra Bista

**OMAN:** Jyoti Burad  
• Muscat: Jyoti Burad

**PHILIPPINES:** Dahlia Salanio-Arancel  
• Clark, Pampanga: Lily Roxas-Jingco  
• Davao: Dahlia Salanio-Arancel  
• Manila: Penafrancia Catangui Cano

**REPUBLIC OF KOREA:** Kim Hyungtae  
• Seoul: Won Uk Koh

**SINGAPORE:** Ashokka Balakrishnan  
• Singapore: Ashokka Balakrishnan

**SRI LANKA:** Vasanthi Pinto  
• Colombo: Vasanthi Pinto  
• Paradeniya (Kandy): TBA

**THAILAND:** Suwimon Tangwiwat  
• Bangkok: Suwimon Tangwiwat  
• Chiang Mai: Prangmalee Leurcharusmee  
• Khon Kaen: Aumjit Wittayaprairoj  
• Songkhla : Jatuporn Pakpirom

**UNITED ARAB EMIRATES (UAE):**  
Clara Lobo, Amara Salti  
• Abu Dhabi: Clara Lobo, Amara Salti, Reda Tolba

**VIETNAM:** Cong Quyet Thang  
• Hanoi: Vu Xuan Quang  
• Thai Nguyen: Dang Quang Dung

Your Local Face-to-Face Meeting  
There must be one city around you!



Joining Hands for a Pain Free Future Worldwide

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## COUNTRIES & CITIES LEADERS – REPRESENTATIVES

### NORTH AMERICA

Leaders: Stuart Grant (USA) & Vivian Ip (Canada)

**UNITED STATES OF AMERICA (USA):** Stuart Grant & Edward Mariano

- Chapel Hill, North Carolina: Stuart Grant
- Charlottesville, Virginia: Nabil Elkassabany, Iyabo Muse
- Cleveland, Ohio: Hesham Elsharkawy
- Jacksonville, Florida: Hari Kalagara
- Madison, Wisconsin: Kristopher Schroeder
- Nashville, Tennessee: Rajnish Gupta
- New York City, New York: Stephen Haskins
- Palo Alto, California: Edward Mariano
- Rochester, Minnesota: Adam Amundson, Beth Vander Wielen
- San Antonio, Texas: Maxim Eckmann

### CANADA:

Vivian Ip & Vishal Uppal

- Calgary, Alberta: Vivian Ip
- Halifax, Nova Scotia: Vishal Uppal

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### LATIN AMERICA

Leaders: Ana Eugenia Herrera (Costa Rica), Sidonia Suazo (Honduras) & Ana Schwartzman (Uruguay)

#### **BOLIVIA:** Julio Ramos

- La Paz: Julio Ramos

#### **COLOMBIA:** Viviana Mojica

- Bogota: Viviana Mojica

#### **COSTA RICA:** Oscar Ledezma

- San Jose: Oscar Ledezma

#### **HONDURAS:** Sidonia Suazo

- Tegucigalpa: Sidonia Suazo

#### **MEXICO:** Victor Blanco

- Mexico City: Victor Blanco

#### **PANAMA:** Stanley Wu Tai

- Panama city: Stanley Wu Tai

#### **URUGUAY:** Ignacio Cuevas

- Montevideo: Ignacio Cuevas

### OCEANIA

Leader: Alwin Chuan (Sydney, Australia) & Katrina Webster (Hobart, Australia)

#### **AUSTRALIA:** Alwin Chuan

- Adelaide: Brigid Brown
- Brisbane: Andre Van Zundert, Fraser Morton, Megan Grigg, Leigh White
- Melbourne: Hosim Prasai Thapa, Michelle Chong
- Perth: TBA
- Sydney: Alwin Chuan

#### **NEW ZEALAND:** Alwin Chuan

- Auckland: Lora Pencheva, Alwin Chuan

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## PARTICIPATING NATIONAL SOCIETIES OF REGIONAL ANAESTHESIA AND PAIN MEDICINE



ESRA FRANCE

The European Society of  
Regional Anaesthesia & Pain Therapy  
*Crossing Boundaries, Transforming Care*



UKGM  
UNIVERSITÄTSKLINIKUM  
GIESSEN UND MARBURG



Sociedad Europea de Anestesia  
Regional y Tratamiento del Dolor  
ESRA España



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CANADIAN ANESTHESIOLOGISTS' SOCIETY  
Société canadienne des anesthésiologistes



대한부위마취학회  
Korean Society of Regional Anesthesia



香港中文大學醫學院  
Faculty of Medicine  
The Chinese University of Hong Kong



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