

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE



*Joining Hands for a  
Pain Free Future Worldwide!*

Saturday 25th January 2025



Saturday, 25 January 2025

08:00 – 09:00	<b>VENUES: ARRIVALS - REGISTRATIONS</b>
09:00 – 09:30	<b>WELCOME MESSAGES &amp; ADDRESSINGS</b> Welcome Video City/Country Representatives: Dr. Mohamed Tantoush, Dr. Fathi Abousnina (In Person) Sebastien Bloc: Welcome Message – Chair of the Event (via live streaming/recording standby) Eleni Moka: Welcome Message – ESRA President (via live streaming/recording standby) Sister Societies Presidents: Welcome Messages (via live streaming/recording standby)
09:30 – 11:10	<b>SESSION 1 – EXPERT PANEL &amp; INTERACTIVE DISCUSSION</b> The "Joint" Club: A Comprehensive Guide to the Practical Pearls of Major Joints Chairperson: Dr. Abdulaziz Elkhoja
09:30 – 09:50	Shoulder Joint: Anatomy, Regional Anaesthesia Application in Shoulder Surgery with Live Demonstration Dr. Hatem Bensasi
09:50 – 10:10	Knee Joint: Anatomy, Regional Anaesthesia Application in Knee Surgery with Live Demonstration Dr. Fathi Abousnina
10:10 – 10:30	Hip Joint: Anatomy, Regional Anaesthesia Application in Hip Surgery with Live Demonstration Dr. Mohamed Tantoush
10:30 – 10:50	Foot and Ankle Joints: Anatomy, RA Application in Foot and Ankle Surgery with Live Demonstration Dr. Abdulrahman Elalem
10:50 – 11:10	Q&A – Discussion
11:10 – 11:30	<b>COFFEE BREAK</b>
11:30 – 12:45	<b>SESSION 2 – EXPERT PANEL &amp; INTERACTIVE DISCUSSION</b> The "Ultrasound" Club: Tips and Tricks for Mastering and Competency Chairperson: Dr. Elhassan Eghwila
11:30 – 11:45	Utility of Ultrasonography in Daily Practice Dr. Mohamed Tantoush
11:45 – 12:00	How to Teach Ultrasound-Guided Peripheral Nerve Blocks? Dr. Fathi Abousnina
12:00 – 12:15	Ultrasound-Assisted Neuraxial Anaesthesia Dr. Hatem Bensasi
12:15 – 12:30	GLP-1 Agonists and the Anaesthetist Dr. Jamal Elabani
12:30 – 12:45	Q&A – Discussion
12:45 – 14:00	<b>SESSION 3 – EXPERT PANEL &amp; INTERACTIVE DISCUSSION</b> The "Acute & Chronic Pain Medicine" Club: A Gateway to Understanding and Preventing Pain Chairperson: Dr. Enas Qartaa
12:45 – 13:00	Risk Factors for Chronic Postsurgical Pain Dr. Siraj Elgahani
13:00 – 13:15	Biomarkers for Chronic Pain: Current Evidence Dr. Fathi Abousnina
13:15 – 13:30	Drugs Used in Interventional Pain Management Dr. Abd Almenem Almabsoot
13:30 – 13:45	Preparation of the Patient for Intervention and Safety Considerations Dr. Eltayeb Abdelrahman
13:45 – 14:00	Q&A – Discussion

<b>14:00 – 14:45</b>	<b>LUNCH BREAK</b>
<b>14:45 – 16:20</b>	<b>SESSION 4 – EMPOWERING THE TRAINERS OF TOMORROW &amp; DISCUSSION</b>
	<b>The "Trainer" Club: Paving the Way for Advanced Regional Anesthesia Practice</b> Chairperson: Dr. Mohamed Rwemi
14:45 – 15:00	<b>Plan A Blocks: A Blueprint for Success</b> Dr. Mohamed Tantoush
15:00 – 15:10	<b>Interscalene Brachial Plexus: An Overview and Live Demonstration</b> Dr. Nadeer Doufan
15:10 – 15:20	<b>Axillary Brachial Plexus: An Overview and Live Demonstration</b> Dr. Soad Abouessa
15:20 – 15:30	<b>Femoral Nerve: An Overview and Live Demonstration</b> Dr. Abdulsalam Alquoud
15:30 – 15:40	<b>Adductor Canal: An Overview and Live Demonstration</b> Dr. Rabab Agha Musa
15:40 – 15:50	<b>Popliteal Sciatic Nerve: An Overview and Live Demonstration</b> Dr. Norah Gressea
15:50 – 16:00	<b>Erector Spinae Plane (ESP): An Overview and Live Demonstration</b> Dr. Assmaa Abo Saad
16:00 – 16:10	<b>Rectus Sheath: An Overview and Live Demonstration</b> Dr. Zuhur Khershif
16:10 – 16:20	<b>Q&amp;A – Discussion</b>
<b>16:20 – 17:35</b>	<b>SESSION 5 – EXPERT PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>The "Mother &amp; Child" Club: Essential Insights into Obstetrics and Paediatrics</b> Chairperson: Dr. Nafisa Almagbery
16:20 – 16:35	<b>Management of the Failing Neuraxial Block</b> Dr. Mohamed Rwemi
16:35 – 16:50	<b>Paediatric Regional Anaesthesia</b> Dr. Hatem Bensasi
16:50 – 17:05	<b>Analgesia for Caesarean Delivery: PROSPECT Recommendations</b> Dr. Salah Kabar
17:05 – 17:20	<b>Postdural Puncture Headache: Consensus Practice Guidelines</b> Dr. Assmaa Abo Saad
17:20 – 17:35	<b>Q&amp;A – Discussion</b>
<b>17:35 – 18:30</b>	<b>SESSION 6 – EXPERT PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>The "Miscellaneous" Club: Enhancing Your Daily Efficiency</b> Chairperson: Dr. Abdulrahman Elalem
17:35 – 17:50	<b>Ambulatory Spinal Anaesthesia</b> Dr. Salah Naaji
17:50 – 18:05	<b>Demystifying the Cervical Plexus</b> Dr. Fathi Abousnina
18:05 – 18:20	<b>Safety measures in PNB: Practical Tips</b> Dr. Khaled Al Jarmi
18:20 – 18:30	<b>Q&amp;A – Discussion</b>
<b>18:30 – 19:00</b>	<b>END OF 2<sup>nd</sup> WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION</b>