



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide



European Society of Regional Anaesthesia
HELLAS

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE



Saturday, 25 January 2025

Auditorium Dinos Triaridis, AHEPA Hospital
Thessaloniki, Greece

WORLD DAY

- *Free registration for ESRA Europe – ESRA Hellas Members*
- *8 CME Credits*

Endorsed by



Your Local Face-to-Face Meeting
There must be one city around you!



WDRAPM
WORLD DAY OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE

Registrations & Info
www.esrahellas.gr
info@esrahellas.gr



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Regional Anaesthesia & Pain Therapy
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AFRICAN
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Regional
Anaesthesia



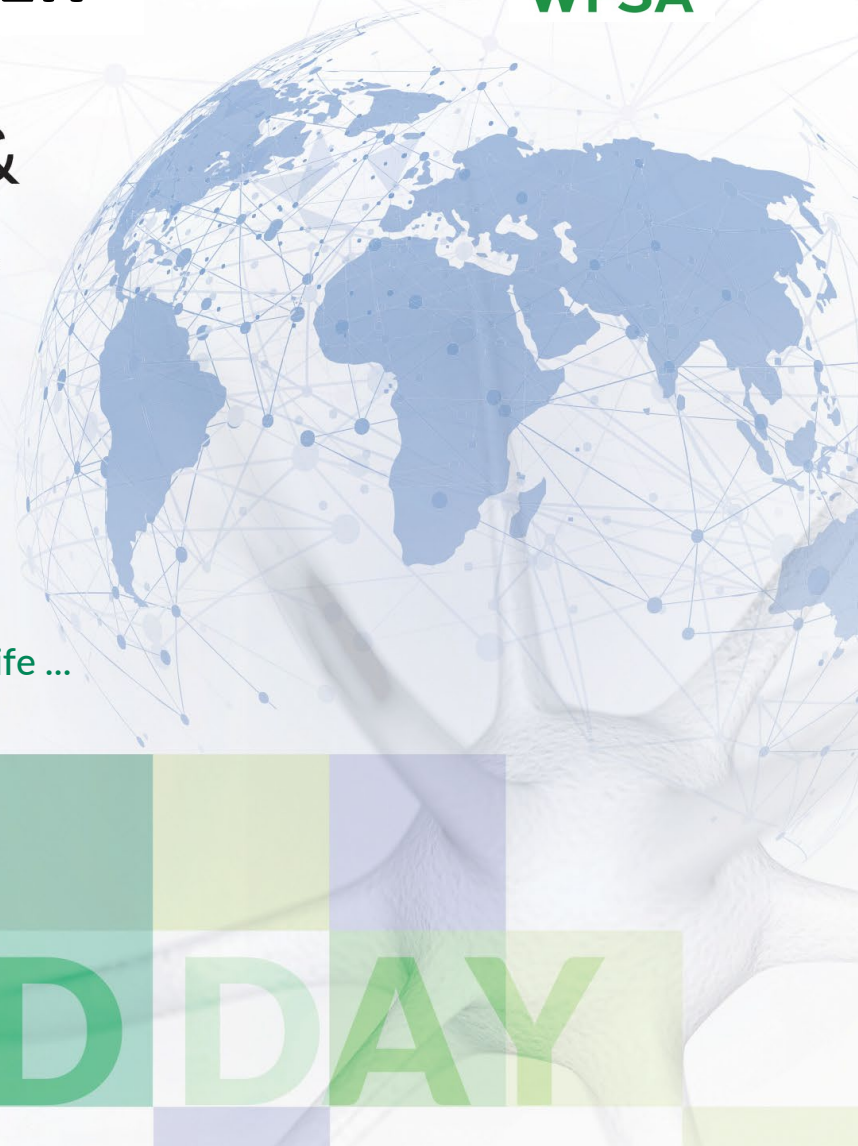
Joining Hands for
a Pain Free Future Worldwide

2nd WORLD WEEK OF REGIONAL ANAESTHESIA & PAIN MEDICINE

18 to 25 January 2025

- Connecting Together ...
- Sharing Best Practices ...
- Advancing Research ...
- Relieving Pain ...
- Improving Patients' Quality of Life ...

Endorsed by



WORLD DAY

Info
esraeurope.org

A GLOBAL CALL TO ACTION
Together We Can Make The Difference !!!



WWRAPM
WORLD WEEK OF REGIONAL
ANAESTHESIA AND PAIN MEDICINE



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org



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2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 25 January 2025

- One Day, One Week ...
- One Common Scientific Program ...
- Simultaneously ...
- More than +70 Participating Countries ...
- In over +150 Cities across all Continents ...

Endorsed by



WORLD DAY

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2nd WORLD DAY

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WORLD DAY

Saturday, 25 January 2025

ORGANIZING & SCIENTIFIC COMMITTEE

ESRA

Chair

Sebastien Bloc (France)

Members

- Barbara Breebaart (Belgium)
- Dan Dirzu (Romania)
- Nuala Lucas (UK)
- Alan MacFarlane (UK)
- Peter Merjavy (UK)
- Axel Sauter (Norway)
- Kassiani Theodoraki (Greece)

Trainees Representative

- Fani Alevrogianni (Greece)



Endorsed by



Sister Societies & Continents Leaders – Representatives

ASRA Pain Medicine: USA

Stuart Grant (North Carolina, Chapel Hill, NC)
Edward Mariano (Palo Alto, California, CA)

CAS RA Section: Canada

Vivian Ip (Calgary, Alberta, Canada)
Vishal Uppal (Halifax, Canada)

LASRA: Latin America

Ana Eugenia Herrera (Costa Rica)
Sidonia Suazo (Honduras)

AFSRA: Africa

Ezzat Samy Aziz (Egypt)
Mohamad Mostafa Mohamad (Egypt)

AOSRA Pain Medicine: Asia

Besthadi Suknomo (Indonesia)
Suwimon Tangwiwat (Thailand)

AOSRA Pain Medicine: Oceania

(Australia & New Zealand)
Alwin Chuan (Sydney)

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Joining Hands for a Pain Free Future Worldwide

2nd WORLD DAY

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& PAIN MEDICINE

WORLD DAY

Saturday, 25 January 2025

WELCOME MESSAGE

Dear Colleagues, Dear Friends

It is with immense pride and enthusiasm that we welcome you to the **2nd World Week and 2nd World Day of Regional Anaesthesia & Pain Medicine**, an initiative of ESRA, in close collaboration with our Sister Societies—AFSRA, ASRA Pain Medicine, AOSRA Pain Medicine, and LASRA. From Saturday, 18th January to Saturday, 25th January 2025, the global medical community will once again unite to shine a spotlight on the transformative fields of Regional Anaesthesia (RA) and Pain Medicine under the theme that continues to inspire us all:

“Joining Hands for a Pain Free Future Worldwide”

Next January, building on the incredible success of the inaugural event in 2024—which brought together more than 14,000 participants across 140 cities from 60 countries worldwide—we are excited to expand this initiative even further. The **2nd World Day and 2nd World Week of Regional Anaesthesia and Pain Medicine** will involve more cities across all continents, more participants, and even greater collaboration, reinforcing our shared mission to improve the quality of life for our patients worldwide. Together, we will convene for local, in-person meetings, online virtual activities, interactive sessions, hands-on workshops, and invaluable exchanges between trainees and experts, creating opportunities for learning, reflection, and progress.

Pain knows no boundaries—neither age nor gender—and its impact on quality of life is profound. As specialists in RA and Pain Medicine, we have the tools and knowledge to transform lives, providing relief, comfort, and hope to those who need it most. This initiative exemplifies our commitment to advancing access to care of high quality, reducing suffering, and promoting humanity in medical practice.

The **World Week and World Day of Regional Anaesthesia and Pain Medicine** are more than just events—they are **A Global Call to Action and A Celebration of the Power of Partnerships**. By joining forces, we continue to advance research, share best practices, and inspire meaningful change in healthcare. Together, we are building a future where effective pain management is not just an aspiration but a universal reality.

As we embark on this journey, let us also take a moment to reflect on the progress we have made and the challenges that remain. With dedication, expertise, and collaboration, there is no limit to what we can achieve. Together, we are not just shaping the future of Regional Anaesthesia and Pain Medicine—we are shaping a world where unnecessary pain is a thing of the past.

On behalf of ESRA and the organizing committee of the 2nd World Day and Week of Regional Anaesthesia and Pain Medicine, we extend our heartfelt thanks to all of you for your enthusiasm, your dedication, and your belief in this global movement. Let us once again join hands, share knowledge, and work together toward a pain-free future for everyone, everywhere.

Thank you for your spirit of enthusiasm, for contributing to our mission fulfillment, and for being a part of this global movement.

Happy 2nd World Week and 2nd World Day of Regional Anaesthesia and Pain Medicine!

With Cordial Greetings

Eleni Moka (Greece)
ESRA President

Sebastien Bloc (France)
Chair of the Event
Organizing & Scientific Committee



Your Local Face-to-Face Meeting
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Joining Hands for a Pain Free Future Worldwide

2nd WORLD DAY

OF REGIONAL ANAESTHESIA
& PAIN MEDICINE

WORLD DAY

Saturday, 25 January 2025

ESRA Hellas Directory Board



President

Evmorfia Stavropoulou (Athens, Greece)

Vice President

Eleni Moka (Heraklion – Crete, Greece)

General Secretary

Kassiani Theodoraki (Athens, Greece)

Specific Issues Secretary

Krystallia Vitoula (Athens, Greece)

Treasurer

Alexandros Makris (Athens, Greece)

Members

- Metaxia Bareka (Larissa, Greece)
- Emmanouil Gkliatis (Athens, Greece)

Trainees Representative

- Fani Alevrogianni (Athens, Greece)

2nd World Week & 2nd World Day Committee / Greece

National Coordinator

Evmorfia Stavropoulou, Athens, Greece

Cities Representatives

Athens

Kassiani Theodoraki
Krystallia Vitoula

Thessaloniki

Elena Argyriadou
Eleni Koraki

Larissa

Elena Arnaoutoglou
Metaxia Bareka

Ioannina

Petros Tzimas
Georgia Micha

Rethymnon – Crete

Ioannis Chronakis
Alexandros Makris

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European Society of Regional Anaesthesia
HELLAS

Saturday, 25 January 2025

WELCOME MESSAGE

Dear Colleagues, Dear Friends

It is with great pleasure and honor that we welcome you to the **2nd World Day of Regional Anaesthesia and Pain Therapy**, which will take place on **Saturday, January 25, 2025**, under the auspices of the European Society of Regional Anaesthesia & Pain Therapy (ESRA), in collaboration with National Societies of Regional Anaesthesia.

This year, this initiative expands even further, encompassing participation from **more than 150 cities across 5 continents!** We are proud and delighted that the Greece-Cyprus Zone will participate with **five cities: Athens, Thessaloniki, Larissa, Ioannina, and Rethymnon.**

This day represents a unique opportunity for interactive exchange of ideas, training, and engagement among experienced and trainee anesthesiologists from around the globe. Our goal is to promote innovation and connect theory with clinical practice in the field of Regional Anaesthesia and Pain Therapy.

Through this scientific “celebration,” we continue to promote excellence, continuous education, and specialization, enhancing the quality of care we provide to our patients. Your participation is crucial for the success of this initiative and for the ongoing development of our field.

Registration is offered free of charge by the **ESRA Hellas Board** to Greek and Cypriot anesthesiologists, with the sole requirement being the renewal or activation of your membership in ESRA (ESRA Europe – ESRA Hellas Joint Membership) for the year 2025.

We warmly invite you to actively participate and contribute to this international effort with a spirit of collaboration and innovation.

Happy 2nd World Week and 2nd World Day of Regional Anaesthesia and Pain Medicine!

With Cordial Greetings

Evmorfia Stavropoulou (Athens, Greece)

ESRA Hellas President
Greece National Coordinator



Your Local Face-to-Face Meeting

There must be one city around you!

Joining Hands for a Pain Free Future Worldwide

2nd WORLD DAY

**OF REGIONAL ANAESTHESIA
& PAIN MEDICINE**

WORLD DAY

Saturday, 25 January 2025

COMMON SCIENTIFIC PROGRAM ONE DAY, ACROSS ALL CONTINENTS !!!

Endorsed by



- EUROPE ...
- AFRICA ...
- ASIA ...
- MIDDLE EAST ...
- NORTH AMERICA – USA & CANADA ...
- LATIN AMERICA ...
- OCEANIA – AUSTRALIA & NEW ZEALAND ...



WWRAPM
WORLD WEEK OF REGIONAL
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WDRAPM
WORLD DAY OF REGIONAL
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AFRICAN
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Info and Registrations
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Saturday, 25 January 2025

DETAILED SCIENTIFIC PROGRAM
Thessaloniki, Greece

WORLD DAY

Info
esraeurope.org

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WORLD DAY

Saturday, 25 January 2025

08:00 – 08:30

VENUE: ARRIVALS – REGISTRATIONS

08:30 – 09:00

WELCOME MESSAGES & ADDRESSINGS

Eleni Argiriadou: Opening of the Event (in person)
Evmorfia Stavropoulou: Welcome Message (livestreaming)
Sebastien Bloc: Welcome Message – Chair of Event (recording stand by)
Eleni Moka: Welcome Message – ESRA President (recording stand by)
Sister Societies Presidents: Welcome Messages (prerecording)
Daniela Filipescu: Welcome Message from WFSA President (prerecorded)

09:00 – 10:00

SESSION 1 – EXPERTS PANEL, PODCASTS & INTERACTIVE DISCUSSION

«Sister Societies» Journal Club – We Have Read the Literature for You
Chairperson(s): Eleni Argiriadou

09:00 – 09:10

Regional Anaesthesia: Chrysoula Stachtari

09:10 – 09:15

Video Podcast – Perioperative Pain Management in Adults: Kariem El – Boghdadly (UK)

09:15 – 09:20

Video Podcast – Enhanced Recovery RA Pathways: Steven Coppens (Belgium)

09:20 – 09:25

Video Podcast – The most important articles I've read for POCUS in the last 12 months: Rosie Hogg (UK)

09:25 – 09:35

POCUS: Freideriki Sifaki

09:35 – 09:45

Chronic Pain: Eirini Papageorgiou

09:45 – 10:00

Q&A – Interactive Discussion

10:00 – 10:45

SESSION 2 – EXPERTS PANEL & INTERACTIVE DISCUSSION

The «Joint» Club: Everything You Need to Know for Foot & Ankle Procedures
Chairperson(s): Eleni Koraki

10:00 – 10:10

Back to Basics: Ankle and Foot Anatomy: Maria Doumparatzki

10:10 – 10:20

Evidence Based Practice – RA Application in Foot and Ankle Surgery: Pinelopi Sarri

10:20 – 10:30

How I Do it – PROs & CONs of Different Practices: Marianthi Varveri

10:30 – 10:45

Q&A – Interactive Discussion

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Saturday, 25 January 2025

10:45 - 11:15	COFFEE BREAK
11:15 - 11:50	SESSION 3 - EXPERTS PANEL, LIVE DEMO & INTERACTIVE DISCUSSION
	The «Ultrasound» Club: Tips & Tricks for Mastering USGRA Chairperson(s): Eugenia Ketikidou
11:15 - 11:25	How to Teach Ultrasound - Guided Peripheral Nerve Blocks: Eleni Koraki (video)
11:25 - 11:35	All about Neuraxial Ultrasound: Evmorfia Stavropoulou (video)
11:35 - 11:50	Q&A - Interactive Discussion
11:50 - 12:25	SESSION 4 - EXPERTS PANEL, PODCAST & INTERACTIVE DISCUSSION
	The «AI» Club: What the Future Holds Chairperson(s): Aikaterini Amaniti
11:50 - 12:00	Advances and Utility of Artificial Intelligence (AI) in Regional Anaesthesia: Anna Giouliava
12:00 - 12:10	Advances and Utility of Artificial Intelligence (AI) in Pain Medicine: Eleftheria Palaska
12:10 - 12:25	Q&A - Interactive Discussion
12:25 - 14:15	SESSION 5 - EXPERTS PANEL, PODCAST & INTERACTIVE DISCUSSION
	«The Green» Club: Everything You need to Know about Environmental Sustainability Chairperson(s): Marianthi Varveri
12:25 - 12:30	Video Podcast - Green Regional Anaesthesia: Vivian Ip (Canada)
12:30 - 12:40	Environmental Benefits of RA - What Do We Know: Despoina Sarridou
12:40 - 12:55	Q&A - Interactive Discussion
12:55 - 13:45	LUNCH BREAK
13:45 - 14:15	SESSION 6 - FUNNY SESSION / «ESCAPE» GAME IN REGIONAL ANAESTHESIA

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WORLD DAY

Saturday, 25 January 2025

14:15 – 15:15	SESSION 7 – EXPERTS PANEL, PODCASTS & INTERACTIVE DISCUSSION
	The «Acute & Chronic Pain Medicine» Club: Everything You Need to Know to Avoid Pain Chairperson(s): Souzana Anisoglou
14:15 – 14:25	Risk Factors for Chronic Postsurgical Pain: Rafail Ioannidis
14:25 – 14:35	Biomarkers for Chronic Pain – Current Evidence: Aikaterini Tsirogianni
14:35 – 14:45	Personalized Program for Postsurgical Pain: Ready for it? Pineloppi Pappagianopoulou
14:45 – 14:50	Video Podcast – CPSP & TPS – the European Perspective: Patricia Lavand’homme (Belgium)
14:50 – 14:55	Video Podcast – CPSP & TPS – the North America Perspective: Edward Mariano (USA)
14:55 – 15:10	Q&A – Discussion
15:10 – 16:00	SESSION 8 – EXPERTS PANEL, PODCAST, LIVE DEMO & INTERACTIVE DISCUSSION
	The «Mother & Child» Club: Everything you need to know about Obstetric & Paediatric RA Chairperson(s): Despoina Iordanidou
15:10 – 15:15	Video Podcast – Obstetric RA & New Perspectives: Nuala Lucas (UK)
15:15 – 15:25	Managing the Failing Epidural: Eleni Georgopoulou
15:25 – 15:35	LIVE DEMO – Paediatric RA Plan A Blocks: Eleana Garini (video)
15:35 – 16:00	Q&A – Discussion
16:00 – 16:30	SESSION 9 – ON LINE QUIZ
	Chairperson(s): Zoi Arvanitaki
16:00 – 16:15	Green RA – Environmental Sustainability Quiz to be completed by participants & local faculty
16:15 – 16:30	Q&A – Discussion
16:30 – 16:45	COFFEE BREAK

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16:45 – 18:25

SESSION 10 – HANDS ON CLINICAL WORKSHOPS

Workshop Leader: Eleni Koraki

Motor Sparing Blocks for Knee Surgery Maria Doumparatz Pinelopi Sarri	Phrenic Sparing Blocks for Shoulder Surgery Marianthi Varveri Dejan Velicovic	Abdominal Wall Blocks Chrysoula Stachtari Zoi Stergiouda	Thoracic Wall Blocks Despoina Sarridou Anna Giouliava
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16:45 – 17:10

Group A

Group B

Group C

Group D

17:10 – 17:35

Group B

Group C

Group D

Group A

17:35 – 18:00

Group C

Group D

Group A

Group B

18:00 – 18:25

Group D

Group A

Group B

Group C

4 Workstations, 4 Groups, Rotation, 25 min per Workstation, 6 – 8 pax per Group

18:25 – 18:45

END OF 2nd WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION

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**1ST WORLD DAY
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WORLD DAY

Saturday, 27 January 2024

FACULTY - THESSALONIKI

Amaniti Aikaterini

Professor of Anesthesiology – Cardiothoracic Anesthesiology, Department of Anesthesiology and Intensive Care, Aristotle University of Thessaloniki, Greece

Anisoglou Suzana

Director of Anesthesiology – Intensive Care, Coordinator of ICU and Pain Clinic, Theagenio Cancer Hospital of Thessaloniki, Greece

Argyriadou Eleni

Professor of Anesthesiology – Cardiothoracic Anesthesiology, Department of Anesthesiology and Intensive Care, Aristotle University of Thessaloniki, Greece

Arvanitaki Zoi

Senior Consultant of Anesthesiology, General Hospital of Thessaloniki “Papageorgiou”, Greece

Bloc Sebastien

Anaesthesiologist, Clinique Drouot Sport, Paris, France

Coppens Steven

Anaesthesiologist, Head of Anesthesia Clinic, UZ Leuven, Belgium

Doumpartzi Maria

Senior Consultant of Anesthesiology, General Hospital of Thessaloniki “Papageorgiou”, Greece

El-Boghdadly Kariem

Anaesthesiologist, Guy's and St Thomas' NHS Foundation Trust, London, UK

Garini Eleana

Director of Anesthesiology, Athens Pediatric Hospital “Agia Sofia”, Greece

Giouliava Anna

Junior Consultant of Anesthesiology, General Hospital of Thessaloniki “AHEPA”, Greece

Hogg Rosie

Anaesthesiologist, Belfast Health & Social Care Trust, UK

Ioannidis Raphael

Junior Consultant of Anesthesiology, General Hospital of Drama, Greece

Iordanidou Despina

Director of Anesthesiology, Coordinator of Anesthesiology Department, General Hospital of Thessaloniki “Hippocrates” Greece

Ip Vivian

Anaesthesiologist, Department of Anaesthesia perioperative and pain medicine; Calgary, Canada

Katsanevaki Alexia

Junior Consultant of Anesthesiology, General Hospital of Thessaloniki “Papageorgiou”, Greece

Ketikidou Evgenia

Director of Anesthesiology, Coordinator of Anesthesiology Department, General Hospital of Kavala, Greece

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Saturday, 27 January 2024

FACULTY - THESSALONIKI

Kiamiloglou Bulent

Director of Anesthesiology, Coordinator of Anesthesiology Department, General Hospital of Komotini, Greece

Koraki Eleni

Director of Anesthesiology, Coordinator of Anesthesiology Department, General Hospital of Thessaloniki "Papageorgiou",

Lavand'homme Patricia

Professor of Anesthesiology, St Luc Hospital, University Catholic of Louvain, Brussels, Belgium

Lucas Nuala

Consultant Anaesthetist at London North West University, UK

Mariano Edward

Professor and Vice Chair in the Department of Anesthesiology, Perioperative and Pain Medicine at Stanford University School of Medicine, USA

Palaska Eleftheria

Junior Consultant of Anesthesiology, General Hospital of Thessaloniki "AHEPA", Greece

Papageorgiou Eleni

Director of Anesthesiology – Intensive Care, Theageneio Cancer Hospital of Thessaloniki, Greece

Papagiannopoulou Pinelopi

Director of Anesthesiology, General Hospital of Thessaloniki "Gennimatas", Greece

Sarri Pinelopi

Junior Consultant of Anesthesiology, General Hospital of Thessaloniki "Papageorgiou", Greece

Sarridou Despina

Assistant Professor of Anesthesiology – Cardiothoracic Anesthesiology, Department of Anesthesiology and Intensive Care, Aristotle University of Thessaloniki, Greece

Sifaki Frideriki

Junior Consultant of Anesthesiology, General Hospital of Thessaloniki "Papageorgiou", Greece

Stachtari Chrysoula

Senior Consultant of Anesthesiology, Theageneio Cancer Hospital of Thessaloniki, Greece

Stavropoulou Evmorfia

Director of Anesthesiology, General Hospital of Athens "KAT", Greece

Stergiouda Zoi

Senior Consultant of Anesthesiology, General Hospital of Thessaloniki "Papanikolaou", Greece

Tsirogianni Aikaterini

Director of Anesthesiology, Coordinator of Anesthesiology Department, General Hospital of Katerini, Greece

Varveri Marianthi

Director of Anesthesiology, General Hospital of Thessaloniki "Papageorgiou", Greece

Veliconic Dejan

Senior Consultant of Anesthesiology, General Hospital of Kavala, Greece

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PARTICIPATING COUNTRIES & CITIES

EUROPE

AUSTRIA

Steyr

BALTIC STATE

Kaunas (Lithuania)

BELGIUM

Leuven – Brussels

FRANCE

Paris, La Reunion

GERMANY

Marburg, Schwäbisch Hall

GREECE

Athens, Thessaloniki, Larissa
Ioannina, Rethymnon–Crete

IRELAND

Dublin, Galway, Letterkenny
& an Ireland–Wide Webinar

ITALY

Castellanza, Rome, San Giovanni Rotondo

THE NETHERLANDS

Eindhoven / Veldhoven

POLAND

Katowice, Poznan, Szczecin, Warsaw

PORTUGAL

Funchal, Ponta Delgada, Porto

ROMANIA

Bucharest, Cluj–Napoca, Craiova, Iasi
Targu–Mures, Timisoara

SCANDINAVIA – NORDIC COUNTRIES

for a Nordic Countries–Wide Webinar

Denmark, Iceland, Finland
Norway, Sweden

SLOVAKIA

Banska Bystrica

SLOVENIA

Ljubljana

SPAIN

Alicante, Barcelona, La Coruna, Madrid, Marbella
San Sebastian, Sevilla, Valladolid

SWITZERLAND

Bern

TURKEY

Ankara, Istanbul, Manisa

UNITED KINGDOM

Frimley, Hull, Kent, Newcastle Upon Tyne
Nottingham, Wales

UKRAINE

Ivano–Frankivsk, Kiev, Rivne, Vinnitsa

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PARTICIPATING COUNTRIES & CITIES

AFRICA

ALGERIA

Algiers

ANGOLA

Luanda

BURKINA FASO

Bobo Dioulasso
Ouagadougou

CAMEROON

Yaounde

DEMOCRATIC REPUBLIC OF CONGO (DRC)

Kinshasa

EGYPT

Cairo

GHANA

Cape Coast

IVORY COAST

Abidjan

KENYA

Nairobi

LIBERIA

Monrovia

LIBYA

Tripoli

MALI

Bamako

MOROCCO

Casablanca

MOZAMBIQUE

Maputo

NAMIBIA

Windhoek

RWANDA

Kigali

SENEGAL

Dakar

SOMALIA

Mogadishu

SOMALILAND

Hargeisa

SOUTH AFRICA

Bloemfontein, Cape Town
George, Johannesburg
Mthatha, Nelspruit
Potchefstroom
Somerset West

UGANDA

Kabale

ZAMBIA

Lusaca

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PARTICIPATING COUNTRIES & CITIES

ASIA – MIDDLE EAST

BANGLADESH

Dhaka North
Dhaka South

CHINA

Chengdu, Hong Kong

INDIA

Bangalore, Bhuvanewar
Chandigarh, Cochin
Coimbatore, Faridabad
Indore, Jaipur, Kolkata
Ludhiana, Mumbai
Odissa, Patna, Pune, Varanasi

INDONESIA

Banda Aceh, Bandar Lampung
Bandung, Denpasar, Jakarta
Makassar, Malang, Manado
Medan, Palembang, Pekanbaru
Purwokerto, Semarang
Surabaya, Surakarta, Yogyakarta

IRAN

Tehran

JAPAN

Izumo, Nagasaki, Nagoya
Sendai

KINGDOM OF SAUDI ARABIA

Riyadh

MALAYSIA

Iskandar Puteri
(former Nusajaya), Johor

NEPAL

TBA

OMAN

Muscat

PHILIPPINES

Clark – Pampanga
Davao City (Mindanao)
Manila

SINGAPORE

Singapore

SOUTH KOREA

Seoul

SRI LANKA

Paradeniya (Kandy)

THAILAND

Bangkok, Chiang Mai
Khon Kaen, Songkhla

UNITED ARAB EMIRATES (UAE)

Abu Dhabi

VIETNAM

DaNang City, HaNoi
ThaiNguyen

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Joining Hands for a Pain Free Future Worldwide

2nd WORLD DAY

OF REGIONAL ANAESTHESIA
& PAIN MEDICINE

WORLD DAY

Saturday, 25 January 2025

PARTICIPATING COUNTRIES & CITIES

NORTH AMERICA

UNITED STATES OF AMERICA (USA)

Chapel Hill, North Carolina, NC
Palo Alto, California, CA
New York City, New York, NYC
Madison, Wisconsin, WI
San Antonio, Texas, TX
Nashville, Tennessee, TN
Charlottesville, Virginia, VA
Jacksonville, Florida, FL
Cleveland, Ohio, OH
Rochester, Minnesota, MN

and ... US-Wide Webinars !!!

CANADA

for a Canada - Wide Webinar !!!
with participating experts from Alberta,
Calgary, Halifax, London Ontario, Ottawa,
Toronto, Vancouver ...

Plus, in person US Guided RA Workshop !!!
Banff, Alberta

LATIN AMERICA

BOLIVIA

La Paz

COLOMBIA

Bogota

COSTA RICA

San Jose

HONDURAS

Tegucigalpa

MEXICO

Mexico City

PANAMA

Panama City

URUGUAY

Montevideo

OCEANIA

AUSTRALIA

Adelaide, Brisbane, Hobart, Melbourne
Perth, Sydney

NEW ZEALAND

Auckland, Christchurch

Australian & New Zealand - Wide Webinars

Your Local Face-to-Face Meeting
There must be one city around you!

Joining Hands for
a Pain Free Future Worldwide

2nd WORLD WEEK & 2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE



Endorsed by



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Your Local Face-to-Face Meeting
There must be one city around you!