

ESRA 2ND WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE NOTTINGHAM

DoubleTree by Hilton Nottingham – Gateway

24th January 2025

6 CPD
Points
RCOA

PROGRAMME

08:30 – 09:00 Registrations

09:00 – 09:15 Welcome Messages & Addressings		
Session 1 Experts Panel & Interactive Discussion Chair: Dr Hassan We Have Read the Literature for You		
09:15– 09:25	Regional Anaesthesia Article	Dr David Hewson
09:25 – 09:35	POCUS Article	Dr Apurv Sehgal
09:35 –09:45	Chronic Pain Article	Dr Richard Pertwee
Session 2 The «Joint» Club Chair: Dr Byrne Everything You Need to Know for Foot and Ankle Procedures		
09:45 –10:00	Back to Basics: Ankle and Foot Anatomy	Dr Biswajit Das
10:00 –10:15	Sonoanatomy and clinical aspect of foot and ankle surgery	Dr Nitin Sadavarte
10:15 –10:30	How I do it: Pros and Con of different practices	Dr Amr Hassan
10:30 –10:40	Q&A – Discussion	
10:40 –11:00 COFFEE BREAK		
Session 3 The "Ultrasound" Club Chair: Dr Hewson Tips and tricks for mastering		
11:00–11:20	How to teach ultrasound-guided peripheral nerve blocks	Dr Mohamed Elriedy
11:20 –11:40	All about neuraxial ultrasound	Dr Amr Hassan
11:40 –11:50	Q&A – Discussion	
Session 4 The "AI" Club Chair: Dr Elriedy What the future holds		
11:50–12:10	Technological Advancements & Artificial Intelligence in Regional Anaesthesia & Pain Medicine	Dr David Hewson
12:10–12:20	Q&A – Discussion	
12:20–13:20 LUNCH BREAK		
Session 5 The Awake Surgery Club Chair: Dr Hassan Everything You Need to Know for Awake Hand and Shoulder Surgery		
13:20– 13:40	Awake Hand Surgery	Dr Nigel Bedforth
13:40 –14:00	Awake Shoulder Surgery	Dr James French
14:00 –14:10	Q&A – Discussion	
Session 6 The "Acute & Chronic Pain Medicine" Club Chair: Dr Apurv Everything you need to know to avoid pain		
14:10 –14:25	Factors for chronic postsurgical pain & Biomarkers for chronic pain: current evidence	Dr Richard Pertwee
14:25- 14:45	Regional analgesia for Traumatic rib Fractures (Major Trauma centre perspective)	Dr William Rattenberry

14:45 –15:00 The benefits of integrative medicine for chronic pain? **Dr Richard Pertwee**
 15:00 –15:10 Q&A – Discussion

15:10–15:30 COFFEE BREAK

Session 7 The “Mother & Child” Club Chair: Dr Bedforth
Everything you need to know about obstetrics and paediatrics

15:30 –15:55 Strategies for successful lumbar neuraxial anaesthesia. Paraspinous (Paramedian) Approach to Spinal & Epidural **Dr Robert Erskine**
 15:55– 16:20 Managing the failing epidural **Dr Arani Pillai**
 16:20– 16:45 Paediatric Regional Anaesthesia **Dr Deborshi Sinha**
 16:45– 17:00 Q&A – Discussion

17:00– 17:15 END OF 2ND WORLD DAY: QUESTIONS –COMMENTS –DISCUSSION

REGIONAL ANAESTHESIA WORKSHOPS RUNNING IN PARALLEL 4 Stations

- **Upper Limb Blocks**
- **Lower Limb Blocks**
- **Abdominal Wall Blocks**
- **Neuraxial, Paravertebral and ESP Blocks**

Session	1	2	3	4
Start Time	09:15	11:00	13:30	15:30
Finish Time	10:45	12:30	15:00	17:00
Session Coordinator	Nigel Bedforth	James French	Robbie Erskine	Vijay Chikkabbaiah
Faculty 2	James French	Nigel Bedforth	Nitin Sadavarte	William Rattenberry
Faculty 3	Dr Mohamed Elriedy	Vijay Chikkabbaiah	David Hewson	David Hewson
Faculty 4	William Rattenberry	Biswajit Das	Biswajit Das	Nitin Sadavarte

FACULTY

Dr Nigel Bedforth

Consultant Anaesthetist; Honorary Associate Professor; Nottingham University Hospitals NHS Trust

Dr Arani Pillai

Consultant Obstetric Anaesthesia; Nottingham University Hospitals NHS Trust

Dr Biswajit Das

Consultant Anaesthetist; Queen's Hospital Burton

Dr Robert Erskine

Consultant Anaesthetist; University Hospitals of Derby

Dr Richard Pertwee

Consultant Anaesthetist and Chronic Pain; Nottingham University Hospitals NHS Trust

Dr William Rattenberry

Consultant Anaesthetist; Acute Pain Lead, Nottingham University Hospitals NHS Trust

Dr David Hewson

Consultant Anaesthetist; Associate Professor; Nottingham University Hospitals NHS Trust

Dr James French

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Mohamed Elriedy

Consultant Anaesthetist; University Hospitals of Derby and Burton, Director of Simulation at the University of Nottingham Medical School.

Dr Nitin Sadavarte

Consultant Anaesthetist; University Hospitals of Derby and Burton

Dr Deborshi Sinha

Consultant Paediatric Anaesthesia; Nottingham University Hospitals NHS Trust

Dr Vijay Chikkabbaiah

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

Dr Apurv Sehgal

Regional Anaesthesia Fellow; Nottingham University Hospitals NHS Trust

ASSOCIATE FACULTY

Dr Carol Byrne

Anaesthetic Trainee, Nottingham University Hospitals NHS Trust

Dr Hind Goriel

ED/ Anaesthetic Trainee, Nottingham University Hospitals NHS Trust

CITY REPRESENTATIVE / CITY LIAISON PERSON/EVENT ORGANISER

Dr Amr Hassan

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

