



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



RAUK REGIONAL
ANAESTHESIA
UNITED
KINGDOM

Joining Hands for
a Pain Free Future Worldwide

One day. One programme.
In all Continents
Simultaneously.

**2nd WORLD DAY
OF REGIONAL
ANAESTHESIA &
PAIN MEDICINE**

Saturday 25th January 2025



TRAINEES: GREAT OPPORTUNITY TO
SIGN OFF SOME OF RA MODULES WITH
INTELLIGENT USG!!



https://bookcpd.com/course/esraworldday-newcastle_Jan25



Education Centre, RVI, Newcastle upon Tyne.



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

**UK Lead: Dr Nat Haslam
Newcastle: Dr Kiran Koneti**

Saturday, 25th Jan 2025
2nd World Day of RAPM (ESRA) PROGRAMME
RVI, Newcastle upon Tyne, UK

09:30 – 10:00 Arrivals & Registration

10:00 Welcome Address: Dr Nat Haslam- Country Lead & RA-UK President

10:10 – 10:40

We Have Read the Literature for You: Journal Club – Dr Nat Haslam

Regional Anaesthesia – Missing nerves in Medial Arm Analgesia: Dr Ash Gupta

POCUS: The most important articles I've read for POCUS in the last 12 months – Dr Rosie Hogg (UK)

Chronic Pain - Perioperative Pain Management in Adults – Dr Kariem El-Boghdadly (UK)
Q&A – Discussion

10:40 – 11:00

The «Joint» Club: Everything You Need to Know for Foot and Ankle Procedures

RA Application in Foot and Ankle Surgery – Dr Nat Haslam

Enhanced Recovery RA Programs- Dr Steven Coppens (Belgium)

Q&A – Discussion

11:00- 11:30 Coffee Break

11:30-12:00

The "Ultrasound" Club: Tips and tricks for mastering – Dr Kiran Koneti

How to teach ultrasound-guided peripheral nerve blocks – Dr Kiran Koneti

All about neuraxial ultrasound with Live Demo – Dr Baskar Manickam

Q&A – Discussion

12:00- 12:30

The “Green” Club: Everything You need to Know about Environmental Sustainability

Green Regional Anaesthesia – Dr Vivian Ip (Canada)

Strategies for Environmental Sustainability: How can we start? – Dr Janaki Pearson

Q&A – Discussion

12:30 – 13:30 Lunch Break

13:30 – 13:45

The “AI” Club: What the future holds – Dr Nat Haslam

How to take advantage of AI in your presentations – Dr Vicente Roques (Spain)

13:45- 14:00

Intelligent Ultrasound – Mr Mike Harwood – Dr Nat Haslam / Dr Jeevan Subramaniam

14:00- 15:30

Plan A Block & Beyond – 3 stations (Delegates to rotate between stations @ 30 mins.)

Station 1: Plan A Blocks & Beyond – Upper Limb (ISB/Supraclav./ Axillary)

Station 2: Plan A Blocks & Beyond – Trunk (ESP/ PVB)

Station 3: Plan A Blocks & Beyond – Lower Limb (Fascia Iliaca/ Femoral/ I Pack/ Sciatic/ Ankle)

Faculty: Dr Nat Haslam, Dr Kiran Koneti, Dr Steve Robb, Dr Sean Cope, Dr Sameer Ahmed, Dr Louise Roberts

15:30-16:00 Coffee Break

16:00 – 16:30

The "Acute & Chronic Pain Medicine" Club: Everything you need to know to avoid pain – Dr Kiran Koneti

Chronic Post Surgical Pain & Transitional Pain Services

– the European Perspective – Dr Patricia Lavand’homme (Belgium)

– the North America Perspective – Dr Edward Mariano (USA)

Risk factors for chronic postsurgical pain – Dr Suresh Narayanan

The benefits of integrative medicine for chronic pain? - Dr Anu Kansal

Q&A – Discussion

16:30 – 17:00

The “mother & child” Club: Everything you need to know about obstetrics and paediatrics

Obstetric RA - New Perspectives – Dr Nuala Lucas (UK)

Managing the failing epidural – Dr Sean Cope

Q&A – Discussion

17:00- 17:30 – Feedback / Discussion & Farewell