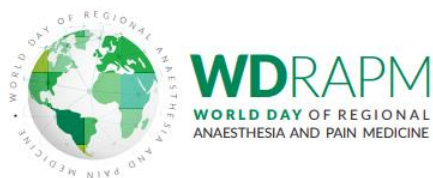


## 2<sup>nd</sup> World day or regional anaesthesia and pain medicine

We kindly invite our junior colleagues ( 1<sup>st</sup> and 4<sup>th</sup> year Anesthesia and intensive care trainees and Nephrology trainees) to attend a course of 2nd World Day of Regional Anaesthesia and Pain Medicine, which will take place on 24-25<sup>th</sup> January, 2025 in Kaunas, Lithuania.

The course, organised together with Lithuanian Society of Anesthesia and Intensive care, is part of 2nd World Day of Regional Anaesthesia and Pain Medicine week events. This will be a second time the course is organised and held at Lithuanian University of Health Sciences (LUHS). We are waiting for the participants from University of Latvia, Vilnius University and LUHS.

The course will take place during two days. On the 1<sup>st</sup> day, senior trainees of Anaesthesia and Intensive care and trainees of Nephrology will learn rapid - access ultrasound protocols as well as evaluation of volemia of the patient at the bedside. On the 2<sup>nd</sup> day of the course, the attendees will get a crash course on regional anesthesia. The course is organised in coordination with the Institute of Anatomy of LUHS, bringing the participants the unique ability to learn using the remains of the human body.



**FRIDAY, 24TH JANUARY**  
**INSTITUTE OF ANATOMY AT LUHS**

**Rapid access ultrasound protocols**

**11:00 – 11:30 Registration**

**11:30 – 11:45 Introduction**

**Theory:**

**11:45 – 12:10 – Transhoracic echocardiography for a non - cardiologist (dr. A. Mačiuliene)**

**12:10 – 12:35 – eFAST/BLUE protocols (acc.proff. T. Bukauskas)**

**12:35 – 13:00 – Point of care ultrasound in nephrology –( dr. A. Bura)**

**13:00 – 13:15 Break**

**13:15 – 16:00 Hands – on sessions**

	HANDS-ON SESSIONS			
	FATE protocol	Venous access	BLUE protocol	Inferior vena cava/ kidney ultrasound
	I	II	III	IV
13:15-14:00	Team 1	Team 2	Team 3	Team 4
14:00-14:45	Team 4	Team 3	Team 2	Team 1
14:45-15:30	Team 3	Team 1	Team 4	Team 2
15:30-16:15	Team 2	Team 4	Team 1	Team 3
I - A. Mačiuliene, II - A. Zarskus, III – T. Bukauskas IV – A. Bura				



**SUNDAY, 25TH JANUARY**  
**INSTITUTE OF ANATOMY AT LUHS**

**8:00-8:30 Registration**

**8:30 - 9:00 Introduction**

**9:00 - 12:00 theory**

9:00 -9:30 Brachial plexus. Interscalene block ( prof. *Aleksej Miscuks*)

9:30-10:00 Axillary block (*Giedrius Volbekas*)

10:00-10:30 Regional anesthesia for postoperative pain in cardiothoracic surgery (*Edgars Prozorovskis*)

**10:30-10:45 Break. Coffee included.**

10:45-11:15 Benefits of visible anaesthesia (*Eva Strike*)

11:15-11:45 Lumbar-sacral blocks. Upper leg. (*Aiste Urbonaite*)

11:45-12:15 Distal lower limb blocks (*Ramune Jakubauskaite*)

**12:15-13:00 Lunch**

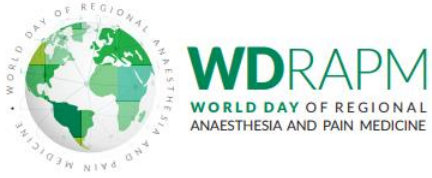
**13:00 – 18:00 Hands – on sessions**

Teamwork. 4 teams, 40 people.

15:00- 15:15 Break.

15:15 - 17:30 Teamwork.

**17:30-18:00 Questions unanswered. Discussion.**



## ***LOCATION OF THE VENUE***

Adress: A. Mickeviciaus 9, 44307, Kaunas, Lithuania

Link: <https://maps.app.goo.gl/Ux9PpJoxcEdywBgs6>

QR code for location:



Where to park a car: AKROPOLIS, a shopping mall, Karaliaus Mindaugo pr. 49, 44333, Kaunas