



The European Society of  
Regional Anaesthesia & Pain Therapy  
Crossing Boundaries, Transforming Care

ASRA  
PAIN MEDICINE



AFRICAN  
Society of  
Regional  
Anaesthesia



Joining Hands for  
a Pain Free Future Worldwide

One day. One programme.  
In all Continents  
Simultaneously.

## 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25<sup>th</sup> January 2025  
İstanbul Koç University



# WORLD DAY



## Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland  
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Info and Registrations  
[esraeurope.org](http://esraeurope.org)

# 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

25 JANUARY 2025

08:30 - 09:00

## Opening

Yavuz Gürkan - Koç University Head of the Department of Anesthesiology and Reanimation  
Fatma Sarıcaoğlu - Regional Anesthesia Society President (RAD)  
Eleni Moka - Europe Regional Anesthesia Society President (ESRA)  
Sebastien Bloc - Welcome Video

## Up-To-Date Literature – Session Chair: Yavuz Gürkan

09:00 - 09:10

**Regional Anaesthesia – Berna Çalışkan**

09:10 - 09:20

**Perioperative Care– Kamil Darçın**

09:20 - 09:30

**POCUS - Ayça Sultan Şahin**

09:30 - 09:35

**Discussion**

## Joint Club (in Hip Surgeries)– Session Chair: Fatma Sarıcaoğlu

09:35 - 09:50

**Anatomy – Volkan Özen**

09:50 - 10:05

**Hip Blocks and Block Combinations – Ali Ahıskaloğlu**

10:05 - 10:20

**How I do it? – Video Display – Hadi Ufuk Yörükoğlu**

10:20 - 10:25

**Discussion**

## Ultrasound Club – Session Chair: Yavuz Gürkan

10:25 - 10:40

**How to teach ultrasound for peripheral nerve blocks? Mete Manici**

10:40 - 10:55

**Ultrasound application principles – Yunus Oktay Atalay**

10:55 - 11:00

**Discussion**

11:00 - 11:10

**COFFEE BREAK**

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25 JANUARY 2025

## AI and Sustainability Club – Session Chair: Alparslan Kuş

- 11:10 - 11:25 **AI in Regional Anaesthesia – Serkan Tulgar**  
11:25 - 11:40 **Environmental Benefit of Regional Anaesthesia – Selcan Akesen**  
11:40 - 11:45 **Discussion**

## From the Past to the Future POCUS – Session Chair: Demet Altun

- 11:45 - 12:00 **Airway - Lung - Demet Altun**  
12:00 - 12:15 **Vascular - gastric - Sevim Cesur Okan**  
12:15 - 12:20 **Discussion**

12:20 - 13:15 **LUNCH**

## Acute and Chronic Pain Club – Session Chair: Ömür Erçelen

- 13:15 - 13:30 **Risk factors for chronic postoperative pain - İrem Özdemir**  
13:30 - 13:45 **Biomarkers for chronic pain - Bora Bilal**  
13:45 - 14:00 **Can we implement a personalized program for postoperative pain? - Süheyla Abitağaoğlu**  
14:00 - 14:15 **Integrative medicine in chronic pain - Bahadır Çiftçi**  
14:15 - 14:20 **Discussion**

## Mother & Child Club – Session Chair: Mukadder Orhan Sungur

- 14:20 - 14:35 **Key points for spinal anesthesia in Caesarean section - Mukadder Orhan Sungur**  
14:35 - 14:50 **Safety in pediatric regional anesthesia - Can Aksu**  
14:50 - 14:55 **Discussion**

14:55 - 15:05 **COFFEE BREAK**

## Hands-On Clinical Workshop (on models)

Upper extremity	Lower extremity	Thoracic Wall Blocks	Abdominal Wall Block	Airway - Lung
Can Aksu, Berna Çalışkan	Ali Ahiskaloğlu, Alper Tunga Doğan	Serkan Tulgar, Volkan Özen	Selcan Akesen, Bora Bilal	Demet Altun, Hadi Ufuk Yörükoğlu