



## The ESRA-DRA Part 1 exam

**Do I have to be an ESRA member at the time applying for any part of the ESRA-DRA exam?** Yes, you have to be an ESRA member at the time when you apply for the exam and at the time of the exam as well.

**Do I have to attend a minimum of 1 ESRA or other accredited regional anaesthesia workshop before I apply for ESRA-DRA part 1 exam?**

No, you can apply for ESRA-DRA part 1 exam without providing the evidence of attended one or more regional anaesthesia workshops.

**How many times can I retake the ESRA-DRA part 1 exam?**

Unlimited times.

**Do I have to be fluent in English language for ESRA-DRA part 1 exam?**

The Majority of candidates would take the exam in English, however the ESRA-DRA part 1 exam is now offered in Spanish and Turkish languages. In that case you can select your preferred language when applying for the exam. More languages might be added in the future.

**Do I have to attend the ESRA annual congress when applying for ESRA-DRA part 1 exam?**

In case, you apply for the ESRA-DRA part 1 exam held during the ESRA annual congress, you can use this opportunity of registering for congress as well, however you can choose other ESRA congress to attend. At least one ESRA congress attendance certificate is required for both ESRA-DRA part 1 and part 2 exams. It is up to you to decide, when you attend the ESRA congress as long as the attendance of the congress is between your ESRA-DRA 1 and final ESRA-DRA 2 exams.

**Do I have to present the evidence of 150+150 blocks before I apply for ESRA-DRA part 1 exam?** No, the evidence of at least 150+150 blocks is required before you apply for ESRA-DRA part 2 exam (section A or section B).

# The ESRA-DRA Part 2 exam

## **Is the ESRA-DRA Part 2 exam now split to two exams?**

Yes, the ESRA-DRA Part 2 exam has now the online exam ESRA-DRA Part 2 section A (in short ESRA-DRA 2A) and practical ESRA-DRA Part 2 section B (ESRA-DRA 2B).

## **Do I need to present the evidence of all required workshops when I apply for either section of the ESRA-DRA 2 exam?**

You do not have to present the evidence of all required workshops for the ESRA-DRA 2A exam. You do have to present the evidence of all required workshops for ESRA-DRA 2B exam.

## **Do I have to apply for ESRA-DRA 2A first and only after that to ESRA-DRA 2B?**

No, you can apply for either ESRA-DRA 2A or ESRA-DRA 2B as your first exam as long as you meet all required criteria.

## **If I fail one section of the ESRA-DRA 2 exam (for example ESRA-DRA 2A), do I need to retake both sections of the exam?**

No. You can retake only the part you failed. That can be either ESRA-DRA 2A or ESRA-DRA 2B.

## **How many times can I retake the ESRA-DRA 2 exam?**

You are allowed to retake each section of the ESRA-DRA 2 exam up to three times. That means, you can retake your ESRA-DRA 2A up to three times and you can also retake your ESRA-DRA 2B up to three times. If you fail either section of the ESRA-DRA 2 exam, you need to repeat whole exam – ESRA-DRA 1 and ESRA-DRA 2 (A+B) again and submit a new set of required workshops.

## **Is there any maximum time between the ESRA-DRA part 1 and ESRA-DRA part 2 exam?**

No. You can take as much time as you need to decide when you will apply for ESRA-DRA 2 exam after successfully passing the ESRA-DRA 1 exam.

## **Does my required cadaver workshop have to be an ESRA workshop as well?**

No. Your cadaver workshop can be either organised by ESRA or by another organiser. It counts as long as it meets the ESRA-DRA criteria.

One official ESRA workshop is required. This can be either cadaveric or ultrasound hands-on workshop.

All workshops attended after July 2022 must be from the “ESRA-DRA Accredited” list of workshops.

## **Do I have to provide evidence of completing the 150+150 blocks before I apply for either section A or section B of the ESRA-DRA 2 exam?**

Yes. Before you apply for either ESRA-DRA 2A or ESRA-DRA 2B exam, you must present the evidence of completion of the required number of central and peripheral nerve blocks.

## **What workshops are recommended for ESRA-DRA exam?**

The list of “ESRA-DRA Accredited” workshops is available [here](#). The ESRA-DRA Board will accept the workshops attended in the last 5 years prior to each 2B exam, including those on the list of the new “ESRA-DRA Accredited” workshops (from July 2022). Although 3 workshops are minimum requirements, it is highly

recommended to attend as many workshops as necessary for the candidate to fully understand the applied anatomy and sonoanatomy for regional anaesthesia.

**I have not attended the ESRA annual congress during my ESRA-DRA part 1 exam. Do I have to attend it before I apply for ESRA-DRA part 2 exam?**

Full registration to the ESRA annual congress is required. You can attend the congress at any time between your ESRA-DRA 1 exam and final part of your ESRA-DRA 2 exam (section A or B).

**I have difficulties to attend the cadaveric workshop in my country. Can I attend the cadaveric workshop during the ESRA congress after my ESRA-DRA 2 exam?**

You do not have to attend all workshops before ESRA-DRA 2A, however you have to attend all workshops before sitting the ESRA-DRA 2B exam. This requirement cannot be fulfilled at any time after the ESRA-DRA 2B exam.

**Can I take the ESRA-DRA 2 exam (section A or B) in other than English language?**

The ESRA-DRA part 2 exam (section A and B) is currently offered in English language only. More languages may be added in the future.

**What do you recommend for me to prepare myself for the ESRA-DRA exam?**

The reading list for both parts ESRA-DRA 1 and ESRA-DRA 2 is published [here](#). ESRA-DRA Part 2 (A&B) is considered the friendly discussion among the senior and respected colleagues. It is more than competency exam and signs of confidence in regional anaesthesia, problem solving skills and detailed knowledge of anatomy and ultrasound image acquisition + interpretation are expected for the candidate to successfully pass.

If you have any other question, please contact us: [esra-dra@esraeurope.org](mailto:esra-dra@esraeurope.org).

# Workshops accepted for ESRA-DRA Part 2 exam

Candidates who successfully passed the ESRA-DRA Part 1 exam will need to provide evidence of attending several workshops required for the ESRA-DRA Part 2 exam. As the rules for the workshops have changed in the last years, we would like to bring more light into this potentially confusing topic and answer frequently asked questions from many candidates.

## **How many workshops do I need to attend for ESRA-DRA Part 2 exam?**

You need a minimum of 3 workshops. One of them must be cadaveric and one of them must be an official ESRA workshop (organised by ESRA).

## **Can I use my regional anaesthesia workshop, which I attended 10 years ago?**

No, unfortunately the ESRA-DRA Board will only accept workshops (compatible with the ESRA-DRA requirements) attended in the period of 5 years PRIOR TO YOUR EXAM DATE.

## **One of the requirements for ESRA-DRA exam is attending at least one ESRA Congress. Is this time limited as well?**

Yes, the certificate from ESRA Congress should not be older than 5 years prior to your exam date.

## **I have successfully submitted all 3 workshops for the ESRA-DRA Part 2 exam, but I have failed exam. Do I need to repeat some or all of my workshops for my second (or third) exam attempt?**

Not necessarily. You need to check if all your workshop will fulfil the criteria of less than 5 years prior to your second (or third) exam attempt for that particular part of the ESRA-DRA 2 exam (either 2A or 2B).

## **What are the new ESRA-DRA Accredited workshops?**

You can only use the workshops organised after 1<sup>st</sup> July 2022 for ESRA-DRA Part 2 exam if the workshop has been recognised with the "ESRA-DRA Accredited" status. No other workshops attended after 1<sup>st</sup> July 2022 will be accepted. All official ESRA workshops are ESRA-DRA Accredited.

## **I booked my workshop (ultrasound or cadaveric) during the ESRA congress. Can I sit the ESRA-DRA 2 exam and then attend the workshop after the exam during the congress?**

Unfortunately no. All required workshops must be submitted prior to the ESRA-DRA Part 2B exam. From 2024 the exam is organised AFTER the ESRA Congress, allowing candidates to fulfil their workshop requirements during the ESRA congress.

\*For Workshops realized during ESRA Congresses, a minimum of 6 hours of hands-on practice is required in order to be counted as ONE workshop (either ultrasound or cadaveric) recognized for the ESRA-DRA exam.

## **Do I need to collect the certain amount of ESRA-DRA points from the workshops for the ESRA-DRA Part 2 exam?**

Yes, after the transition period ends on 30<sup>th</sup> June 2027, you need to submit workshops that generate a minimum number of 20 points. A minimum 10 of those 20 points must be

Ultrasound Hands-on points. A minimum 6 of those 20 points must be Cadaveric Hands-on points.

**Can I submit more than 20 ESRA-DRA points from my workshops?**

Yes, you can always add more workshops but only 20 points are necessary. However you can attend as many workshops as you feel is necessary to become competent and confident in applied anatomy and sono-anatomy for regional anaesthesia.

**What workshops will be accepted from 1<sup>st</sup> January 2023 until the end of transition period (30<sup>th</sup> June 2027)?**

A minimum of 3 workshops in total will be required for the transition period. This must include at least one cadaveric workshop and at least one official ESRA workshop as long as they are not older than 5 years before the date of the exam. All workshops organised after the start of transition period (1<sup>st</sup> July 2022) must have the “-ok” Accredited” status.

**Do I need to submit at least 20 ESRA-DRA points for the ESRA-DRA Part 2 exam during the transition period?**

No, you do not have to collect the minimum of 20 ESRA-DRA points during the transition period. Those 20 ESRA-DRA points will only be mandatory to submit for ESRA-DRA Part 2 exams organised after 1<sup>st</sup> July 2027.

Between 1<sup>st</sup> January 2023 and 1<sup>st</sup> July 2027 candidates will be able to submit a mixture of workshops organised before 1<sup>st</sup> July 2022 and after 1<sup>st</sup> July 2022. Up to the point of full transition (1<sup>st</sup> July 2027) ESRA-DRA will accept 3 workshops (1 cadaver, 1 ESRA, 3 in total), BUT workshops after 1<sup>st</sup> July 2022 have to be ESRA-DRA Accredited workshops ONLY.

**I attended a short (1 hour) workshop during the congress/conference. Can I submit it as one of my workshops required for the ESRA-DRA exam?**

Candidates may choose to collect several short workshops from congress, annual scientific meeting or similar conference as long as the congress organiser successfully applies for ESRA-DRA Accredited status of those workshops. A minimum of 6 hours of hands-on practice is required in order to be counted as ONE workshop (either ultrasound or cadaveric) recognised for ESRA-DRA exam.