







Joining Hands for a Pain Free Future Worldwide

One day. One programme. In all Continents Simultaneously.

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25th January 2025 Ankara Etlik Şehir Hastanesi



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland Email: office@esraeurope.org

Info and Registrations esraeurope.org

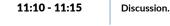
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25 JANUARY 2025

08:30 - 09:00	Opening	
	Derya Özkan Julide Ergil	
	We have read the literature for you: Sister societies journal club	
08:30 - 08:40	Regional anesthesia – Fatma Özkan Sipahioğlu	
08:40 - 08:50	Perioperative care – Sanem Turhan	
08:50 - 09:00	POCUS – Sedat Saylan	
09:00 - 09:05	Discussion.	
	The joint club. Everything you need to know for HIP procedures - Chair: Derya Özkan	
09:05 - 09:20	Back to basics. Anatomy – Gökçen Emmez	
09:20 - 09:35	Evidence based practice. Evidence-based practical regional anesthesia applications in hip surgery - Musa Zengin	
09:35 - 09:50	Block combinations in hip surgeries - Burak Eşkin	
09:50 - 09:55	Discussion.	
	The ultrasound club. Tips and tricks for mastering.	
09:55 - 10:10	How to teach ultrasound guided peripheral nerve blocks? – Alper Kiliçaslan	
10:10 - 10:25	All about neuraxial ultrasound. – Banu Kılıçaslan	
10:25 - 10:30	Discussion.	
10:30 - 10:40	Coffee break	
	The Al and Green Club. What the future holds? - Chair: Hafize Öksüz	
10:40 - 10:55	Advances and utility of artificial intelligence in regional anesthesia – Burak Nalbant	

10:55 - 11:10 Environmental benefits of regional anesthesia. What do we know ? - Arzu Karaveli









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	POCUS Horizons. From present insigh	ts to future directions.	
11:15 - 11:30 11:30 - 11:45 11:45 - 12:00 12:00 - 12:05	Airway -Lung - Funda Gök Vascular -Gastric - Perihan Ekmekçi Echocardiography - Emel Gündüz Discussion.		
12:05 - 12:45	LUNCH		
	The acute and chronic pain medicine Club.	Everything you need to know to avoid pain - Chair: Taylan Akkaya	
12:45 - 13:00 13:00 - 13:15 13:15 - 13:30 13:30 - 13:45 13:45 - 13:50	Risk factors for chronic post surgical pain – Gökhan Yıldız Biomarkers for chronic pain. Current evidence – Nurten İnan Personalized program for post surgical pain. Ready for it? - Suna Akın Takmaz The benefits of integrative medicine for chronic pain - Coşkun Araz Discussion		
	The Mother and Child club. Everything you	need to know about obstetrics and Pediatrics - Chair: Aslı Dönmez	
13:50 - 14:05 14:05 - 14:20 14:20 - 14:25	Key points for spinal anesthesia in cesarean section – Feyza Çalışır Safety Pediatric Regional Anesthesia – Gözen Öksüz Discussion		
14.25 - 14.35	Coffee break		
14.35 - 16.05	Hands on clinical workshop (on models)		
Station 1 - Upper extremity blocks		Station 4 - Abdominal wall blocks	
Station 2 - Lower extremity blocks		Station 5 - Airway POCUS	

TRAINERS:

Station 3 - Thoracic wall blocks

Derya Özkan, Alper Kılıçaslan, İrfan Güngör, Perihan Ekmekçi, Funda Gök, Gözen Öksüz, Sanem Turhan Müge Çakırca, Savaş Altınsoy, Sehend Debbağ, Funda Atar, Özge Özen, Atakan Sezgi







Station 6 - Vascular POCUS

Bilgi ve kayıt için Info and Registrations esraeurope.org