



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

One day. One programme.
In all Continents
Simultaneously.

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25th January 2025
Ankara Etlik Şehir Hastanesi



WORLD DAY



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

25 JANUARY 2025

08:30 - 09:00

Opening

Derya Özkan
Julide Ergil

We have read the literature for you: Sister societies journal club

08:30 - 08:40

Regional anesthesia – Fatma Özkan Sipahioğlu

08:40 - 08:50

Perioperative care – Sanem Turhan

08:50 - 09:00

POCUS – Sedat Saylan

09:00 - 09:05

Discussion.

The joint club. Everything you need to know for HIP procedures - Chair: Derya Özkan

09:05 - 09:20

Back to basics. Anatomy – Gökçen Emmez

09:20 - 09:35

Evidence based practice. Evidence-based practical regional anesthesia applications in hip surgery – Musa Zengin

09:35 - 09:50

Block combinations in hip surgeries – Burak Eşkin

09:50 - 09:55

Discussion.

The ultrasound club. Tips and tricks for mastering.

09:55 - 10:10

How to teach ultrasound guided peripheral nerve blocks? – Alper Kılıçaslan

10:10 - 10:25

All about neuraxial ultrasound. – Banu Kılıçaslan

10:25 - 10:30

Discussion.

10:30 - 10:40

Coffee break

The AI and Green Club. What the future holds? - Chair: Hafize Öksüz

10:40 - 10:55

Advances and utility of artificial intelligence in regional anesthesia – Burak Nalbant

10:55 - 11:10

Environmental benefits of regional anesthesia. What do we know ? – Arzu Karaveli

11:10 - 11:15

Discussion.



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POCUS Horizons. From present insights to future directions.

11:15 - 11:30	Airway -Lung - Funda Gök
11:30 - 11:45	Vascular -Gastric - Perihan Ekmekçi
11:45 - 12:00	Echocardiography - Emel Gündüz
12:00 - 12:05	Discussion.

12:05 - 12:45 **LUNCH**

The acute and chronic pain medicine Club. Everything you need to know to avoid pain - Chair: Taylan Akkaya

12:45 - 13:00	Risk factors for chronic post surgical pain - Gökhan Yıldız
13:00 - 13:15	Biomarkers for chronic pain. Current evidence - Nurten İnan
13:15 - 13:30	Personalized program for post surgical pain. Ready for it? - Suna Akın Takmaz
13:30 - 13:45	The benefits of integrative medicine for chronic pain - Coşkun Araz
13:45 - 13:50	Discussion

The Mother and Child club. Everything you need to know about obstetrics and Pediatrics - Chair: Aslı Dönmez

13:50 - 14:05	Key points for spinal anesthesia in cesarean section - Feyza Çalışır
14:05 - 14:20	Safety Pediatric Regional Anesthesia - Gözen Öksüz
14:20 - 14:25	Discussion

14.25 - 14.35 **Coffee break**

14.35 - 16.05 Hands on clinical workshop (on models)

Station 1 - Upper extremity blocks	Station 4 - Abdominal wall blocks
Station 2 - Lower extremity blocks	Station 5 - Airway POCUS
Station 3 - Thoracic wall blocks	Station 6 - Vascular POCUS

TRAINERS:

Derya Özkan, Alper Kılıçaslan, İrfan Güngör, Perihan Ekmekçi, Funda Gök, Gözen Öksüz, Sanem Turhan Müge Çakırca, Savaş Altınsoy, Sehend Debbağ, Funda Atar, Özge Özen, Atakan Sezgi