

DAY 1 : 24 January 2025

| The ultrasound club | | |
|---------------------|--|---|
| Time | Topic | Speakers |
| 8:00 - 8 :30 a.m | Registration of participants | |
| 08: 30 - 9:30 a.m | Introduction to POCUS | Dr Ndefo Yannick |
| 9:30 - 10:00 a.m | Basics of ultrasonography | Dr djouda |
| 10:00 - 11:30 a.m | Opening ceremony | |
| 11:30 - 12:30 a.m | E-FAST | Dr Djouda |
| 12:30 - 1:00 p.m | Ultrasound for peripheral nerve blocks | Dr kuitchet |
| 01:00 – 2:00 p.m. | Lunch | |
| 14:00 – 16:00 p.m. | Hands-on; live demonstration: <ul style="list-style-type: none"> • Needling • Axillary block • Femoral nerve block • Tap block • E-FAST | <ul style="list-style-type: none"> • Dr Kuitchet • Dr Djouda • Dr Tchokam • Dr Fung |

DAY 2 25 January 2025

| Time | topic | speakers |
|---------------------|--|---|
| 8 : 00 – 8 : 30 a.m | Registration of participants | |
| 8:30 - 9:00 a.m | Safety in regional anaesthesia | Dr Tchokam |
| 9:00 - 9:30 a.m | Local anaesthetics toxicity | Dr Nana manuella |
| 9:30 - 10:00 a.m | Anaesthesia for caesarean section: what's new? | Dr Fung |
| 10: 00 - 10:30 a.m | Break | |
| 10:30 - 11:00 a.m. | Neuraxial anaesthesia: updates | Dr Daya |
| 11:00 - 11:30 a.m. | Paediatric: caudal anaesthesia/analgesia | Dr Nana manuella |
| 11:30 - 12:00 a.m. | Post operative pain: updates | Dr Fung |
| 12:00 - 1:00 p.m. | Lunch | |
| 1:00-3:00 p.m. | Hand on live demonstration: <ul style="list-style-type: none"> • Needling • E-Fast • Sciatic popliteal block • Rectus sheath block | <ul style="list-style-type: none"> • Dr Kuitchet • Dr Djouda • Dr Tchokam • Dr Fung |

World regional anaesthesia week: Planned webinar series during the week

the 18 January and 23 January 2025

Duration 2H

| Topic | Speaker | moderator | Date/time |
|---|---------------------|----------------------|-----------------------|
| The "Green" club: <ul style="list-style-type: none"> • Environmental benefit of RA: What do we know? • Strategies for sustainability: How can we start? | | | |
| Anaesthesia for caesarean section: what's new? | Dr Nyat Patrick? | Dr Oum Joseph | 24/01/2025 19a.m |
| Chronic pain management | Dr Ngong Jerry | Dr Fung Holga | 18/01/2025 20 a.m |
| The Artificial Intelligence in regional anaesthesia | | | |
| Regional anaesthesia in trauma /emergency | Dr Tchokam Lionelle | Dr Daya Leonid | 21h/01/2025 19 a.m |
| Paediatric: <ul style="list-style-type: none"> • RA in pediatric: challenges in subsaherian Africa | Dr Mejeni Nathalie | Dr Ndikontar Raymond | 20/01/2025 18 a.m |