



Joining Hands for  
a Pain Free Future Worldwide

One day. One programme.  
In all Continents  
Simultaneously.

## 2<sup>nd</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE



**Bucharest, 24- 25 January 2025**

**Location**

**CENTER OF EXCELLENCE IN TRANSLATIONAL MEDICINE, Clinical Institute  
Fundeni, 4th Floor**

**Sos. Fundeni Nr. 258, Sector 2 - Bucuresti - Cod Postal: 022328**



### **Coordinators:**

*Assoc Prof Dr Liliana Mirea, Vice President of Romanian Association of Regional Anesthesia and Pain Therapy (ARAR, Member of Romanian Society of Anesthesia and Intensive Care Senate (SRATI))*

*Dr Raluca Ungureanu, Secretary of Romanian Association of Regional Anesthesia and Pain Therapy (ARAR), Member of Romanian Society of Anesthesia and Intensive Care Senate (SRATI)*

*Assoc Prof Dr Silviu Negoitã, Member of Romanian Society of Anesthesia and Intensive Care Senate (SRATI)*

*Assoc Prof Dr Rãzvan Ene, President of Romanian Society of Orthopaedic and Traumatology (SOROT)*

### ***Invited speakers***

**Ana Maria Dumitriu**, Anaesthesia and Intensive Care Clinic, Clinical Emergency Hospital of Bucharest

**Răzvan Ene**, Head of Department of Orthopaedic and Traumatology, Clinical Emergency Hospital of Bucharest

**Liliana Mirea**, Head of Anaesthesia and Intensive Care Clinic, Clinical Emergency Hospital of Bucharest

**Silvius Negoită**, Head of Anaesthesia and Intensive Care Clinic, “Elias” Emergency University Hospital

**Cosmin Panțu**, Anatomy Department, “Carol Davila” University of General Medicine, Bucharest

**Daniela Ologoiu**, Anaesthesia and Intensive Care Clinic, Clinical Emergency Hospital of Bucharest

**Radu Tăbăcaru**, Head of Anaesthesia and Intensive Care Clinic, “MS Curie” Emergency Clinical Hospital for Children

**Raluca Ungureanu**, Anaesthesia and Intensive Care Clinic, Clinical Emergency Hospital of Bucharest

### **24 January 2025**

**12.00- 13.00** Welcome lunch

#### **13.00- 13.30**

Why regional anaesthesia?

*Liliana Mirea*

*Why ultrasound guided regional anaesthesia? Tips and tricks*

*Silvius Negoită*

#### **13.30- 15.00 Epidural anesthesia/ analgesia part I**

Chairperson *Silvius Negoită*

Epidural anesthesia: Clinical application and current developments

*Silvius Negoită*

Epidural and combined spinal-epidural anesthesia: Techniques

Daniela Ologoiu

Live demonstrations on training models

#### **15.00- 15.30 Tea break**

#### **15.30- 16.30 Epidural anesthesia/ analgesia part II**

Chairperson *Silvius Negoită*

Epidural Anesthesia: Safe, Effective Pain Relief During Labor

*Silvius Negoită*

Caudal Epidural Anaesthesia for Paediatric Patients

*Radu Tăbăcaru*

Live demonstrations on training models

### **16.30- 18.00 Ultrasound-guided brachial plexus blocks**

Chairperson Raluca Ungureanu

Applied anatomy of brachial plexus

Raluca Ungureanu

Interscalenic approaches to brachial plexus anesthesia

Raluca Ungureanu

Supraclavicular approaches to brachial plexus anesthesia

Ana Maria Dumitriu

Ultrasound-Guided Axillary Brachial Plexus Block

Liliana Mirea

Factors associated with failed brachial plexus regional anaesthesia

Raluca Ungureanu

Live demonstrations on human models and needle trainer

18.00- 18.30 Ultrasound-Guided Superficial Cervical Plexus Block

Chairperson *Radu Tăbăcaru*

## **25 ianuarie 2025**

**09.00- 9.30 Welcome coffee**

**9.30- 10.00 *We Have Read the Literature for You***

Chairperson *Liliana Mirea*

*Speaker Ana Maria Dumitriu*

*Q&A – Discussion*

**10.00- 12.00 *The «Joint» Club: Everything You Need to Know for Foot and Ankle Procedures***

Chairperson Răzvan Ene

Back to Basics: Ankle and Foot Anatomy

Răzvan Ene

Evidence Based Practice: Regional Analgesia Application in Foot and Ankle Surgery /

Pathology

Cosmin Panțu

Live demonstrations on human models

*Q&A – Discussion*

*12.00- 12.30 Coffee break*

**12.30- 13.30 *The "Ultrasound" Club: Tips and tricks***

Chairperson *Daniela Ologoiu*

*Ankle block*

Live demonstrations on human models

*13.30- 14.30 Lunch break*

14.30 – 16.00 The “mother & child” Club: Everything you need to know about obstetrics and paediatrics

Chairperson *Silvius Negoită*

Managing the failing epidural

POCUS in obstetric anaesthesia

Q&A – Discussion

16.00- 18.00 The "Acute & Chronic Pain Medicine" Club:

Everything you need to know to avoid pain

Analgesic techniques in arthroplasty

Chairperson Liliana Mirea

PENG block

*Daniela Ologoiu*

Ultrasound-Guided Fascia Iliaca Compartment Block

*Ana Maria Dumitriu*

Peripheral nerve blocks in total knee arthroplasty

Liliana Mirea

Live demonstrations on human models

*Q&A – Discussion*

*18.00- 18.30 Feedback evaluation.*

***QUESTIONS – COMMENTS – DISCUSSION***



Info and Registrations  
[esraeurope.org](http://esraeurope.org)