



The European Society of
Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

One day. One programme.
In all Continents
Simultaneously.

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25th January 2025

ISKANDAR PUTERI
JOHOR, MALAYSIA

WORLD DAY



Your Local Face-to-Face Meeting



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org



Gleneagles Hospital
JOHOR

SHORTER STAYS, BETTER OUTCOMES:
**ENHANCING RECOVERY
AFTER SURGERY**
Symposium 2025

**CPD POINTS
AWARDED**
For Doctors, Nurses
& Pharmacists



25th January 2025, Saturday
7:30am – 5:30pm



Fraser Place Puteri Harbour
Residensi & Hotel Marina, Persiaran Tanjung,
Pengkalan Puteri, 79100 Iskandar Puteri,
Johor Darul Takzim, Malaysia

Participating Healthcare Provider

**Hospital Sultan Ismail | Hospital Sultanah Aminah, Johor |
Hospital Canselor Tuanku Muhriz UKM | Colombia Asia Hospital Tebrau |
Pantai Integrated Rehab**

OBJECTIVES

1. To explore and discuss the implementation and outcomes of the Enhanced Recovery After Surgery protocol from multi-disciplinary perspectives of Anaesthesia, Orthopaedics, General Surgery, Gynaecology, Cardiothoracic Surgery, Transfusion Medicine, Rehabilitation and Dietetics.
2. To revolutionise comprehensive perioperative care through evidence-based practices.
3. To ultimately achieve early recovery and improve clinical outcomes for patients undergoing major surgery.

**SCAN HERE
FOR REGISTRATION**



In conjunction with :



In collaboration with,



Symposium Programme

8:00am Registration & Breakfast

8:30am Welcome & Opening Speech

Dr. Kamal Amzan
CEO, Gleneagles Hospital Johor & Regional CEO (Southern & Eastern), IHH MY

8:40am Introduction of Enhanced Recovery After Surgery Symposium 2025

Scientific Director,
Dr. Shahridan Mohd Fathil,
Anaesthesiologist, Gleneagles Hospital Johor

8:50am Presentation of Token of Appreciation, Photo taking & Booth Exhibition Visits

Symposium 1 – Total Knee Replacement

Moderator: Dr. Lee Chong En
Anaesthesiologist, Gleneagles Hospital Johor

9:00am Robotic Assisted Knee Replacement Surgery

Dr. Loi Kai Weng
Orthopaedic & Advanced Trauma Surgeon,
Gleneagles Hospital Johor

9:20am GA vs Spinal for Total Knee Replacement

Dr. Shahridan Mohd Fathil
Anaesthesiologist, Gleneagles Hospital Johor

9:40am Motor-sparing Blocks for Total Knee Replacement

Dr. Iskandar Khalid
Anaesthesiologist & Critical Care,
Hospital Canselor Tuanku Muhriz UKM

10:00am Total Knee Replacement – Pre and Post Rehabilitation

Mr. Azri Bin Laily
Physiotherapist,
Pantai Integrated Rehab Sdn. Bhd.

10:20am Panel discussion – Q&A

Hand-On Workshop

10:40am

Tea-Break

Adductor Canal Block Workshop

Dr. Benjamin Tan Lin Jun
Anaesthesiologist,
Columbia Asia Hospital Tebrau

Symposium 2 – Oncology Surgery

Moderator: Dr. Iskandar Khalid, Anaesthesiologist & Critical Care,
Hospital Universiti Kebangsaan Malaysia

11:00am Prehabilitation Strategies for High-Risk Surgical Patients

Hajah Dr Katijjahbe Md Ali (A.N.S)
Senior Clinical Physiotherapy U52,
Hospital Canselor Tuanku Muhriz UKM

11:20am General Surgery and Colorectal Surgery

Dr. Sandip Kumar
General & Colorectal Surgeon,
Gleneagles Hospital Johor

11:40am ERAS for Gynae-Oncology – Benefit & Challenges

Dr. Ahmad Shuib Yahaya
Gynae-Oncologist,
Gleneagles Hospital Johor

12:00pm Goal Directed haemodynamic Mx in Major Abdominal Surgery

Dr. Syarifah Noor Nazihah Sayed Masri
Anaesthesiology And Critical Care,
Hospital Canselor Tuanku Muhriz UKM

12:20pm Onco-Anaesthesiology

Dr. Mohd Aizad Bin Mohd Yusof
Anaesthesiologist,
Gleneagles Hospital Johor



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Symposium Programme

12:40pm

Panel discussion – Q&A

Hand-On Workshop

1:00pm

Lunch

Abdominal Wall Blocks

Dr. Wong Yeow Ken
Anaesthesiologist,
Hospital Sultanah Aminah, Johor

Symposium 3 – Gynaecology Surgery

Moderator: Dr. Mohd Fahmi Zakariah,
Anaesthesiologist, Gleneagles Hospital Johor

2:00pm

Patient Blood Management

Dr. Abu Sufian Bin Ahmad
Transfusion Medicine Specialist,
Gleneagles Hospital Johor

2:20pm

Adoption of ERAS in Complex MIS & Robotic Surgery

Dr. Hon Sook Kit
Obstetrics & Gynaecology (O&G),
Gleneagles Hospital Johor

2:40pm

Anaesthesia for Robotic Surgery

Dr. Lee Chong En
Anaesthesiologist,
Gleneagles Hospital Johor

3:00pm

Nutrition Intervention in ERAS

Ms. Eva Mok Ee Hwa,
Dietitian,
Gleneagles Hospital Johor

3:20pm

Panel discussion – Q&A

Hand-On Workshop

3:40pm

Tea-Break

Erector Spine Plane and Thoracic Paravertebral Blocks

Dr. Muhammad Rahmat Bin Ali Hassan,
Anaesthesiologist and Pain Physician,
Hospital Sultan Ismail

Symposium 4 – Cardiothoracic Surgery

Moderator: Dr. Shahridan Mohd Fathil,
Anaesthesiologist, Gleneagles Hospital Johor

4:00pm

MIS Cardiothoracic

Dr. Adli Azam Bin Mohammad Razi
Cardiothoracic Surgeon,
Gleneagles Hospital Johor

4:20am

Truncal Blocks for Cardiothoracic Surgery

Dr. Mohd Fahmi Zakariah,
Anaesthesiologist
Gleneagles Hospital Johor

4:40pm

Closing Speech by Scientific Director, ERAS Symposium 2025

Dr. Shahridan Mohd Fathil,
Anaesthesiologist, Gleneagles Hospital Johor

4:40pm

End of Symposium



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