

# 9<sup>TH</sup> ESRA Sunny Autumn Meeting

6-10 October 2025 | Algarve, Portugal



## Monday, October 6th, 2025

**16:00 – 17:00 | Registration**

**17:00 – 19:00 | Session 1: Obstetric Anaesthesia – An Overview**

Chairs: Prof. Dr. Marc Van de Velde (Belgium) & Prof. Dr. Nuala Lucas (UK)

17:00 – 17:40 | What is New in Obstetric Anaesthesia 2023-2025?

**Prof. Dr. Sarah Devroe (Belgium)**

17:40 – 18:05 | The Physiological Changes of Pregnancy – Key Aspects for Anaesthetic Practice

**Prof. Dr. Kassiani Theodoraki (Greece)**

18:05 – 18:20 | Identification of the High Risk Obstetric Patient

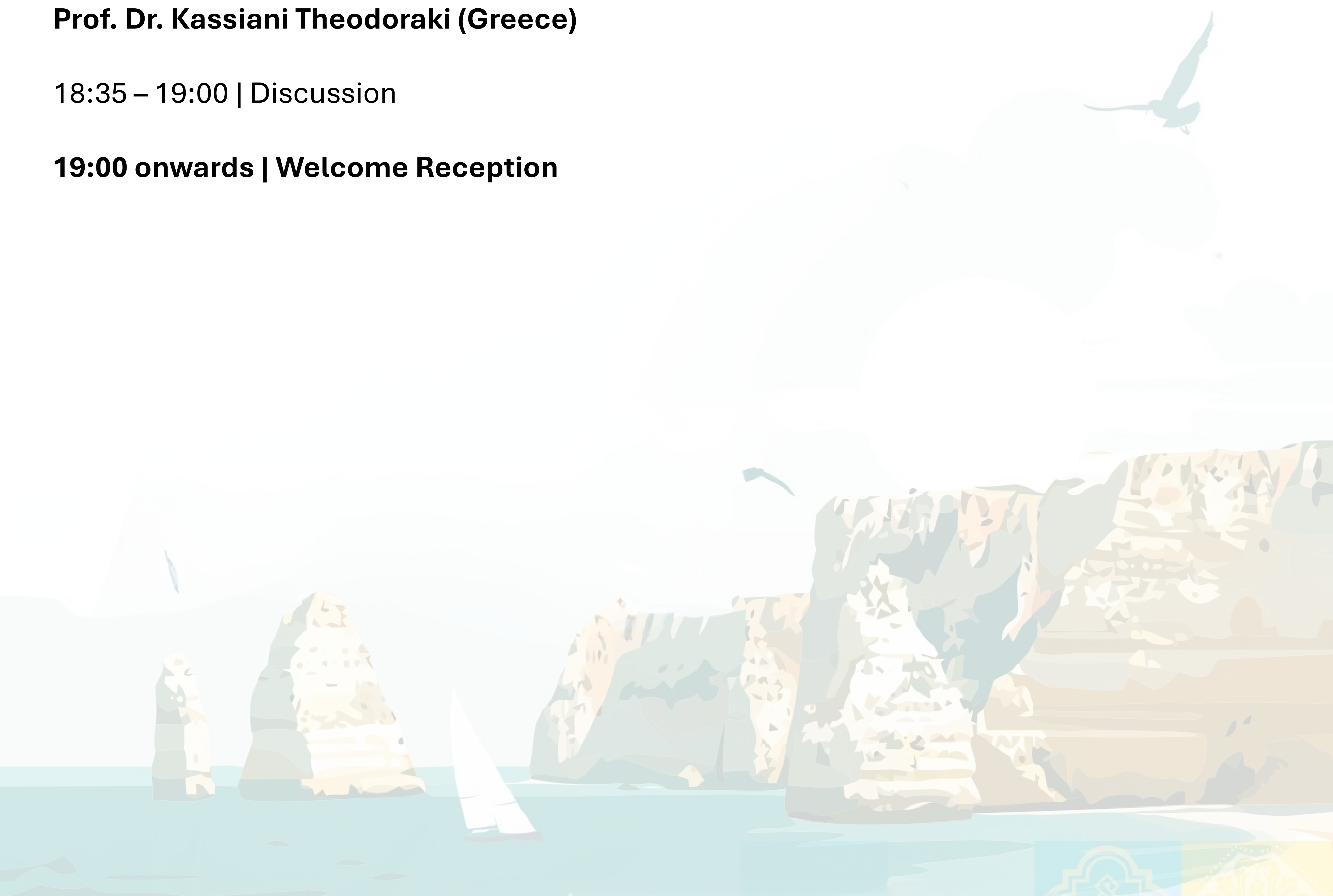
**Prof. Dr. Nuala Lucas (UK)**

18:20 – 18:35 | Communication at the Labour Ward

**Prof. Dr. Kassiani Theodoraki (Greece)**

18:35 – 19:00 | Discussion

**19:00 onwards | Welcome Reception**



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## Tuesday, October 7th, 2025

### **16:00 – 20:00 | Session 2: Labour Analgesia: A Critical Appraisal of the Available Options**

Chairs: Dr. Malcolm Broom (UK) and Prof. Dr. Kassiani Theodoraki (Greece)

16:00 – 16:20 | Non-Neuraxial Labour Analgesia: From Entonox to Systemic Opioids

**Dr. Malcolm Broom (UK)**

16:20 – 17:00 | Initiation and Maintenance of Neuraxial Labour Analgesia: The New and the Standard

**Dr. Eva Roofthoof (Belgium)**

17:00 – 17:20 | Effects of Neuraxial Labour Analgesia on Obstetric Outcomes

**Prof. Dr. Marc Van de Velde (Belgium)**

17:20 – 17:50 | Discussion

17:50 – 18:20 | Coffee

18:20 – 18:40 | Neuraxial Labour Analgesia and Maternal Fever

**Dr. Malcolm Broom (UK)**

18:40 – 19:00 | Managing the Failing Labour Epidural

**Prof. Dr. Nuala Lucas (UK)**

19:00 – 19:20 | Long-Term Effects of Neuraxial Labour Analgesia on the Fetus and Neonate

**Dr. Malcolm Broom (UK)**

19:20 – 19:40 | The Parturient with Coagulation Disorders

**Prof. Dr. Sarah Bell (UK)**

19:40 – 20:00 | Discussion

**20:00 | Dinner for Delegates and Faculty**

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## Wednesday, October 8th, 2025

### **08:00 – 12:00 | Session 3: Anaesthesia for Caesarean Section: All Secrets Unravelling**

Chairs: Dr. Sarah Bell (UK) – Dr. Eva Roofthoof (Belgium)

08:00 – 08:25 | Regional Anaesthesia for Elective Caesarean Section

**Prof. Dr. Sarah Devroe (Belgium)**

08:25 – 08:50 | Regional Anaesthesia for Unplanned Caesarean Section

**Prof. Dr. Marc Van de Velde (Belgium)**

08:50 – 09:15 | General Anaesthesia for Caesarean Section

**Prof. Dr. Nuala Lucas (UK)**

09:15 – 09:50 | Discussion

09:50 – 10:20 | Coffee

10:20 – 10:40 | Minimizing Pain and Distress During Caesarean Section Under Neuraxial Anaesthesia

**Prof. Dr. Nuala Lucas (UK)**

10:40 – 11:00 | Managing Post-Caesarean Section Pain

**Prof. Dr. Marc Van de Velde (Belgium)**

11:00 – 11:20 | Anaesthesia for Non-Obstetric Surgery in Pregnancy

**Prof. Dr. Sarah Devroe (Belgium)**

11:20 – 11:50 | Discussion

**12:00 | Lunch for Delegates and Faculty**

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## Thursday, October 9th, 2025

### 08:00 – 12:00 | Session 4: Crises in Obstetrics and the High-Risk Obstetric Patient: Obstetric Complications and Pathology

Chairs: Prof. Dr. Steffen Rex (Belgium) – Dr. Eva Roofthoof (Belgium)

08:00 – 08:25 | Anaesthetic Management of Preeclampsia  
**Prof. Dr. Sarah Devroe (Belgium)**

08:25 – 08:50 | Obstetric Hemorrhage 1 (Epidemiology, Protocols, & Resuscitation)  
**Prof. Dr. Sarah Bell (UK)**

08:50 – 09:15 | Anaesthetic Management of Cardiac Disease in Pregnancy  
**Prof. Dr. Steffen Rex (Belgium)**

09:15 – 09:40 | Obstetric Hemorrhage 2 (Management Strategies)  
**Prof. Dr. Sarah Bell (UK)**

09:40 – 10:00 | Discussion

10:00 – 10:20 | Coffee

10:20 – 10:40 | The Obese Parturient  
**Prof. Dr. Kassiani Theodoraki (Greece)**

10:40 – 11:00 | Neurologic Deficit in the Postpartum Period  
**Dr. Eva Roofthoof (Belgium)**

11:00 – 11:20 | Resuscitation and ECMO in Pregnancy  
**Prof. Dr. Steffen Rex (Belgium)**

11:20 – 12:00 | Discussion

**12:00 | Lunch for Delegates and Faculty**

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## Friday, October 10th, 2025

### 08:00 – 12:00 | Session 5: Beyond the Labour Ward

Chairs: Prof. Dr. Nuala Lucas (UK) and Prof. Dr. Sarah Devroe (Belgium)

08:00 – 08:25 | Identification and Management of Maternal Critical Illness & Sepsis

**Dr. Malcolm Broom (UK)**

08:25 – 08:50 | Post-Dural Puncture Headache

**Prof. Dr. Marc Van de Velde (Belgium)**

08:50 – 09:15 | The Use of Intrathecal Catheters After ADP

**Prof. Dr. Marc Van de Velde (Belgium)**

09:15 – 09:40 | The Human Factor in Obstetric Anaesthesia

**Prof. Dr. Steffen Rex (Belgium)**

09:40 – 10:00 | Discussion

10:00 – 10:30 | Coffee

10:30 – 10:50 | Avoiding Medicolegal Problems in Obstetric Anaesthesia

**Prof. Dr. Nuala Lucas (UK)**

10:50 – 11:30 | Case Discussions – When It's Not in the Textbooks

**All Faculty**

11:30 – 11:45 | Summarizing the Meeting: What Have We Learnt?

**Prof. Dr. Nuala Lucas (UK) and Prof. Dr. Marc Van de Velde (Belgium)**

11:45 | Summary, Prizegiving and Meeting Closure

**Prof. Dr. Marc Van de Velde (Belgium) and Prof. Dr. Nuala Lucas (UK)**

**12:00 | Lunch for Delegates and Faculty**