The European Society of Regional Anaesthesia & Pain Therapy
Crossing Boundaries, Transforming Care

ASRA PAIN MEDICINE

AFSRA — AFRICAN Society of Regional Anaesthesia

Joining Hands for a Pain Free Future Worldwide

One day. One programme. In all Continents Simultaneously.

2nd WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 25th January 2025

**POSTGRADUATE CENTRE AUDITORIUM
KING FAISAL SPECIALIST HOSPITAL & RESEARCH CENTRE**

Riyadh, KSA

DR. JAMES BOWNESS
Consultant Anaesthetist and Honorary Associate Professor of Anaesthesia at University College London Hospitals NHS Foundation Trust. His clinical focus is on regional anaesthesia and his research interests include ultrasound/POCUS, AI, and medical devices.

INTERNATIONAL GUEST SPEAKER

WORLD DAY

Your Local Face-to-Face Meeting

WORKSHOP SECRETARY:
MR. REYMOND ARBOLEDA
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ACCREDITED 7 CME HOURS

FOR REGISTRATION INFORMATION, PLEASE SCAN THE QR CODE

2nd World Day of Regional Anaesthesia and Pain Medicine-Ultrasound Regional Anesthesia Workshop

Saturday, 25 January 2025

POSTGRADUATE CENTRE AUDITORIUM HALL

KING FAISAL SPECIALIST HOSPITAL & RESEARCH CENTRE - RIYADH

TIME	SESSIONS	LECTURER
07:30-07:45	Registration/Attendance	
07:45-07:50	Introductory Remarks: Chairman, Anesthesiology Department	Dr. Abdullah Abolkhair
07:50-07:54	Introductory Remarks: Chairman Organizing Committee	Dr. Ayman Mustafa
07:54-07:59	Welcome message chairman of the event	Dr. Sebastien Bloc
07:59-08:04	Welcome message: ESRA president	Dr. Eleni Moka
TIME	**SESSIONS**	**LECTURER**
08:04-08:05	Session 1: The "AI" Club: What the future holds: Artificial Intelligence (AI) in RA/Pain medicine	Chair: Dr Ayman Mustafa
08:05-08:45	Artificial Intelligence (AI) in RA/Pain medicine	Dr James Bowness
08:45-08:59	Q&A	
08:59-09:00	Session 2: We read the literature for you "Journal Club"	Chair: Rashed Khalifa
09:00-09:15	Regional Anesthesia article	Dr Abdalrazzag Alftisi
09:15-09:30	POCUS article	Dr Mohammed Aljalsi
09:30-09:45	Perioperative Article	Dr Muzackir Abubaker
09:45-09:55	Q&A	
09:55-10:04	Coffee Break	
10:04-10:05	Session 3 The "Acute & Chronic Pain Medicine" Club: Everything you need to know to avoid pain	Chair: Dr Abdullah Abolkhair
10:05-10:25	The burden of chronic post-surgical pain Mechanism of action and Risk factors	Dr Abeer Tashkandi
10:25-10:45	The burden of chronic post-surgical pain management and emerging therapies	Dr Naif Aynusah
10:45-11:00	Acute Pain in pediatrics: Management and Prevention	Dr Hanadi Almashooq
11:00-11:14	Q&A	
11:14-11:15	Session 4: The "Joint" Club: everything you need to know about foot and ankle procedures	Chair: Dr Muzackir Abubaker
11:15-11:55	Back to basics: Foot and Ankle Anatomy Evidence based practice: RA Application in foot and ankle procedures How I do it: Pro and Con of different practices	Dr Rashed Khalifa
11:55-11:59	Q&A	
11:59-12:00	Session 5: The "Ultrasound" Club: Tips and tricks for mastering:	Chair: Dr Mohammed Aljalsi
12:00-12:20	How to teach ultrasound-guided peripheral Nerve blocks- live demo	Dr Omimah Barnawi

12:20- 12:40	**All about RA for day knee arthroplasty -live demo**	Dr Omar AlMisnid
12:40-12:50	**Q&A**	
12:50-13:50	**Prayer and Lunch Break**	

HANDS-ON WORKSHOP PROPER		
13:50-15:20	**Session 6: Hands on sessions; US scanning on volunteers**	**Various**
15:20-15:30	**Coffee/prayer break**	
15:30-17:35	**Session 6: Hands on sessions; US scanning on volunteers**	**Various**

Note: Each station will have max. 5-8 candidates with a duration of 45 minutes per station then will rotate accordingly. Total of five (5) stations.

STATIONS

1. Blocks for Hip surgery (FICB, PENG, LCFNB)

2. Blocks for Knee surgery (FNB, ACB, IPACK, POP)

3. Blocks for Upper limb 1 surgery (Interscalene /supraclavicular)

4. Blocks for Upper limb 2 surgery (infraclavicular /Axillary)

5. Blocks for abdomen and thoracic surgery (RSB ,TAB,PECS, ESP)

GROUP ROTATION PER STATIONS

STATIONS \ GROUPS	13:50-14:35 **1**	14:35-15:20 **2**	15:30-16:05 **3**	16:05-16:50 **4**	16:50-17:35 **5**
A	A	B	C	D	E
B	E	A	B	C	D
C	D	E	A	B	C
D	C	D	E	A	B
E	B	C	D	E	A

17:35-17:40	**Closing Remarks – Chairman Organizing Committee**	**Dr. Ayman Mustafa**