

XXII ESRA

EASTERN EUROPEAN CADAVER WORKSHOP

Budapest, Hungary 31.10-02.11.2025



XXII ESRA Eastern Europe Regional Anaesthesia Cadaver Workshop

31st October – 2nd November 2025, Budapest, Hungary

Day 1, Friday 31st October 2025

12:00 – 12:45	Registration		
12:45 – 13:00	Welcome	Racz, Kessler, Merjavy	
13:00 – 14:20	Lectures Upper extremity	Chair	
	Anatomy of brachial plexus	20 min	Lendvai
	Nerve blocks above clavicle	20 min	Kostadinov
	Nerve blocks below clavicle	20 min	Merjavy
14:20 – 14:50	Coffee		
14:50 – 16:20	Lectures Thoracic & Abdominal wall blocks	Chair	
	Anatomy of thoracic and abdominal wall	20 min	Shahbazi
	Thoracic wall blocks	20 min	Aksu
	Abdominal wall blocks	20 min	Heinen
	Principles of needle insertion for RA	15 min	Merjavy
	Workshop 1 – Phantom needling	all faculty	
16:30 – 16:50	Out of plane techniques (Step Down & Dynamic NT techniques)	20 min	
16:50 – 17:10	In Plane techniques (Perpendicular and Angled IP techniques)	20 min	

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Day 2, Saturday 1st November 2025

08:15 Workshop assignments Merjavy 10 min

08:30 – 12:20 **Workshop 2 – Upper Limb** **Coffee 10:30-11:00**

Station (40 min each)	Rotation Groups Skull	Rotation Groups Star
	Demonstrator	Demonstrator
CAD Upper limb	1) Lendvai	6) Baksa
SoEm CAD Needling (ISB/ICB)	2) Mach	7) Kostadinov
SoEm CAD Needling (SCB/AxB)	3) Aksu	8) Rontes
Live U/S above clavicle	4) Kessler	9) Szucz
Live U/S below clavicle	5) Heinen	10) Lukacs

WS supervisors: Merjavy & Batizi

12:20 – 13:10 Lunch

13:10 – 17:00 **Workshop 3 – Thorax & Abdomen** **Coffee 15:10-15:40**

Station (40 min each)	Rotation Groups Skull	Rotation Groups Star
	Demonstrator	Demonstrator
CAD Thorax & Abdomen	1) Shahbazi	6) Baksa
SoEm CAD Needling (Thx)	2) Merjavy	7) Batizi
SoEm CAD Needling (Abdo)	3) Heinen	8) Szucs
Live U/S Thoracic blocks	4) Rontes	9) Aksu
Live U/S Abdominal blocks	5) Kostadinov	10) Mach

WS supervisors: Kessler & Lukacs

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Day 3, Sunday 2nd November 2025

08:00 – 09:10	Lectures Lower extremity	Chair	
	Anatomy of Lumbo-sacral plexus	20 min.	Shahbazi
	Lumbar plexus blocks	20 min	Kessler
	Sacral plexus blocks	20 min	Rontes

09:20 - 13:10 **Workshop 3 – Lower Limb** **Coffee 10:40-11:10**

Station (40 min each)	Rotation Groups Skull	Rotation Groups Star
	Demonstrator	Demonstrator
CAD Lower Limb	1) Baksa	6) Shahbazi
SoEm CAD Needling (LPlx)	2) Merjavy	7) Kessler
SoEm CAD Needling (SPlx)	3) Rontes	8) Lukacs
Live U/S Lumbar plexus	4) Szucs	9) Batizi
Live U/S Sacral plexus	5) Kostadinov	10) Heinen

WS supervisors: Aksu & Mach

13:10 – 14:00 Lunch

14:00 – 17:00 **Workshop 4 (live ultrasound scanning & free cadaveric needling) Coffee 15:30-16:00**

Station (30 min each)	Rotation Groups Skull	Rotation Groups Star
	Demonstrator	Demonstrator
SoEm - CAD scanning UL + Thx	1) Mach	6) Mach
SoEm - CAD scanning LL + Abdo	2) Aksu	7) Daszkiewicz
Live U/S SSN Ant/Post + CPB	3) Kostadinov	8) Lukacs
Live U/S Distal UL blocks	4) Szucs	9) Heinen
Live U/S Ankle block	5) Merjavy	10) Rontes

WS supervisors Kessler & Batizi

17:00 Closing Remarks