



7th ESRA Residents & Trainees Workshop

Important info:

New venue in 2025

Hands-on workshops and simulation scenarios in one place:

SIMFMUP – Centro de Simulação da FMUP

Alameda Prof. Hernâni Monteiro

4200-319

Porto, Portugal

1st day: Friday, 16th May 2025

08:30-09:00: Welcome, introduction and organisation remarks at – all faculty

	Group A	Group B	Group C	Group D
<u>09:00-13:00:</u>	Simulation scenarios	Hands-on session	Hands-on session	Hands-on session

13:00-14:00 Lunch

	Group A	Group B	Group C	Group D
<u>14:00-18:00:</u>	Hands-on session	Simulation scenarios	Hands-on session	Hands-on session

18:00-18:30 Closure of the 1st day

2nd day: Saturday, 17th May 2025

	Group A	Group B	Group C	Group D
<u>09:00-13:00:</u>	Hands-on session	Hands-on session	Simulation scenarios	Hands-on session

13:00-14:00 Lunch

	Group A	Group B	Group C	Group D
<u>14:00-18:00:</u>	Hands-on session	Hands-on session	Hands-on session	Simulation scenarios

18:00-18:30 Closure of the course

- * Each group (A, B, C and D) consists of 3 subgroups with max. 6 participants
- * There are a total of 9 hands-on-workshops:
 - POCUS: airway, gastric, thoracic
 - Shoulder: interscalene, superior trunk, supraclavicular
 - Arm: infraclavicular, axillary, terminal ranches radial, ulnar, median
 - Hip: lateral cutaneous, femoral, fascia iliaca, PENG
 - Knee: femoral triangle, adductor canal
 - Foot: sciatic popliteal, ankle block
 - Abdominal Wall: TAP subcostal and lateral approach, rectus sheath, ilioinguinal
 - Thoracic wall: pectoserratus block, erector spine
 - Ultrasound Neuroaxial Block
- * Each subgroup will rotate every workshop station (70min per workstation).
- * Simulation scenarios will be played by three participants in the simulator room, with the rest of the group observing remotely via video display in the teaching room. A joint debrief and discussion will follow each simulation scenario.
- * Simulation scenarios:
 - Total spinal
 - LAST
 - Epidural hematoma
 - Malfunction of peripheral nerve catheter
 - Compartment syndrome
 - Embolic cement syndrome
 - Post dural puncture headache
 - Neurologic nerve damage after regional anaesthesia

