

Building Knowledge and Science in Regional
Anaesthesia and Pain Medicine

14th ESRA

Pain Cadaver Workshop

19-20 February 2025 | Innsbruck, Austria

37th ESRA

RA Cadaver Workshop

21-22 February 2025 | Innsbruck, Austria



RA PROGRAMME

21-22 February 2025



08:00-08:15 Welcome

Friday, 21st Feb 2025

- 08:15-09:15 **Lectures**
- Applied Anatomy for upper limb blocks (20min)**
Honis
 - Blocks above clavicle demo (20min)**
Salviz / Neumüller
 - Blocks below clavicle demo (20min)**
Merjavj / Kirchmair
- 09:15-10:45 **Hands-On Workshops**
Upper limb above the clavicle
WS supervisors: Kirchmair, Merjavj
- 10:45-11:15 *Coffee*
- 11:15-12:45 **Hands-On Workshops**
Upper limb below clavicle
WS supervisors: Kirchmair, Merjavj
- 12:45-13:30 *Lunch*

Saturday, 22nd Feb 2025

- 08:15-09:15 **Lectures**
- Applied anatomy for trunk blocks (20min)**
Honis
 - Thoracic wall blocks demo (20min)**
Coppens / Hoogma
 - Abdominal wall blocks demo (20min)**
Fernandez / Eichholz
- 09:15-10:45 **Hands-On Workshops**
Thoracic wall blocks
WS supervisors: Eichholz, Valdes, Haslam
- 10:45-11:15 *Coffee*
- 11:15-12:45 **Hands-On Workshops**
Abdominal wall blocks
WS supervisors: Eichholz, Valdes, Haslam
- 12:45-13:30 *Lunch*

13:30-14:30 **Lectures**

Applied anatomy for lower limb blocks (20min)
Honis

Blocks of the lumbar plexus demo (20min)
Kessler / Wolmarans

Blocks of the sacral plexus demo (20min)
Haslam / Makris

14:30-16:00 **Hands-On Workshops**
Lumbar plexus blocks
WS supervisors: Kessler, Salviz, Valdes

16:00-16:30 *Coffee*

16:30-18:00 **Hands-On Workshops**
Sacral plexus blocks
WS supervisors: Kessler, Salviz, Valdes

13:30-14:15 **Lectures**

Applied anatomy for neuraxial anaesthesia (20min)
Honis

Ultrasound assisted neuraxial anaesthesia demo (20min)
Valdes / Haslam

14:15-15:45 **Hands-On Workshops**
Neuraxial + Paraspinal (PVB / TEA)
WS supervisors: Merjavy, Kessler, Neumüller

15:45-16:15 *Coffee*

16:15-17:45 **Hands-On Workshops**
Free scanning / needling
WS supervisors: Merjavy, Kessler, Neumüller

17:45-18:00 *Final remarks*

