

Building Knowledge and Science in Regional
Anaesthesia and Pain Medicine

14th ESRA

Pain Cadaver Workshop

19-20 February 2025 | Innsbruck, Austria

37th ESRA

RA Cadaver Workshop

21-22 February 2025 | Innsbruck, Austria



PAIN PROGRAMME

19-20 February 2025



15:30-16:00 Registration

16:00-16:10 Welcome - Dr Hanne Rose Honis, Dr Andrzej Krol, Dr David Lorenzana

Wednesday, 19th Feb 2025

16:10-16:30	Ultrasound in Pain Medicine - An Introduction Dr Andrzej Krol
16:30-16:45	Relevant Sono-Anatomy Dr Hanne-Rose Honis
16:45-17:15	Interactive Lecture Live Model Demo DDr Katrin Meyer / Dr Michal But <i>Cervical Spine / Nerve Roots / Medial Branches / Cervical Plexus / Stellate Ganglion</i>
17:15-17:30	Coffee
17:30-17:45	Relevant Sono-Anatomy Dr Hanne-Rose Honis
17:45-18:15	Interactive Lecture Live Model Demo Dr Andrzej Krol / Dr Luis Valdes / Prof Paul Kessler <i>Anterior Abdominal Wall / Hip & Trochanter/ Knee and Genicular nerves</i>
18:15-18:30	Relevant Sono-Anatomy Dr Hanne-Rose Honis
18:30-19:00	Interactive Lecture Live Model Demo Dr David Lorenzana Dr Gustavo Fabregat <i>Lower Back: Lumbar Facets / Sacroiliac Joint, Caudal Posterior pelvis: Gluteal Pain Syndrome</i>

Thursday, 20th Feb 2025

08:30-08:45	Relevant Sono-Anatomy Dr Hanne-Rose Honis
08:45-09:15	Interactive Lecture Live Model Demo Dr Raja Reddy Dr Maria Luz Padilla del Rey <i>Suprascapular Nerve / Shoulder / Upper Limb Common Nerves Entrapments</i>
09:30-12:30	Workshops Rotation Plan 09:30-10:10 Rotation 1 10:10-10:50 Rotation 2 10:50-11:10 <i>Coffee</i> 11:10-11:50 Rotation 3 11:50-12:30 Rotation 4
12:30-13:30	Lunch
13:30-16:30	Workshops Rotation Plan 13:30-14:10 Rotation 5 14:10-14:50 Rotation 6 14:50-15:10 <i>Coffee</i> 15:10-15:50 Rotation 7 15:50-16:30 Rotation 8
16:30-17:00	Case Discussions / Closure

Workshops (40 Minutes Per Station)

Station 1 (M) *Prep-Room East*

Model: Anterior Neck (Cervical Roots, Suprascapular nerve, Stellate Ganglion)

Station 2 (M) *Prep-Room East*

Model: Lateral & Posterior Neck (GON, CMB, Suprascapular n (posterior), Shoulder joint)

Station 3 (M) *Prep-Room East*

Model: Anterior Abdominal Wall / Hip / Knee

Station 4 (M) *Prep-Room East*

Model: Lumbar Spine / Buttock

Station 5 (C) *Prep-Room Central*

Cadaver Supine: (Cervical Roots, Suprascapular nerve, Stellate Ganglion)

Scanning and Needling / Anatomical Demonstration & Teaching – on Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 6 (C) *Prep-Room Central*

Cadaver Prone: Lateral & Posterior Neck/Thorax

Scanning and Needling/ Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 7 (C) *Prep-Room Central*

Cadaver Supine Anterior Abdominal Wall / Hip / Knee

Scanning and Needling. Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 8 (C) *Prep-Room Central*

Cadaver Prone Lumbar Spine / Posterior Pelvis (Gluteal Region)

Scanning and Needling / Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine