

Building Knowledge and Science  
in Regional Anaesthesia &  
Pain Medicine

# XXI EASTERN EUROPEAN CADAVER WORKSHOP

Prague, Czech Republic  
25-27 October 2024



## XXI ESRA Eastern Europe Regional Anaesthesia Cadaver Workshop

25<sup>th</sup>- 27<sup>th</sup> October 2024, Prague, Czech Republic

### Day 1, Friday 25<sup>th</sup> October 2024

12:15 – 12:45	Registration	
12:45 – 13:00	Welcome	Kessler, Merjavý, Nanka
13:00 – 14:20	<b>Lectures Upper extremity</b> Anatomy of brachial plexus Nerve blocks above clavicle Nerve blocks below clavicle	<b>Chair</b> Mach 20 min Červený 25 min Paz-Sebastian 25 min Merjavý
14:30 – 15:00	Coffee	
15:00 – 16:45	<b>Lectures Thoracic &amp; Abdominal wall blocks</b> Anatomy of thoracic and abdominal wall Thoracic wall blocks Abdominal wall blocks Principles of needle insertion for RA	<b>Chair</b> Dolezal 20 min Nanka 25 min Aksu 25 min Poredos 15 min Mach
	<b>Workshop 1 – Phantom needling</b>	all faculty
16:50 – 17:20	Out of plane techniques (Step Down & Dynamic NT techniques)	30 min
17:20 – 17:50	In Plane techniques (Perpendicular and Angled IP techniques)	30 min

## Day 2, Saturday 26<sup>th</sup> October 2024

08:30                      Workshop assignments                      Merjavý                      10 min

08:45 – 12:35                      **Workshop 2 – Upper Limb**                      **Coffee 10:45-11:15**

Station (40 min each)                      Rotation groups A1-E1                      Rotation groups A2-E2

Demonstrator

Demonstrator

CAD Upper limb

1) Aksu/ Kovalčík

6) Batizi / Borys

S- SoEm CAD Needling (ISB/ICB)

2) Dolezal

7) Venglarčík

S- SoEm CAD Needling (SCB/AxB)

3) Paz-Sebastian

8) Lukacs / Beno

Live U/S above clavicle

4) Poredos

9) Kostadinov

Live U/S below clavicle

5) Kenderessy

10) Mach

WS supervisors

Merjavý

Kessler

12:35 – 13:30                      Lunch

13:30 – 17:20                      **Workshop 3 – Thorax & Abdomen**                      **Coffee 15:30-16:00**

Station (40 min each)                      Rotation groups A1-E1                      Rotation groups A2-E2

Demonstrator

Demonstrator

CAD Thorax & Abdomen

1) Mach / Kovalčík

6) Dolezal / Borys

S- SoEm CAD Needling (Thx)

2) Merjavý / Kenderessy

7) Kostadinov

S- SoEm CAD Needling (Abdo)

3) Poredos

8) Kessler

Live U/S Thoracic blocks

4) Aksu

9) Venglarčík

Live U/S Abdominal blocks

5) Lukacs

10) Paz-Sebastian

WS supervisors:

Batizi

Beno

**Day 3, Sunday 27<sup>th</sup> October 2024**

08:30 – 09:40	<b>Lectures Lower extremity</b> Anatomy of Lumbo-sacral plexus Lumbar plexus blocks Sacral plexus blocks	<b>Chair</b> Venglarcik 20 min. Němcová 25 min Kessler 25 min Kostadinov
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09:50 - 13:40                      **Workshop 3 – Lower Limb**                      **Coffee 11:10-11:40**

Station (40 min each)	Rotation groups A1-E1	Rotation groups A2-E2
	Demonstrator	Demonstrator
CAD Lower Limb	1) Poredos / Kovalčík	6) Lukacs / Borys
S – SoEm CAD Needling (LPlx)	2) Merjavý / Beno	7) Dolezal
P – SoEm CAD Needling (SPlx)	3) Aksu	8) Batizi
Live U/S Lumbar plexus	4) Venglarcik	9) Paz-Sebastian
Live U/S Sacral plexus	5) Kessler	10) Kostadinov
WS supervisors	Kenderessy	Mach

13:40 – 14:20                      Lunch

14:20 – 17:20                      **Workshop 4 (live ultrasound scanning & free cadaveric needling)**  
**Coffee 15:50-16:20**

Station (30 min each)	Rotation groups A1-E1	Rotation groups A2-E2
	Demonstrator/USG	Demonstrator/USG
SSN Ant/Post + CPB	1) Mach	6) Venglarcik
Distal UL blocks	2) Kenderessy	7) Poredos
Ankle block	3) Merjavý	8) Paz-Sebastian
S- SoEm - CAD scanning UL + Thx	4) Beno	9) Kostadinov
S- SoEm - CAD scanning LL + Abdo	5) Dolezal	10) Batizi
WS supervisors	Lukacs / Kessler	Aksu

17:30                      Workshop requirements for EDRA exam (15 min)                      Merjavý

17: 45                      Closing remarks

SoEm CAD (soft embalmed cadaver for scanning/needling) S- supine, P – prone  
U/S (ultrasound)

Faculty:

ESRA: Kessler, Merjavy, Paz-Sebastian, Aksu, Lukacs, Batizi, Poredos, Kostadinov  
CR / SR Mach, Dolezal, Beno, Kenderessy, Venglarcik

