

Building Knowledge and Science in Regional  
Anaesthesia and Pain Medicine

## 13<sup>th</sup> ESRA

Pain Cadaver Workshop

15-16 May 2024 | Innsbruck, Austria

## 36<sup>th</sup> ESRA

RA Cadaver Workshop

17-18 May 2024 | Innsbruck, Austria

### RA PROGRAMME

17-18 May 2024



07:45-08:30 Registration

08:30-08:45 Welcome

#### Friday, 17<sup>th</sup> May 2024

- 08:45-10:15 **Session 1 - Upper Extremity Blocks**  
Chair: GJ. Van Geffen
- Anatomy of the brachial plexus  
H.-R. Honis, AUT
- Nerve blocks above the clavicle  
O. Cok, TUR
- Nerve blocks below the clavicle  
P. Merjavy, UK
- Live model demo upper extremity blocks
- Organising remarks  
L. Kirchmair, AUT
- 10:15-10:45 Coffee Break
- 10:45-12:30 **Workshop I - Upper extremity blocks**
- Ultrasonography for peripheral nerve blocks
- 12:30-13:30 Lunch Break

#### Saturday, 18<sup>th</sup> May 2024

- 08:15-10:00 **Session 3 - Thoraco-abdominal nerve blocks**  
Chair: P. Merjavy
- Anatomy for thoraco-abdominal nerve blocks  
H-R. Honis, AUT
- Thoracic wall blocks  
S. Coppens, BEL
- Abdominal wall blocks  
D. Hoogma, BEL
- 10:00-10:30 Coffee Break
- 10:30-12:00 **Workshop 3 - Thoraco-abdominal wall blocks**
- Ultrasonography for peripheral nerve blocks
- 12:00-13:00 Lunch Break

13:30-15:00 **Session 2 - Lower Extremity Blocks**  
Chair: R. Eichholz

Anatomy of the lumbo-sacral plexus  
H-R. Honis, AUT

Nerve blocks of the lumbar plexus  
P. Kessler, GER

Nerve blocks of the sacral plexus  
A. Salviz, TUR

Live model demo lower extremity blocks

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 2 - Lower extremity blocks**

Ultrasonography for peripheral nerve blocks

13:00-15:00 **Session 4 - Miscellaneous**  
Chair: P. Kessler

How to improve success and safety of peripheral nerve blocks?  
L. Kirchmair, AUT

How to prolong PNBs  
M. Wolmarans, UK

Landmarks and ultrasonography for peripheral nerve blocks on live models  
*Demonstrations and discussion with faculties*

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 4 - Mixed blocks**

Ultrasonography for peripheral nerve blocks

