# PAIN PROGRAMME

**15-16 May 2024**

<table>
<thead>
<tr>
<th>Wednesday, 15th May 2024</th>
<th>Thursday, 16th May 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>16:10-16:30</strong></td>
<td><strong>08:30-08:45</strong></td>
</tr>
<tr>
<td>Ultrasound in Pain Medicine - An Introduction</td>
<td>Relevant Sono-Anatomy</td>
</tr>
<tr>
<td>Dr Andrzej Krol</td>
<td>Dr Hanne-Rose Honis</td>
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<tr>
<td><strong>16:30-16:45</strong></td>
<td><strong>08:45-09:15</strong></td>
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<tr>
<td>Relevant Sono-Anatomy</td>
<td>Interactive Lecture Live Model Demo</td>
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<tr>
<td>Dr Hanne-Rose Honis</td>
<td>Dr Raja Reddy / Dr Vicente Roques</td>
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<tr>
<td><strong>16:45-17:15</strong></td>
<td><strong>09:30-12:30</strong></td>
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<tr>
<td>Interactive Lecture Live Model Demo</td>
<td>Workshops Rotation Plan</td>
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<tr>
<td>Dr Katrin Meyer / Dr Thomas Haag</td>
<td>09:30-10:10</td>
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<tr>
<td>Cervical Spine / Nerve Roots / Medial Branches / Cervical Plexus / Stellate Ganglion</td>
<td>10:10-10:50</td>
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<tr>
<td><strong>17:30-17:45</strong></td>
<td><strong>12:30-13:30</strong></td>
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<tr>
<td>Relevant Sono-Anatomy</td>
<td>Lunch</td>
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<tr>
<td>Dr Hanne-Rose Honis</td>
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<tr>
<td><strong>17:45-18:15</strong></td>
<td><strong>13:30-16:30</strong></td>
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<tr>
<td>Interactive Lecture Live Model Demo</td>
<td>Workshops Rotation Plan</td>
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<tr>
<td>Dr Andrzej Krol / Prof Paul Kessler</td>
<td>13:30-14:10</td>
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<tr>
<td>Dr Bert Vanneste</td>
<td>14:10–14:50</td>
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<tr>
<td>Anterior Abdominal Wall / Hip &amp; Trochanter/ Knee and Genicular nerves</td>
<td>14:50-15:10</td>
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<tr>
<td><strong>18:15-18:30</strong></td>
<td><strong>16:30-17:00</strong></td>
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<tr>
<td>Relevant Sono-Anatomy</td>
<td>Case Discussions / Closure</td>
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<tr>
<td>Dr Hanne-Rose Honis</td>
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<td><strong>18:30-19:00</strong></td>
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<tr>
<td>Interactive Lecture Live Model Demo</td>
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<tr>
<td>Dr David Lorenzana</td>
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<td>Dr Esperanza Ortigosa</td>
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<tr>
<td>Lower Back: Lumbar Facets / Sacroiliac Joint, Caudal Posterior pelvis: Gluteal Pain Syndrome</td>
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</tbody>
</table>
Workshops (40 Minutes Per Station)

Station 1 (M) Prep-Room East
Model: Anterior Neck (Cervical Roots, Suprascapular nerve, Stellate Ganglion)

Station 2 (M) Prep-Room East
Model: Lateral & Posterior Neck (GON, CMB, Suprascapular n (posterior) , Shoulder joint

Station 3 (M) Prep-Room East
Model: Anterior Abdominal Wall / Hip / Knee

Station 4 (M) Prep-Room East
Model: Lumbar Spine / Buttock

Station 5 (C) Prep-Room Central
Cadaver Supine: (Cervical Roots, Suprascapular nerve, Stellate Ganglion
Scanning and Needling / Anatomical Demonstration & Teaching – on Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 6 (C) Prep-Room Central
Cadaver Prone: Lateral & Posterior Neck/Thorax
Scanning and Needling/ Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 7 (C) Prep-Room Central
Cadaver Supine Anterior Abdominal Wall / Hip / Knee
Scanning and Needling. Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 8 (C) Prep-Room Central
Cadaver Prone Lumbar Spine / Posterior Pelvis (Gluteal Region)
Scanning and Needling / Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine