

Building Knowledge and Science in Regional
Anaesthesia and Pain Medicine

13th ESRA

Pain Cadaver Workshop

15-16 May 2024 | Innsbruck, Austria

36th ESRA

RA Cadaver Workshop

17-18 May 2024 | Innsbruck, Austria



PAIN PROGRAMME

15-16 May 2024



15:30-16:00 Registration

16:00-16:10 Welcome - Dr Hanne-Rose Honis, Dr Andrzej Krol, Dr David Lorenzana

Wednesday, 15th May 2024

- 16:10-16:30 **Ultrasound in Pain Medicine - An Introduction**
Dr Andrzej Krol
- 16:30-16:45 **Relevant Sono-Anatomy**
Dr Hanne-Rose Honis
- 16:45-17:15 **Interactive Lecture Live Model Demo**
Dr Katrin Meyer / Dr Thomas Haag
- Cervical Spine / Nerve Roots / Medial Branches / Cervical Plexus / Stellate Ganglion*
- 17:15-17:30 Coffee
- 17:30-17:45 **Relevant Sono-Anatomy**
Dr Hanne-Rose Honis
- 17:45-18:15 **Interactive Lecture Live Model Demo**
Dr Andrzej Krol / Prof Paul Kessler
Dr Bert Vanneste
- Anterior Abdominal Wall / Hip & Trochanter/ Knee and Genicular nerves*
- 18:15-18:30 **Relevant Sono-Anatomy**
Dr Hanne-Rose Honis
- 18:30-19:00 **Interactive Lecture Live Model Demo**
Dr David Lorenzana
Dr Esperanza Ortigosa
- Lower Back: Lumbar Facets / Sacroiliac Joint, Caudal Posterior pelvis: Gluteal Pain Syndrome*

Thursday, 16th May 2024

- 08:30-08:45 **Relevant Sono-Anatomy**
Dr Hanne-Rose Honis
- 08:45-09:15 **Interactive Lecture Live Model Demo**
Dr Raja Reddy / Dr Vicente Roques
- Suprascapular Nerve / Shoulder / Upper Limb Common Nerves Entrapments*
- 09:30-12:30 **Workshops Rotation Plan**
09:30-10:10 | Rotation 1
10:10-10:50 | Rotation 2
10:50-11:10 | Coffee
11:10-11:50 | Rotation 3
11:50-12:30 | Rotation 4
- 12:30-13:30 Lunch
- 13:30-16:30 **Workshops Rotation Plan**
13:30-14:10 | Rotation 5
14:10-14:50 | Rotation 6
14:50-15:10 | Coffee
15:10-15:50 | Rotation 7
15:50-16:30 | Rotation 8
- 16:30-17:00 **Case Discussions / Closure**

Workshops (40 Minutes Per Station)

Station 1 (M) *Prep-Room East*

Model: Anterior Neck (Cervical Roots, Suprascapular nerve, Stellate Ganglion)

Station 2 (M) *Prep-Room East*

Model: Lateral & Posterior Neck (GON, CMB, Suprascapular n (posterior) , Shoulder joint

Station 3 (M) *Prep-Room East*

Model: Anterior Abdominal Wall / Hip / Knee

Station 4 (M) *Prep-Room East*

Model: Lumbar Spine / Buttock

Station 5 (C) *Prep-Room Central*

Cadaver Supine: (Cervical Roots, Suprascapular nerve, Stellate Ganglion

Scanning and Needling / Anatomical Demonstration & Teaching – on Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 6 (C) *Prep-Room Central*

Cadaver Prone: Lateral & Posterior Neck/Thorax

Scanning and Needling/ Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 7 (C) *Prep-Room Central*

Cadaver Supine Anterior Abdominal Wall / Hip / Knee

Scanning and Needling. Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine

Station 8 (C) *Prep-Room Central*

Cadaver Prone Lumbar Spine / Posterior Pelvis (Gluteal Region)

Scanning and Needling / Anatomical Demonstration & Teaching – On Pre-Prepared Specimens (Topographic & Cross Sectional) Relevant to Pain Medicine