

Building Knowledge and Science in Regional  
Anaesthesia and Pain Medicine

# 19<sup>th</sup> ESRA Winter Week Conference

26-31 January 2025 | Längenfeld, Austria

Längenfeld

## PROGRAMME

### Sunday, 26 January 2025

17:30-19:00 Registration opens

19:00-20:30 Opening Words & Welcome Reception - Geert-Jan van Geffen & Matthias Desmet

### Monday, 27 January 2025

08:00-10:00

#### MORNING LECTURES - All Participants

Basics of anaesthesia related  
neurocognitive decline  
Saxena 30'

From Acute to Chronic Pain – Regional  
anesthesia impact – Still in doubt?  
Krol 30'

Basics of cardiac POCUS  
Rancati 30'

The process of PROSPECT and an  
example of a guideline  
Van de Velde 30'

17:00-19:30

#### POST SKI WORKSHOPS & SESSIONS \*

Lectures (Group A)

Hands – On Ultrasound Workshops  
(Group B)

Round Table Discussions (Group C)

### Tuesday, 28 January 2025

08:00-10:00

#### MORNING LECTURES - All Participants

Anatomy: the brachial plexus  
Herteleer 30'

Labour epidurals: What's new?  
Roofthoof 30'

Regional Anaesthetist and Pain  
Physician – What do we have in  
common?  
Krol 30'

Does regional anaesthesia prevent  
neurocognitive decline?  
Saxena 30'

17:00-19:30

#### POST SKI WORKSHOPS & SESSIONS \*

Lectures (Group C)

Hands – On Ultrasound Workshops  
(Group A)

Round Table Discussions (Group B)

## Wednesday, 29 January 2025

08:00-10:00

### MORNING LECTURES - All Participants

Code red C-section: how to do it?  
Roofthoof 30'

Harnessing the Power of Expectation:  
Optimize Analgesic Treatment  
Aulenkamp 30'

Sh Regional Anesthesia for Spine  
Surgery  
Chin 30'

The Dark Side of Expectation:  
Unravelling the Nocebo Effect in Clinical  
Practice  
Aulenkamp 30'

17:00-19:30

### POST SKI WORKSHOPS & SESSIONS \*

Lectures (Group B)

Hands – On Ultrasound Workshops  
(Group C)

Round Table Discussions (Group A)

## Thursday, 30 January 2025

08:00-10:00

### MORNING LECTURES - All Participants

Challenges and troubleshooting for  
spinal anaesthesia in the ambulatory  
setting  
Chin 30'

Short acting spinal: how to do it?  
Erskine 30'

ESRA-DRA past, present and future  
Merjavy 30'

Innervation of the chest and abdomen  
Herteleer 30'

17:00-19:30

### POST SKI LECTURES

My patient has a postoperative nerve  
injury, what to do?  
van Alfen 45'

PRO-CON: Should we trust PROSPECT?  
Van de Velde & Albrecht 90'

Evaluation  
all faculty 15'

## Friday, 31 January 2025

08:00-10:00

### MORNING LECTURES - All Participants to attend

Clinical scenarios for cardiac POCUS  
Rancati 30'

Anterior QL-block – overview and meta-  
analysis  
Borglum 30'

Regional anaesthesia in the diabetic  
patient  
Albrecht 30'

Can we make RA safer?  
Erskine 30'

## **\*POST SKI WORKSHOPS & SESSIONS**

### **Lectures**

- Preventing Delirium: a practical guide  
Saxena 45'
- Preventing and dealing with complications in obstetric anaesthesia  
Van de Velde 60'

### **Hands – On Ultrasound Workshops**

*Rotation every 30 minutes*

- Workshop Station 1: Shoulder surgery  
Chin
- Workshop Station 2: Knee surgery  
Merjavy
- Workshop Station 3: Small nerves  
van Alfen
- Workshop Station 4: Chronic pain blocks for the anaesthetist  
Krol
- Workshop Station 5: Cardiac ultrasound  
Rancati

### **Round Table Discussions**

*Rotation every 35 minutes*

- Fast track knee surgery  
Erskine
- Managing the failing epidural  
Roofthoof
- Perineural catheters in the contemporary practice  
Albrecht
- How do you communicate with patients?  
van Geffen