

Building Knowledge and Science in Regional
Anaesthesia and Pain Medicine

12th ESRA

Pain Cadaver Workshop

21-22 February 2024 | Innsbruck, Austria

35th ESRA

RA Cadaver Workshop

23-24 February 2024 | Innsbruck, Austria



RA PROGRAMME

23-24 February 2024



07:45-08:30 Registration

08:30-08:45 Welcome

Friday, 23rd Feb 2024

- 08:45-10:15 **Session 1 - Upper Extremity Blocks**
Chair: A. Makris
- Anatomy of the brachial plexus
H.-R. Honis, AUT
- Nerve blocks above the clavicle
P. Merjavy, UK
- Nerve blocks below the clavicle
D.S. Dirzu, ROM
- Live model demo upper extremity blocks
- Organising remarks
L. Kirchmair, AUT
- 10:15-10:45 Coffee Break
- 10:45-12:30 **Workshop I - Upper extremity blocks**
- Ultrasonography for peripheral nerve blocks
- 12:30-13:30 Lunch Break

Saturday, 24th Feb 2024

- 08:15-10:00 **Session 3 - Thoraco-abdominal nerve blocks**
Chair: P. Kessler
- Anatomy for thoraco-abdominal nerve blocks
B.Moriggl, AUT
- Thoracic wall blocks
Y. Gurkan, TUR
- Abdominal wall blocks
S. Coppens, BEL
- 10:00-10:30 Coffee Break
- 10:30-12:00 **Workshop 3 - Thoraco-abdominal wall blocks**
- Ultrasonography for peripheral nerve blocks
- 12:00-13:00 Lunch Break

13:30-15:00 **Session 2 - Lower Extremity Blocks**
Chair: R. Eichholz

Anatomy of the lumbo-sacral plexus
H.-R.Honis, AUT

Nerve blocks of the lumbar plexus
L. Valdez-Vilches, ESP

Nerve blocks of the sacral plexus
P. Kessler, GER

Live model demo lower extremity blocks

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 2 - Lower extremity blocks**

Ultrasonography for peripheral nerve blocks

13:00-15:00 **Session 4 - Miscellaneous**
Chair: P. Merjavý

How to improve success and safety of peripheral nerve blocks?
L. Kirchmair, AUT

How to prolong PNBs
M. Wolmarans, UK

Landmarks and ultrasonography for peripheral nerve blocks on live models
Demonstrations and discussion with faculties

15:00-15:30 Coffee Break

15:30-17:00 **Workshop 4 - Mixed blocks**

Ultrasonography for peripheral nerve blocks

