

## **Workshop de Anestezie Regională și Terapia Durerii**

**București, 26- 27 ianuarie 2024**

**Eveniment satelit al "1St World day of regional anaesthesia and pain medicine", sub egida ESRA, din data de 27 ianuarie 2024**

### *Coordonatori locali București:*

*Conf Dr Liliana Mirea, vicepreședinte ARAR, medic primar ATI*

*SL Dr Raluca Ungureanu, secretar ARAR, medic primar ATI*

### *Experți locali:*

*Dr. Radu Tăbăcaru, medic primar ATI*

*SL Dr. Silviu Negoită, medic primar ATI*

*Conf. Dr. Răzvan Ene, medic primar ortopedie- traumatologie*

*SL Cosmin Panțu, medic primar radiologie*

*Dr. Daniela Ologoiu, medic primar ATI*

*Asist. univ. dr. Ana Maria Dumitriu, medic specialist ATI*

## **26 ianuarie 2024**

Începând cu ora 13.00 Primirea participanților

Masa de prânz

14.00- 14.15

Mesaj de bun venit. De ce anestezie regională?

*Liliana Mirea*

14.15- 14.45

Anatomia echografică a plexului brahial

Abordul interscalenic și supraclavicular al plexului brahial

Demonstrație live

*Raluca Ungureanu*

14.45- 15.00

Abordul axilar al plexului brahial

*Liliana Mirea*

Demonstrație live

15.00- 16.00 Demonstrații practice

16.00- 16.15 *Pauza de cafea*

16.15- 16.45

Blocul de plex cervical superficial

PECS

Demonstrație live

*Radu Tăbăcaru*

16.45- 17.00

Blocul de teacă a dreptilor abdominali

TAP

Demonstrație live

*Liliana Mirea*

17.00-18.00 Demonstrații practice

**27 ianuarie 2024 CET**

**09:00-09:30**

**WELCOME MESSAGES & ADDRESSINGS**

Welcome Video

City Representative / City Liaison Person: Opening of the Event (in person)

Country Representative: Welcome Message (either in person or via zoom)

Sebastien Bloc: Welcome Message – Chair of Event (via live streaming / recording stand by)

Eleni Moka: Welcome Message – ESRA President (via live streaming / recording stand by)

Sister Societies Presidents: Welcome Messages (possibly recordings, could be live streaming)

**09:30-09:50**

**SESSION 1 – PODCAST & INTERACTIVE DISCUSSION**

Local Chairperson: Liliana Mirea

Message from RAPM Editor – In – Chief / podcast (approximately 10 min)

Speaker – Presenter: Brian Sites (USA)

Q&A – Discussion: All (approximately 10 min)

**09:30-10:40**

**SESSION 2 – EXPERTS PANEL & INTERACTIVE DISCUSSION**

**Chairperson: Raluca Ungureanu**

9.30- 9.50

Sciatic Nerve

Live demonstration

*Daniela Ologoiu*

9.50- 10.10

Femoral nerve and adductor canal block

Live demonstration

*Ana Maria Dumitriu*

10.10- 10.40 Practical demonstration. **Q&A – Discussion**

10:40 – 11:00  
COFFEE BREAK

11:00 – 12:15  
SESSION 3 – EXPERTS PANEL & INTERACTIVE DISCUSSION

**The «Joint» Club: Everything You Need to Know for Shoulder Procedures**  
**Chairperson: Raluca Ungureanu**

11:00 – 11:15 Back to Basics: Shoulder Anatomy

Răzvan Ene

11:15 – 11:30 Evidence Based Practice: Regional Analgesia Application in Chronic Shoulder Pain

Cosmin Pațu

11.30- 12.00 Live demonstration

Cosmin Pațu

12.00-12.15 Q&A – Discussion

**12:15 – 13:30 SESSION 4 – EXPERTS PANEL & INTERACTIVE DISCUSSION**

**The "Ultrasound" Club: Everything You need to Know for USRA & POCUS**  
**Chairperson: Silviu Negoita**

12:15 – 12:30 Application of regional analgetic techniques in hip fractures

Daniela Ologoiu

12:30 – 12:45 Peridural analgesia in ICU: is still a role?

Silviu Negoita

12:45 – 13:15 POCUS Live Demonstration: Enhancing Patients' Safety - focus on FAST

Ana Maria Dumitriu

13:15 – 13:30 Q&A – Discussion

*13:30 – 14:15 LUNCH BREAK*

**14:15 – 14:40 SESSION 5 – PLENARY LECTURE & INTERACTIVE DISCUSSION**

**Chairperson: Liliana Mirea**

14:15 – 14:30 Paediatric Anaesthesia Worldwide – Fostering the Highest Standards

Radu Tăbăcaru

14:30 – 14:40 Q&A – Discussion

**14:40 – 15:00 SESSION 6 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION**

**Chairperson: Silvius Negoită**

14:40 – 14:50 Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health Speaker – Presenter: Nuala Lucas (UK)

14:50 – 15:00 Q&A – Discussion

**15:00 – 15:25 SESSION 7 – PLENARY LECTURE & INTERACTIVE DISCUSSION**

**Chairperson: Silvius Negoită**

15:00 – 15:15 What's New in Obstetric Anaesthesia – Analgesia

Silvius Negoită

15:15 - 15:25 Q&A – Discussion

**15:25 – 15:40 SESSION 8 – FUNNY QUIZ & COMPETITION**

Coordinators: Raluca Ungureanu, Ana Maria Dumitriu

Process: The Quiz Will be Available / Distributed via SLIDO or Similar Platform

Result: BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress

*15:40 – 16:00 COFFEE BREAK*

**16:00 – 16:40 SESSION 9 – EXPERTS PANEL & INTERACTIVE DISCUSSION**

**Pain Chronification Following Knee Surgery**

**Chairperson: Răzvan Ene**

16:00 – 16:15 Why Me? The «Cargo» of Risk Factors

Răzvan Ene

16:15- 16:30 Analgetic techniques in total knee arthroplasty

Liliana Mirea

16:30 – 16:40 Q&A – Discussion

**16:40 – 17:00 SESSION 10 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION**

**Chairperson: Liliana Mirea**

16:40 – 16:50 Human Factors & Communication in Regional Anaesthesia Speaker –  
Presenter: Barbara Breebaart (Belgium)

16:50 – 17:00 Q&A – Discussion

17:00- 18:00 Hands on clinical workshop - resuming techniques

**18:00 - 18:15 END OF 1ST WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION**

