



State of the Art Safety Standards in RA  
 THE EUROPEAN SOCIETY OF REGIONAL  
 ANAESTHESIA & PAIN THERAPY



Joining Hands for  
 a Pain Free Future Worldwide

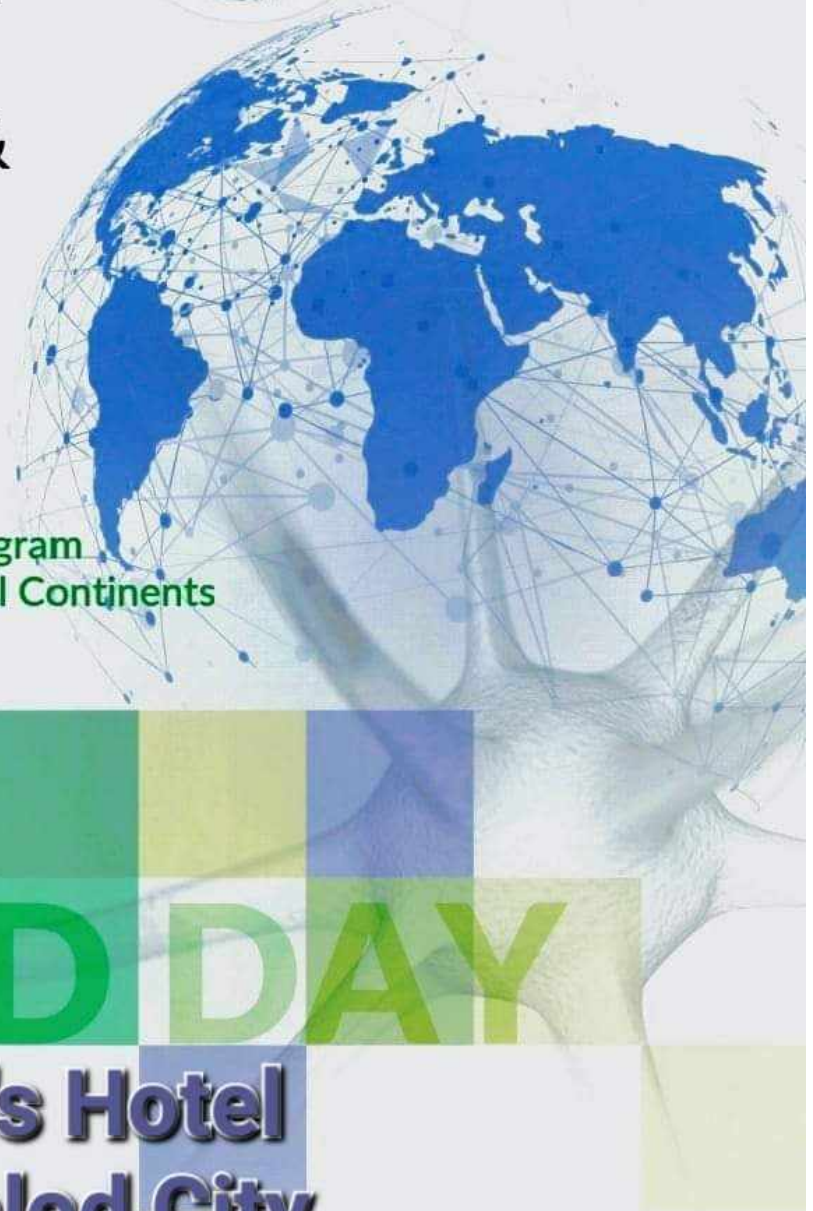


General Trias  
 Bacolod  
 Davao

# 1<sup>ST</sup> WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents



WORLD DAY

**Roy's Hotel  
 Bacolod City**

**Your Local Face-to-Face Meeting**  
 There must be one city around you!



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SAFRON Hall 1

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 Email: office@esraeurope.org

Info and Registrations  
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# SCIENTIFIC PROGRAM



**Your Local Face-to-Face Meeting**  
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WORLD DAY

Saturday, 27 January 2024

08:30-09:00	<b>VENUE: ARRIVALS – REGISTRATIONS</b>
09:00-09:30	<b>WELCOME MESSAGES &amp; ADDRESSINGS</b>
	<b>Welcome Video</b> <b>City Representative / City Liaison Person:</b> Dr Lily Roxas-JIngco <b>Country Representative:</b> Dr Dahlia Arancel <b>Sebastien Bloc:</b> Welcome Message – Chair of Event (recorded) <b>Eleni Moka:</b> Welcome Message – ESRA President (recording stand by) <b>AOSRA-PM:</b> Welcome Message – Dr Cong Quyet Thang (recording)
09:30-09:50	<b>SESSION 1 – PODCAST &amp; INTERACTIVE DISCUSSION</b>
09:30 – 09:40 09:40 – 09:50	<b>Chairperson:</b> Dr Marra Lumang Chan <b>Message from RAPM Editor – In – Chief / podcast</b> (approximately 10 min) <b>Speaker – Presenter:</b> Brian Sites (USA) <b>Q&amp;A – Discussion:</b> All (approximately 10 min)
09:30-10:40	<b>SESSION 2 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>We Have Read the Literature for You: Sister Societies Journal Club</b> <b>Chairperson:</b> Dr Kirby Padernal
09:50 – 10:00	<b>Regional Anaesthesia Article:</b> Western Visayas Medica Center Anesthesiology Resident
	<b>Perioperative Care Article:</b> Corazon Locsin Montelibano Memorial Regional Hospital Anesthesiology Resident
10:10 – 10:20	<b>POCUS Article:</b> Vicente Sotto Medical Center Anesthesiology Resident
10:20 – 10:30	<b>Chronic Pain Article:</b> West Visayas State University Hospital Anesthesiology Resident
10:30 – 10:40	<b>Q&amp;A – Discussion</b>
10:40 – 11:00	<b>COFFEE BREAK</b>

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11:00 – 12:00	<b>SESSION 3 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>The «Joint» Club: Everything You Need to Know for Shoulder Procedures</b> <b>Chairperson:</b> Brian Belandres
11:00– 11:30	<b>Evidence Based Practice: RA Application in Shoulder Surgery</b> Dr Brian Belandres
11:30 – 12:00	<b>How I Do It: The Shoulder Surgery Pathway</b> <b>Clips from Various Centres of Excellence across the Globe</b>  3 to 4 clips with patients' testimony will be provided by ESRA to be presented
12:00 – 12:15	<b>Q&amp;A – Discussion</b>
12:15-13:00	<b>LUNCH SYMPOSIUM</b>
13:00-14:30	<b>SESSION 4 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>The "Ultrasound" Club: Everything You need to Know for UGRA &amp; POCUS</b> <b>Chairperson:</b> Grace Selis-Lanosa
13:15 – 13:30	<b>Application of RA Techniques in ER &amp; Trauma Medicine</b> Dr Dahlia Arancel
13:30 – 13:45	<b>RA Techniques in ICU: Do They Have a Role?</b> Dr Lily Jingco
13:45 – 14:15	<b>POCUS Live Demonstration: Enhancing Patients' Safety</b> Dr Ceres Lucot
14:15 – 14:30	<b>Q&amp;A – Discussion</b>

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14:30 – 14:50	<b>SESSION 5 – PLENARY LECTURE &amp; INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> Dr Rina Yap
14:30 – 14:40	<b>Paediatric Anaesthesia Worldwide – Fostering the Highest Standards</b> Dr Monace Sypher Prudente
14:40 – 14:50	<b>Q&amp;A – Discussion</b>
14:50 – 15:00	<b>SESSION 6 – PRERECORDED VIDEO &amp; INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> Dr Jovette Puerta
14:50 – 15:10	<b>Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health</b> <b>Speaker – Presenter:</b> Nuala Lucas (UK)
15:10 – 15:20	<b>Q&amp;A – Discussion</b>
15:20 – 15:40	<b>SESSION 8 – FUNNY QUIZ &amp; COMPETITION</b>
	<b>Coordinator:</b> Local / To be decided <b>Process:</b> The Quiz Will be Available / Distributed via SLIDO or Similar Platform <b>Result:</b> BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress
15:40-16:00	<b>COFFEE BREAK</b>

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16:00 – 16:40	<b>SESSION 9 – EXPERTS PANEL &amp; INTERACTIVE DISCUSSION</b>
	<b>Pain Chronification Following Knee Surgery</b> <b>Chairperson:</b> Dr Angel Gomez
16:00 – 16:10	<b>Why Me? The «Cargo» of Risk Factors</b> Dr Jair Kimri P Jingco- orthopedic surgeon
16:10 – 16:20	<b>Transitional Pain Services &amp; Medicine: The Missing Linkage?</b> Dr Svetlana Baclig
16:20 – 16:30	<b>Chronic Pain Management: Closing the Gaps &amp; Evidence Based Data</b> Dr Lynn Rodrigo
16:30 – 16:40	<b>Q&amp;A – Discussion</b>
16:40 – 17:00	<b>SESSION 10 – PRERECORDED VIDEO &amp; INTERACTIVE DISCUSSION</b>
	<b>Chairperson:</b> Dr Marra Chan
16:40 – 16:50	<b>Human Factors &amp; Communication in Regional Anaesthesia</b> <b>Speaker – Presenter:</b> Barbara Breebaart (Belgium)
16:50 – 17:00	<b>Q&amp;A – Discussion</b>
17:00 – 19:00	<b>SESSION 11 – HANDS ON CLINICAL WORKSHOPS</b>
	Station 1 UPPER LIMB BLOCKS Dr Angel Gomez and Dr Marra Chan
	Station 2 TRUNCAL BLOCKS Dr Brian Belandres and Dr Rina Yap
	Station 3 LOWER LIMB BLOCKS Dr Lily Jingco and Dr Svetlana Baclig
	Station 4 POCUS Dr Grace Selis Lanosa, Dr Ceres Lucot, Dr Kirby Ardiente and Dr Felix Fandinola
19:00-20:00	<b>DINNER AND THANKSGIVING</b>

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