



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

ASRA
PAIN MEDICINE



AFRICAN
Society of
Regional
Anaesthesia



Joining Hands for
a Pain Free Future Worldwide

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday, 27 January 2024

- One Day
- One Common Scientific Program
- In over +100 Cities across all Continents

WORLD DAY

Your Local Face-to-Face Meeting
There must be one city around you!

PAJUNK[®]
Trust Tradition. Experience Innovation.



ESRA Office: Rue de Chantepoulet 10, 1201 Geneva, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org

SCIENTIFIC PROGRAM

WORLD DAY

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WORLD DAY

Saturday, 27 January 2024

08:30-09:00

VENUE: ARRIVALS - REGISTRATIONS

09:00-09:30

WELCOME MESSAGES & ADDRESSINGS

Welcome Video

David Moore: Welcome Message – ISRA President

Sebastien Bloc: Welcome Message – Chair of Event

Eleni Moka: Welcome Message – ESRA President

09:30-09:50

SESSION 1 – PODCAST & INTERACTIVE DISCUSSION

09:30 – 09:40

Chairperson: David Moore

Message from RAPM Editor – In – Chief / podcast

09:40 – 09:50

Speaker – Presenter: Brian Sites (USA)

Q&A – Discussion: All

09:50-10:40

SESSION 2 – EXPERTS PANEL & INTERACTIVE DISCUSSION

We Have Read the Literature for You: Sister Societies Journal Club

Chairperson: Brian Kinirons

09:50 – 10:00

Regional Anaesthesia Article: Brian Kinirons

10:00 – 10:10

Perioperative Care Article: John McDonnell

10:10 – 10:20

POCUS Article: Peter Moran

10:20 – 10:30

Chronic Pain Article: David Moore

10:30 – 10:40

Q&A – Discussion

10:40 – 11:00

COFFEE BREAK

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11:00 – 12:15	SESSION 3 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The «Joint» Club: Everything You Need to Know for Shoulder Procedures Chairperson: Georgi Valchev
11:00 – 11:15	Back to Basics: Shoulder Anatomy David Moore
11:15 – 11:30	Evidence Based Practice: RA Application in Shoulder Surgery Georgi Valchev
11:30 – 12:00	How I Do It: The Shoulder Surgery Pathway Clips from Various Centres of Excellence across the Globe Clips from ESRA Faculty
12:00 – 12:15	Q&A – Discussion
12:15 – 13:30	SESSION 4 – EXPERTS PANEL & INTERACTIVE DISCUSSION
	The "Ultrasound" Club: Everything You need to Know for UGRA & POCUS Chairperson: Julian Efrimescu
12:15 – 12:30	Application of RA Techniques in ER & Trauma Medicine Barry Singleton
12:30 – 12:45	RA Techniques in ICU: Do They Have a Role? Shane O'Sullivan
12:45 – 13:15	POCUS Demonstration: Enhancing Patients' Safety Lua Rahmani
13:15 – 13:30	Q&A – Discussion
13:30 – 14:15	LUNCH BREAK

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14:15 – 14:40	SESSION 5 – PLENARY LECTURE & INTERACTIVE DISCUSSION
	Chairperson: David Moore
14:15 – 14:30	The Role of Regional Anaesthesia in the Paediatric Setting? Ruth Mooney
14:30 – 14:40	Q&A – Discussion
14:40 – 15:00	SESSION 6 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION
	Chairperson: David Moore
14:40 – 14:50	Obstetric Anaesthesia Care – Collaborating Towards Global Progress in Maternal Health Speaker – Presenter: Nuala Lucas (UK)
14:50 – 15:00	Q&A – Discussion
15:00 – 15:25	SESSION 7 – PLENARY LECTURE & INTERACTIVE DISCUSSION
	Chairperson: : David Moore
15:00 – 15:15	What's New in Obstetric Anaesthesia – Analgesia David Cosgrove
15:15 – 15:25	Q&A – Discussion
15:25 – 15:40	SESSION 8 – FUNNY QUIZ & COMPETITION
	Coordinator: David Moore Process: The Quiz Will be Available / Distributed via SLIDO or Similar Platform Result: BEST 3 Responders Worldwide Will Win a Free Registration For PRAGUE Congress
15:40 – 16:00	COFFEE BREAK

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16:00 – 16:40

SESSION 9 – EXPERTS PANEL & INTERACTIVE DISCUSSION

Pain Chronification Following Knee Surgery
Chairperson: Mujeeb Shaikh

16:00 – 16:10

Why Me? The «Cargo» of Risk Factors
Mohsin Ali

16:10 – 16:20

Transitional Pain Services & Medicine: The Missing Linkage?
David Moore

16:20 – 16:30

Chronic Pain Management: Closing the Gaps & Evidence Based Data
Mujeeb Shaikh

16:30 – 16:40

Q&A – Discussion

16:40 – 17:00

SESSION 10 – PRERECORDED VIDEO & INTERACTIVE DISCUSSION

Chairperson: David Moore

16:40 – 16:50

Human Factors & Communication in Regional Anaesthesia
Speaker – Presenter: Barbara Breebaart (Belgium)

16:50 – 17:00

Q&A – Discussion

SESSION 11 – HANDS ON CLINICAL WORKSHOPS

Workshop Locations

Letterkenny University Hospital (Wednesday 24th January)
Jakub Hlasny

END OF 1ST WORLD DAY: QUESTIONS – COMMENTS – DISCUSSION

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